



## STANDARDS ALIGNMENT: ISCA

# Ripple Journals Middle School

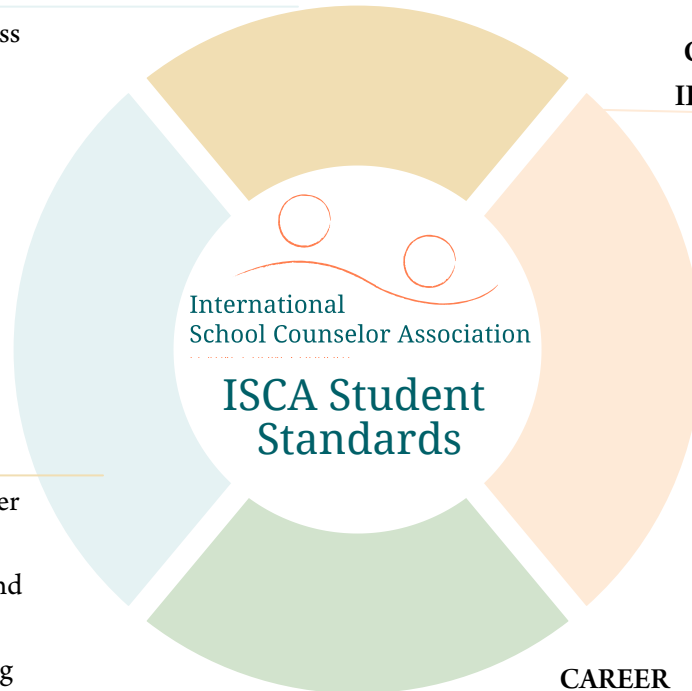
This document illustrates how lessons in the Ripple Journal Middle School Advisory Program align with the International School Counselor Association's (ISCA) Student Standards. The ISCA Student Standards are addressed throughout the sections of the Ripple Journals to support students' well-being, leadership growth, academic achievement, and connectedness to trusted adults.

### SOCIAL/EMOTIONAL

- Social & Self Awareness
- Relationships
- Decision-Making
- Personal Safety

### ACADEMIC

- Self-Awareness as a learner
- Effective Learning
- Self-Directed Learning and Student Agency
- Planning and Goal Setting
- School to Live Experience



### GLOBAL PERSPECTIVE & IDENTITY DEVELOPMENT

- Cultural Knowledge & Awareness
- Cultural Competency
- Identity Development
- Cultural Identity
- Advocacy and Equity
- Transitions
- Adaptability

### CAREER

- Self Exploration
- Planning and Goal Setting
- School to Life Experience

## What is ISCA?

ISCA is the premier association formed by international school counselors for counselors. The organization cultivates a safe, open-minded environment to promote community, connection and professional learning. Their collection of offerings build relevant, culturally-competent, comprehensive programs that empower counselors to be better advocates who help students thrive.

## What is a RIPPLE JOURNAL?

Ripple Journals are a universal classroom and advisory-based program designed to increase students' school success by promoting social-emotional competence. This research-based program assists early adolescents in building personal skills for community leadership, all while promoting the mission of ensuring every student can name a trusted adult at school.

# Ripple Journals Middle School

The 4-part Ripple Journal LEAD Series (Learn and Grow, Explore and Share, Assess and Aspire, Discover and Act) equips students with the mindset, knowledge, skills, and tools needed to make healthy decisions in each of their circles.

**Solo Circle:** Deepen understanding of personal identity, and learn skills for physical, mental, emotional, and spiritual wellness.

