



# FUSION PRO

BY ENERGYM

---

COMMERCIAL  
CATALOG  
2023



- עיצוב יפהפה
- אימון איזו-לטרלי (כל צד של הגוף בנפרד)
- כוונן בסיוע בוכנות קפיציות
- ידיות אחיזה מצופות גומי
- תכנון ביומכני מתקדם
- אפשרות למחסנית משקולות גדולה יותר (במכשירים נבחרים)

## FUSION PRO



שם המוצר	מק"ט	מס' עמוד
מכשיר משולב מקרבי/מרחיקי ירך	E7021	30
מכשיר משולב כפיפת/פשיטת ברך	E5086	31
ספסל בטן מתכוון בשיפוע שלילי	E7037	34
ספסל שטוח	E7036	34
ספסל מתכוון	E7039	34
ספסל רב תכליתי	E7038	34
ספה אולימפית בשיפוע חיובי	E7042	35
ספה אולימפית בשיפוע שלילי	E7041	35
ספה עם כן	E7051	35
ספה אולימפית שטוחה	E7043	35
מכשיר בטן מקבילים	E7047	36
ספסל ליד קדמית	E7044	36
זוקפי גו	E7045	36
חתירה אנכית במשקל חופשי	E7061	36
כלוב משקולות	E6221	37
סמית'	E7063	37
כן ל-Sq	E7050	37
מעמד רב תכליתי	E6245	38
מעמד למוטות	E7055	39
מעמד למשקולות צלחת	E7054	39
מעמד דו-קומתי למשקולות יד	E7077	39
מעמד למשקולות יד	E7067	39

שם המוצר	מק"ט	מס' עמוד
כפיפת רגליים בשכיבה	E7001	8
כפיפת רגליים בשכיבה	E7023	9
פשיטת רגליים בישיבה	E7002	10
תאומים	E7010	11
דחיקת רגליים	E7003	12
דחיקת רגליים בשיפוע	E7056	13
מכשיר גלוט	E7024	14
הרחקת כתף	E7005	15
דחיקת כתף	E7006	16
פשיטת מרפק	E7026	17
כפיפת מרפק	E7030	18
דלתא אחורי/פרפר חזה	E7007	19
לחיצת חזה אופקית	E7008	20
גרביטון מתח/מקבילים בסיוע משקולות	E7009	21
פולי עליון	E7012	22
פשיטת גב	E7031	23
חתירה	E7033	24
חתירה אופקית	E7034	25
משיכה עליונה	E7035	26
מכשיר בטן	E7073	27
סיבובי אגן	E7018	28
קרסאובר פינתי	E7017	29



**LEG PRESS**  
Body Position  
1. Sit on the machine with your feet on the footplate.  
2. Adjust the seat and backrest to your body.  
3. Adjust the footplate to your feet.  
4. Adjust the weight to your desired level.  
5. Push the weight up with your legs.  
6. Lower the weight down with your legs.  
7. Repeat for the desired number of repetitions.  
Safety Warning  
DO NOT REMOVE THE LABEL DISPLAY  
IF DAMAGED.

**KETTLER**

KETTLER



## כפיפת רגליים בישיבה / E7023



Dimension: 1665\*1145\*1530 mm  
 Weight: 276 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Seated Leg Curl features a new construction designed to provide more comfortable and efficient leg muscle training. The angled seat and adjustable back pad allow the user to better align the knees with the pivot point to promote full hamstring contraction.

## כפיפת רגליים בשכיבה / E7001



Dimension: 1610\*1095\*1530 mm  
 Weight: 244 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ Thanks to the prone design of The Fusion Pro Series Prone Leg Curl, users can easily and comfortably use the device to strengthen calf and hamstring muscles. The design of eliminating the elbow pad makes the structure of the equipment more concise, and the divergent body pad angle eliminates the pressure on the lower back and makes training more focused.

## E7010 / תאומים



Dimension: 1860\*820\*1530 mm  
 Weight: 280 kg  
 Weight Stack: Standard: 80 kg  
 Heavy: 95 kg

■ The Fusion Pro Series Standing Calf is designed to train the calf muscles safely and effectively. Adjustable height shoulder pads can fit most users, combined with anti-slip foot plates and handles for safety. The Standing Calf provides effective training for the calf muscle group by standing on tiptoes.

