

AUTOMATIC

This timepiece is equipped with a Swiss made self-winding Mechanical Automatic movement. It does not need a battery. It is powered by the motions of the user's own wrist during the wear of the watch. You may also choose to wind the watch manually.

For more details on operating this timepiece please refer to the enclosed booklet or visit:

spinnaker-watches.com

SWISS MOVEMENT

AUTOMATIC

WATER RESISTANT



SPINNAKER

Instruction Manual

Vol. 1.03 EN

HOUR

HAND

HELIUM

RELEASE

VALVE

SECOND

HAND

USING THE SCREW-DOWN CROWN

Do NOT pull the crown unless it is UNSCREWED first:



TO UNSCREW: Turn the crown anti-clockwise until it turns freely without tension. GENTLY pull the crown out to the other desired positions for watch setting (see specific operating instructions on the following pages).



TO SCREW: Push the crown ALL THE WAY IN (towards the watch) THEN begin to turn clockwise until it is securely screwed down.

NOTE: Failure to SECURELY screw down the crown after setting the watch may affect its water resistance.

Before you use this watch, It is recommended that you manually wind the mainspring to start it moving.

This Watch Is An Automatic Watch Equipped With A Manual Winding Mechanism.

WINDING THE MAINSPRING



1.Unscrew the crown by turning it anti-clockwise.



2. When it is in position [1], turn the crown clockwise to wind. Wind 5-10 times and it will start to move naturally after shaking slightly.



3. Push the crown in then screw it securely.

BEFORE UNSCREWING THE CROWN

Screw-down Crown

MINUTE

HAND

SCREW-

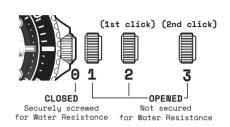
DOMN

CROWN

DATE

Screw-down crowns are used to ensure water resistance. ALWAYS be certain that your crown is securely screwed down (Position [0] is secured. Positions [1], [2] and [3] are not secured for water resistance). Do **NOT** unscrew your crown while you are in any environment where moisture is present.

PLEASE READ THE FOLLOWING



IMPORTANT NOTE

- 1. If your watch is running smoothly, please do not wind the crown to avoid overwinding the movement. Provided you are wearing the watch frequently, your watch should have sufficient power to operate without any fuss.
- 2. If your watch has stopped running after a period of not wearing the watch, gently move the watch side to side 20 to 30 times to move the rotor or gently turn the crown 5 to 10 times to get the second hand run at its normal

HOW TO SET THE DATE

- 1.Unscrew the crown and pull it out to position [2].
- 2. Turn the crown clockwise to set the correct date.
- 3. Push the crown in then screw it securely.







* Do not set the date between 9:00 P.M. and 4:00 A.M.

HELIUM RELEASE VALVE The Helium release valve provides functionality for professional divers operating at great depths for prolonged periods of time.

UNI-DIRECTIONAL

TURNING BEZEL

least 8 (Eight) hours each day to

An automatic watch will only wind

when the watch is on your wrist

and your arm moves. Winding the

on the spring but not enough to

If your watch stops overnight or

loses time it means it is not

being fully wound.

watch by the crown will put power

allow the watch to function fully.

* This watch MUST be worn for at

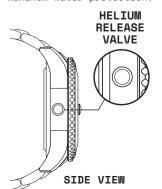
ensure it is fully wound.

Divers operating in such conditions often spend prolonged hours in diving bells under pressure breathing a gas mixture of helium or hydrogen. Since helium atoms are the smallest natural gas particles found in nature, these gas atoms are able to work their way inside the watch, around any o-rings or other seals the watch may feature.

This is not a problem as long as the divers stay under pressure, but when the decompression stops during resurfacing a pressure difference builds up between the trapped gas inside the watch case The Helium release valve safely allows the trapped gas to exit the case safely, without any damage to the integrity of the watch case.

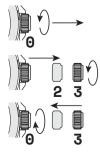
The Helium Release valve does not need any manual intervention or adjustment.

Please make sure to employ the screw down crown on your timepiece for maximum water protection.



HOW TO SET THE TIME

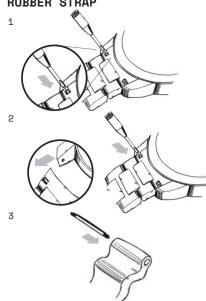
- 1.Unscrew the crown and pull it out to position [3]-(2nd click).
- 2.Turn the crown anti-clockwise to set the correct time.
- 3. Push the crown in then screw it securelu.



- * Take a.m./p.m. into consideration when setting the hour and minute hands to the desired time.
- * Always be certain that your crown is SECURELY SCREWED; this will prevent moisture from entering in.

and its environment.

HOW TO CHANGE BRACELET TO RUBBER STRAP

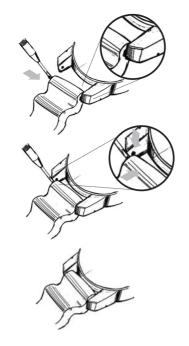


WATER RESISTANCE

Note that the water resistance chart serves only as a guide (please refer to the water resistance chart on the next page). Actual water resistance may vary depending on a number of factors including water temperature, water salinity and use under water.

The water resistance of your timepiece may eventually be compromised over time with general wear and tear and use of your timepiece under adverse conditions.

Always remember to employ the screw down crown if available to maintain the water resistance of your timepiece. Warranty may be voided if the screw down crown has not been properly employed.

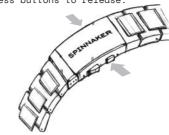


Note that you should **NEVER** wear your watch in a jacuzzi, hot shower or steam room where steam may enter the case despite the water tight seals used to protect your watch.

This may cause condensation inside your watch, which may effect and damage the inner workings of your watch.

HOW TO USE THE MICRO ADJUSTMENT ON YOUR BRACELET

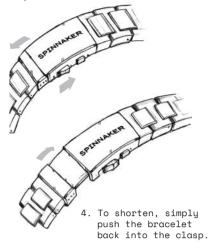
1. Press buttons to release.



2. Pull open the clasp.



3. There are five micro adjustment positions, which allows for a maximum extension of 12mm. To extend, pull the level to unlock and simultaneously pull on the bracelet into the desired position.



WATER RESISTANCE CHART	50M/ 5ATM	100M/ 10ATM	200M/ 20ATM	500M/ 50ATM	1000M/ 100ATM
SPLASH/ SHOWERING	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
SWIMMING/ BATHING	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
BRIEF SWIMMING/ WATER SPORTS	\otimes	\bigcirc	\bigcirc	\bigcirc	\bigcirc
PROLONGED SWIMMING/ FREE DIVING	\otimes	\otimes	\bigcirc	\bigcirc	\bigcirc
SCUBA DIVING	\otimes	\otimes	\otimes	\bigcirc	\bigcirc
PROFESSIONAL DEEP SEA DIVING	\otimes	\otimes	\otimes	\bigcirc	\bigcirc