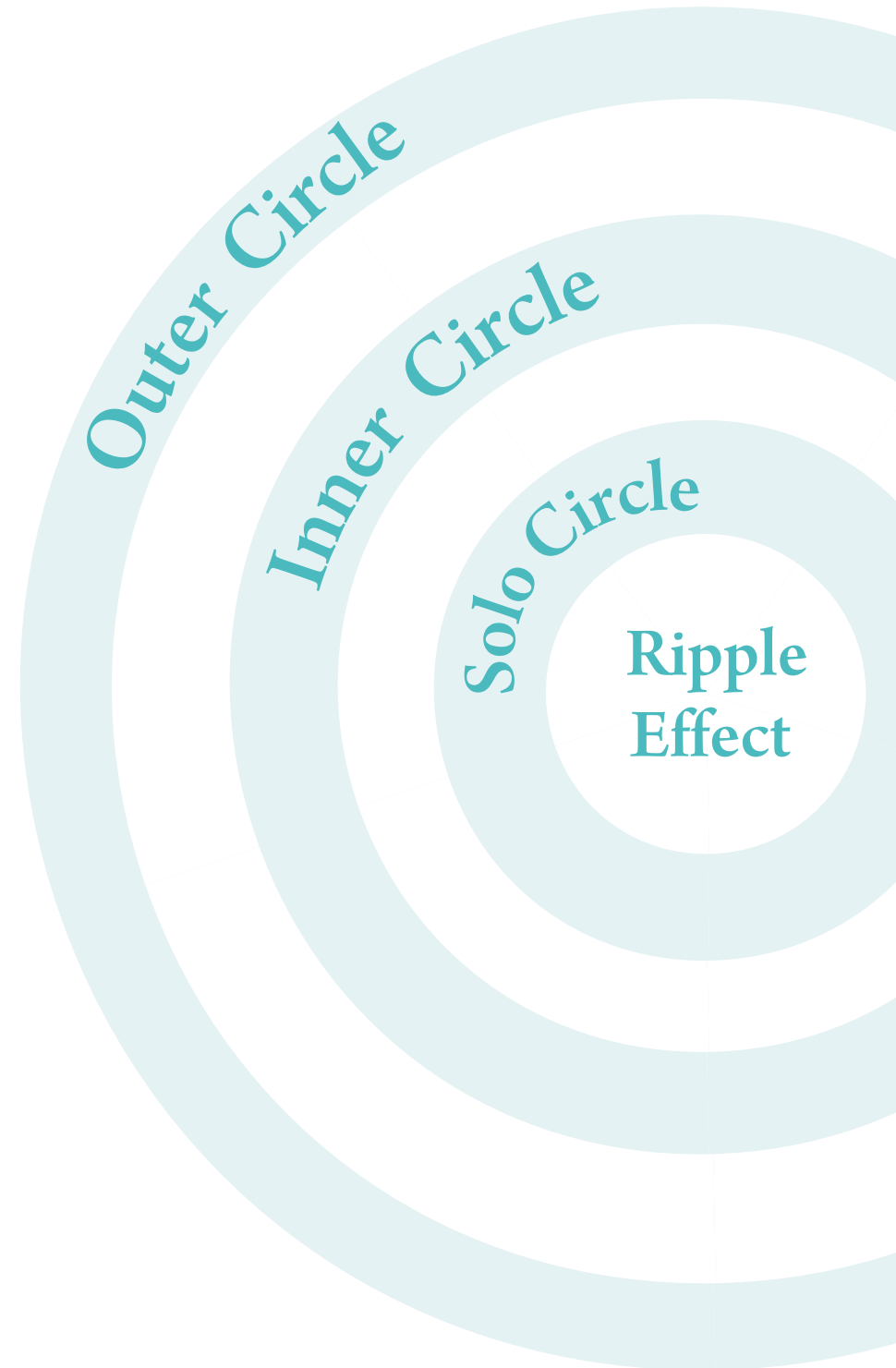
**Inner Circle:** Develop ability to communicate and collaborate while building a strong sense of connectedness and belonging.

**Outer Circle:** Discover skills for identifying community needs and learn to serve, lead, and make a positive impact.

Student voice is emphasized throughout the Ripple Journal lessons in the following ways:

- Activities that support independent and creative thinking
- Opportunities for students to share their knowledge, opinions, and diverse experiences with peers and trusted adults
- Each student receives their own Ripple Journal to track personal goals, growth, and real-world application
- Prompts and encouragement for honest self-reflection

Ripple Journal Middle School supports teachers and school counselors in its flexibility, creating the perfect tool for growing connection and learning skills in class, advisory, or in small group or one-on-one settings.