## E7002 / פשיטת רגליים בישיבה



Dimension: 1425\*1165\*1530 mm  
 Weight: 257 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Leg Extension is designed to help exercisers focus on the major muscles of the thigh. Angled seat and back pad encourage full quadriceps contraction. A self-adjusting tibia pad provides comfortable support, the adjustable back cushion allows the knees to be easily aligned with the pivot axis to achieve good biomechanics.

## E7056 / דחיקת רגליים בשיפוע / עם משקולות אולימפיות



Dimension: 2090\*1420\*1400 mm  
Weight: 248 kg

■ The Fusion Pro Series Angled Leg Press features heavy duty commercial linear bearings for smooth motion and durable. The 45-degree angle and two starting positions simulate an optimal leg-pressure movement, but with spinal pressure removed. Two weight horns on the footplate allow users to easily load the weight plates, fixed handles is independent of the locking lever for better body stabilization.

## E7003 / דחיקת רגליים



Dimension: 1870\*1086\*1530 mm  
Weight: 357 kg  
Weight Stack: 140 kg

■ The Fusion Pro Series Leg Press is efficient and comfortable when training the lower body. The angled adjustable seat allows easy positioning for different users. The large foot platform offers a variety of training modes, including calf exercises. Integrated assist handles on both sides of the seat allow the exerciser to better stabilize the upper body during training.

## הרחקת כתף / E7005



Dimension: 1300\*970\*1530 mm  
 Weight: 245 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Lateral Raise is designed to allow exercisers to maintain a sitting posture and easily adjust the height of the seat to ensure that the shoulders are aligned with the pivot point for effective exercise. The gas-assisted seat adjustment and multi-start position adjustment are added to improve the user's experience and actual needs.

## מכשיר גלוט / E7024



Dimension: 2145\*1030\*1830 mm  
 Weight: 275 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Glute Isolator based on the floor standing position and is designed to train the muscles of the glutes and standing legs. Both the elbow and chest pads have been ergonomically optimized to ensure comfort in training support. The motion part feature fixed double-layer tracks, with specially calculated track angles for optimal biomechanics.



## פשיטת מרפק / E7026



Dimension: 1320\*1055\*1530 mm  
 Weight: 259 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Seated Dip replicates the motion path of the traditional parallel bar push-up exercise, providing a comfortable and effective way to train the triceps and pecs. The angled back pad reduces pressure while improving stability and comfort.

## דחיקת כתף / E7006



Dimension: 1550\*1550\*1530 mm  
 Weight: 263 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Shoulder Press offers a new motion trajectory solution that simulates natural motion paths. The dual-position handle supports more training styles, and the angled back and seat pads help users maintain a better training position and provide corresponding support.

## דלתא אחורי/פרפר חזה / E7007



Dimension: 1280\*1430\*2075 mm  
 Weight: 249 kg  
 Weight Stack: 95 kg

■ The Fusion Pro Series Rear Delt / Pec Fly offer a comfortable and efficient manner to train upper body muscle groups. The adjustable rotating arm is designed to adapt to the arm length of different users, providing the correct training posture. Oversized handles reduce the extra adjustment needed to switch between the two sports, and gas-assisted seat adjustment and wider back cushions further enhance the training experience.

## כפיפת מרפק / E7030



Dimension: 1500\*930\*1530 mm  
 Weight: 197 kg  
 Weight Stack: Standard: 80 kg  
 Heavy: 95 kg

■ The Fusion Pro Series Biceps Curl has a scientific curl position. Adaptive handle for comfortable grip, gas-assisted seat adjustment system, optimized transmission which all make the training easier and effective.

## גרביטון מתח/מקבילים בסיוע משקולות / E7009



Dimension: 1930\*1000\*2495 mm  
 Weight: 287 kg  
 Weight Stack: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Dip/Chin Assist is optimized for pull-ups and parallel bars. The standing posture is used instead of the kneeling posture for training, which is closer to the real training situation. There are two training modes, assisted and unassisted, for users to freely adjust the training plan.

## לחיצת חזה אופקית / E7008



Dimension: 1435\*1125\*1530 mm  
 Weight: 249 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Vertical Press is great for training upper body muscle groups. Assisted footrests are eliminated, and an adjustable back pad is used to provide a flexible starting position, which balanced both comfort and performance. The split-type motion design allows exercisers to choose a variety of training programs. The low pivot of the movement arm ensures proper path of motion and easy entrance/exit to and from the unit.

## פשיטת גב / E7031



Dimension: 1285\*1055\*1530 mm  
 Weight: 250 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Back Extension have a walk-in design with adjustable back rollers, allowing the exerciser to freely choose the range of motion. At the same time, the Fusion Pro Series optimizes the pivot point of the motion arm to connect it with the main body of the equipment, improving stability and durability.

## פולי עליון / E7012



Dimension: 1190\*1200\*2230 mm  
 Weight: 249 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Lat Pulldown follows the usual design style of this category, with the pulley position on the device allowing the user to move smoothly in front of the head. The Prestige Series powered gas assist seat and adjustable thigh pads make it easier for exercisers to use and adjust.

## חתירה אופקית / E7034



Dimension: 1505\*1005\*1530 mm  
 Weight: 256 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series Vertical Row features a split-type motion design with adjustable chest pads and a gas-assisted adjustable seat. The 360-degree rotating adaptive handle supports multiple training programs for different users. Users can comfortably and effectively strengthen the muscles of the upper back and lats with the Vertical Row.

## חתירה / E7033



Dimension: 1780\*1320\*1830 mm  
 Weight: 262 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

■ The Fusion Pro Series LongPull follows the usual design style of this category. As a mature and stable mid row training device, the LongPull has a raised seat for easy entry and exit, and independent footrests support users of all sizes. The use of flat oval tubes further improves the stability of the equipment.

## מכשיר בטן / E7073



Dimension: 1150\*1060\*1575 mm  
 Weight: 229 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

The Fusion Pro Series Abdominal Isolator is designed in a kneeling position. The advanced ergonomic pads not only help users maintain the correct training position, but also enhances the training experience of the exercisers. The unique split-type motion arms design of the Fusion Pro Series allows exercisers to strengthen the training of the weak side.

## משיכה עליונה / E7035



Dimension: 1520\*1445\*1795 mm  
 Weight: 265 kg  
 Weight Stack: Standard: 110 kg  
 Heavy: 135 kg

The Fusion Pro Series Pulldown features a split-type design with independent diverging movements that provide a natural path of motion. Thigh pads provide stable support, and the angled gas-assisted adjustment seat can help users easily position themselves correctly for good biomechanics.

## קרוסאובר פינתי / E7017



Dimension: 1950\*1040\*2350 mm  
 Weight: ? kg  
 Weight Stack: Standard: 95\*2 kg  
 Heavy: - kg

■ The Fusion Pro Series Functional Trainer supports taller users for diverse workouts, with 17 adjustable cable positions to accommodate most users of all sizes, making it even better when used as a standalone device. The double 95kg weight stack provides enough load even for experienced lifters. □

## סיבובי אגן / E7018



Dimension: 1150\*1130\*1530 mm  
 Weight: 260 kg  
 Weight Stack: Standard: 65 kg  
 Heavy: 95 kg

■ The Fusion Pro Series Rotary Torso maintains the usual design of this type of equipment for comfort and performance. The kneeling position design is adopted, which can stretch the hip flexors while reducing the pressure on the lower back as much as possible. The uniquely designed knee pads ensure the stability and comfort of use and provide protection for multi-posture training.

## מכשיר משולב כפיפת/פשיטת ברך / E5086



מכשיר משולב

Dimension: 1650\*1100\*1510 mm  
Weight: 235 kg  
Weight Stack: Standard: 110 kg

■ The Fusion Series (Standard) Leg Extension / Leg Curl is a dual-function machine. Designed with convenient shin pad and ankle pad, you can easily adjust from the sitting position. The shin pad, located below the knee, is designed to help the leg curl, thereby helping users find the correct training position for different exercises.

## מכשיר משולב מקרבי/מרחיקי ירך / E7021



מכשיר משולב

Dimension: 1550\*860\*1530 mm  
Weight: 260 kg  
Weight Stack: Standard: 110 kg  
Heavy: 135 kg

■ The Fusion Pro Series Abductor features an easy-adjust start position for both inner and outer thigh exercises. Improved ergonomic seat and back cushions provide users with stable support and a more comfortable experience. The pivoting thigh pads combined with an adjustable starting position allow the user to quickly switch between the two workouts.