STANDARDS ALIGNMENT  
ISCA STUDENT STANDARDS

Ripple Journals Middle School



Recommended for 5th and 6th Grade

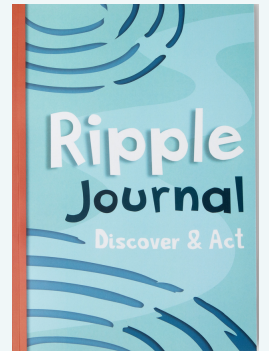
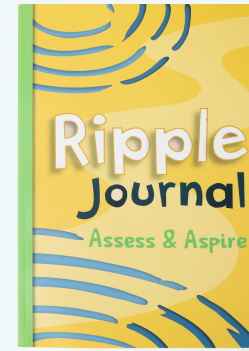
ISCA STUDENT STANDARDS DOMAIN

RIPPLE JOURNAL LESSONS		Social & Emotional Domain	Global Perspective & Identity Development Domain	Academic Domain	Career Domain
Solo Circle	Personal Investigation	SE:A1:1, SE:A1:3, SE:A1:4	GP:D1:5	A:A1:1, A:B2.6	C:A1:1, C:A1:6
	Intuition	SE:B1:6, SE:B1:2			
	Mindset	SE:A1:5	GP:D1:5	A:A1:5, A:A2:3	
	Self-Attention	SE:A1:3, SE:A1:6, SE:A1:7		A:A1:6	
	Messaging	SE:B1:5, SE:B1:6, SE:C1:10			
Inner Circle	Belonging	SE:A1:7	GP:A2:2, GP:B2:4		
	Energy	SE:A1:2, SE:A1:13, SE:B1:1		A:C1:5	C:A1:6
	Friendship	SE:A2:1			
	Upstandership	SE:A2:8	GP:C1:2		
	Gratitude		GP:D2:5		
Outer Circle	Community	SE:A2:7		A:C1.4,	C:A1:2
	Communication	SE:A2:3, SE:A2:4, SE:A2:5	GP:A2:5	A:B1:8	
	Teamwork	SE:A2:7, SE:B1:5		A:A2.4	
	Leadership			A:B2.6	
	Goal Setting	SE:A1:9, SE:A1:10		A:B2:2, A:B2.3, A:B2.4, A:B2.5	C:B1:4



STANDARDS ALIGNMENT  
ISCA STUDENT STANDARDS

Ripple Journals Middle School



Recommended for 7th and 8th Grade

ISCA STUDENT STANDARDS DOMAIN

RIPPLE JOURNAL LESSONS		Social & Emotional Domain	Global Perspective & Identity Development Domain	Academic Domain	Career Domain
Solo Circle	Personality	SE:A1:1, SE:A1:7		A:A1:6	C:A1:1
	Priorities	SE:A1:1		A:A2:1	C:A1:6
	Decisions	SE:B1:3, SE:B1:4		A:B1:7	C:B1:2
	Habits	SE:A1:4, SE:A1:5	GP:D2:2	A:A1:4	
	Perspective		GP: CI: 1		
Inner Circle	Trust	SE:A1:4, SE:A1:13	GP:D2:5		
	Boundaries	SE:C1:3, SE:C1:4, SE:C1:5	GP:D2:5	A:A1:6	
	Friendship	SE:A2:1			
	Mentorship	SE:B1:5, SE:C1:10	GP:D2:7	A:B1:8	C: A1:4
	Collaboration	SE:A2:3, SE:A2:7		A:A2:1	
Outer Circle	Contribution	SE:A2:3			
	Influence	SE:B1:6	GP:D2:5	A:B2:5	
	Belonging		GP:B2:4		
	Future Thinking	SE:A1:9			C:A2:7
	Leadership		GP:C1:4	A:A1:1, A:A1:2	C:A1:2