**KETTLER**

**KETTLER**

**KETTLER**

**LEG PRESS**



## ספה אולימפית בשיפוע שלילי E7041



Dimension: 215 x 182 x 131 cm  
Product Weight: 98 kg

Negative declined bench with four hooks for barbell and eight weight horns

## ספה אולימפית בשיפוע חיובי E7042



Dimension: 219 x 181 x 157 cm  
Product Weight: 101 kg

Inclined bench with four hooks for barbell and eight weight horns

## ספסל שטוח E7036



Dimension: 127 x 79 x 46 cm  
Product Weight: 27 kg

Simple flat bench with ideal height for dumbbell training

## ספסל בטן מתכוונן בשיפוע שלילי E7037



Dimension: 169 x 79 x 86 cm  
Product Weight: 56 kg

For freeweights exercises or abdominal trainer with different adjustment angles, wheels for mobility

## ספה אולימפית שטוחה E7043



Dimension: 202 x 182 x 131 cm  
Product Weight: 80 kg

Flat bench with four hooks for barbell and eight weight horns

## ספה עם כן E7051



Dimension: 126 x 110 x 180 cm  
Product Weight: 125 kg

Military Bench features molded urethane protective racking that limits noise and protects the bar from wear for a stable and precise workout

## ספסל רב תכליתי E7038



Dimension: 97 x 74 x 104 cm  
Product Weight: 29 kg

Seat position with back rest, close to the ground for stability and comfort; Foot support for stability

## ספסל מתכוונן E7039



Dimension: 136 x 69 x 51 cm  
Product Weight: 43 kg

Bench with seat and backrest adjustment; Wheels for mobility; Adjustable to various angles

## סמית' E7063



Dimension: 109 x 218 x 232 cm  
Product Weight: 271 kg

## כלוב משקולות E6221



Dimension: 173.5 x 180 x 246.5 cm  
Product Weight: 304 kg

The Half Rack provides an ideal platform for free weight training which is a very popular unit among strength training enthusiasts. The quick-release column design makes it easier to switch between different workouts, and the storage space for fitness accessories at your fingertips also provides convenience for training. It not only ensures the safety of free weight training, but also provides an open training environment as much as possible.

## ספסל ליד קדמית E7044



Dimension: 131 x 82 x 101 cm  
Product Weight: 66 kg

Bench offers two different positions for varied workouts and accommodates users of all sizes

## מכשיר בטן מקבילים E7047



Dimension: 104 x 72 x 165 cm  
Product Weight: 82 kg

Elbow pads and special dip handles provide comfort, shaped urethane pads protect the frame

## קו-ל Squat E7050



Dimension: 139 x 175 x 177 cm  
Product Weight: 125 kg

The polyurethane coating reduces wear and limits noise makes for a gentle workout

## חתירה אנכית במשקל חופשי E7061



Dimension: 185 x 79 x 119 cm  
Product Weight: 78 kg

The Fusion Pro Series Incline Level Row uses the inclined angle to transfer more load to the back, effectively activate the back muscles, and the chest pad ensures stable and comfortable support. The dual-foot platform allows users of different sizes to be in the correct training position, and the dual-grip boom provides multiple possibilities for back training.

## זוקפי גו E7045



Dimension: 152 x 79 x 83 cm  
Product Weight: 70 kg

Retaining bottom edge for stability and comfort throughout the entire exercise

**מעמד למשקולות צלחת**  
E7054



Dimension: 68 x 69 x 80 cm  
Product Weight: 35 kg

Stable stand with six horns for weight plates; Easy to mount and remove the plates

**מעמד למוטות**  
E7055



Dimension: 99 x 85 x 132 cm  
Product Weight: 82 kg

Accommodates a wide range of Barbells and Curl Bars; Ensures that equipment is easily accessible

**מעמד למשקולות יד**  
E7067



Dimension: 230 x 60 x 73 cm  
Product Weight: 50 kg

The clean, efficient 5 Pair Beauty Dumbbell Rack allows for easy access to of dumbbells in a space efficient design

**מעמד דו-קומתי למשקולות יד**  
E7077



Dimension: 230 x 60 x 72 cm  
Product Weight: 76 kg

The clean, efficient 2-Tier, 10 Pair Dumbbell Rack allows for easy access to of dumbbells in a space efficient design

**מעמד רב תכליתי**  
E6245



Dimension: 406 x 49 x 236 cm  
Product Weight: 393 kg

With the triple storage you can effectively combining the function of space management and maximizing the training area. A "must have" for every detail-oriented studio owner.



**סוכנים:**

**שוקי:** 052-3359348

**נורית:** 052-6762223



**סוכנים:**

**שמעון:** 052-2826077

**אורן:** 052-5998931



**09-9729100**