

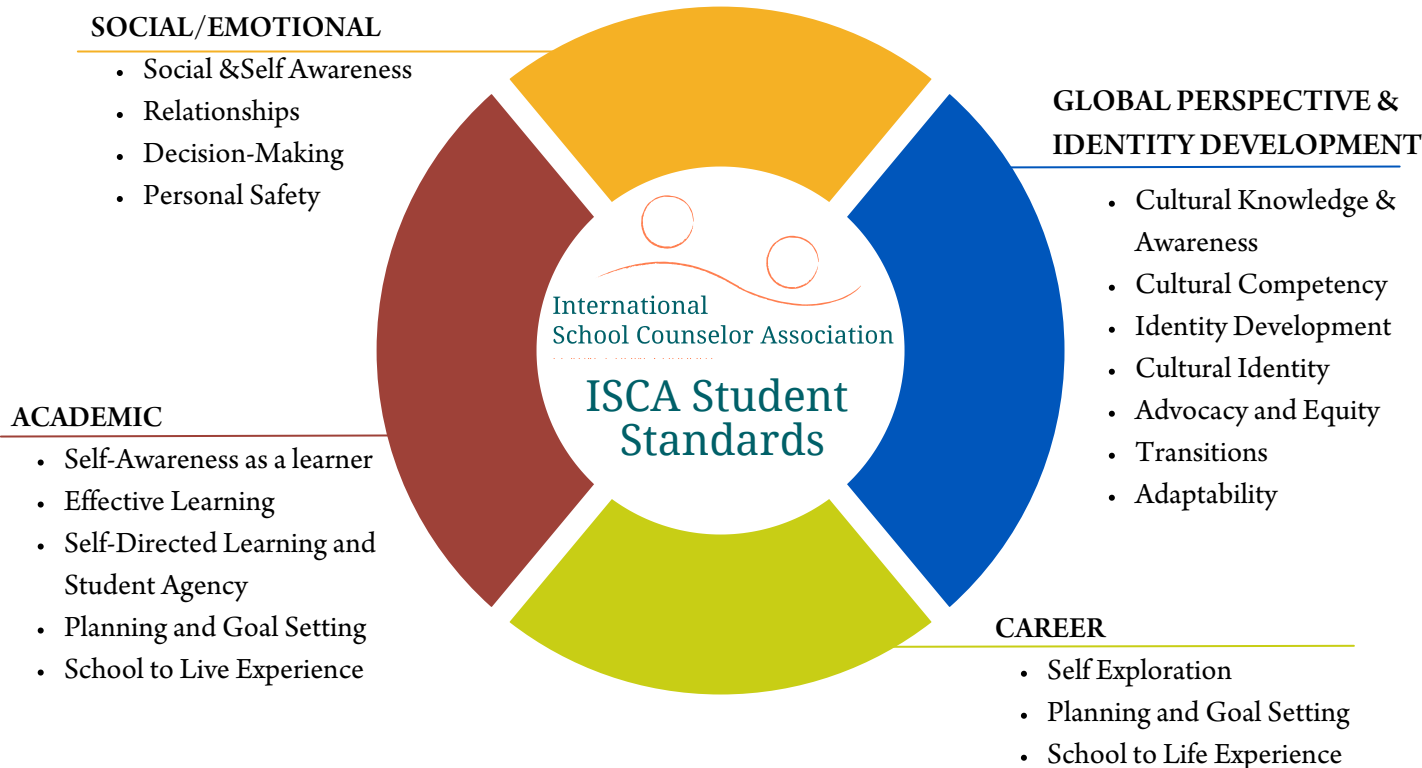


STANDARDS ALIGNMENT

ISCA Student Standards

BeBOLD HIGH SCHOOL ADVISORY PROGRAM

This document illustrates how lessons in the BeBOLD High School Advisory Program align with the International School Counselor Association's (ISCA) Student Standards. The ISCA Student Standards are addressed throughout the sessions of the BeBOLD program to support students' well-being, leadership growth, academic achievement, and connectedness to trusted adults.



What is ISCA?

ISCA is the premier association formed by international school counselors for counselors. The organization cultivates a safe, open-minded environment to promote community, connection and professional learning. Their collection of offerings build relevant, culturally-competent, comprehensive programs that empower counselors to be better advocates who help students thrive.

What is BeBOLD?

BeBOLD is an advisory curriculum designed to increase students' school success by promoting social-emotional competence. This research-based program assists adolescents in building personal skills for community leadership, all while promoting the mission of ensuring every student can name a trusted adult at school.

BeBOLD HIGH SCHOOL ADVISORY PROGRAM

BeBOLD, designed by the team at One Trusted Adult, enhances your youth-serving program by helping build connection and community through activities, discussion, and fun! Each session encourages honest self-reflection and discovery, builds skills for solving problems and growing healthy relationships, and offers ideas for taking action and making a community-wide impact, all while fostering strong connections between adults and youth as well as among peers.

BeBOLD was chosen as a framework for this program because being BOLD means embracing opportunities, learning new skills, meeting people, and exploring all that the world has to offer.

This BeBOLD program includes four BOLD parts:

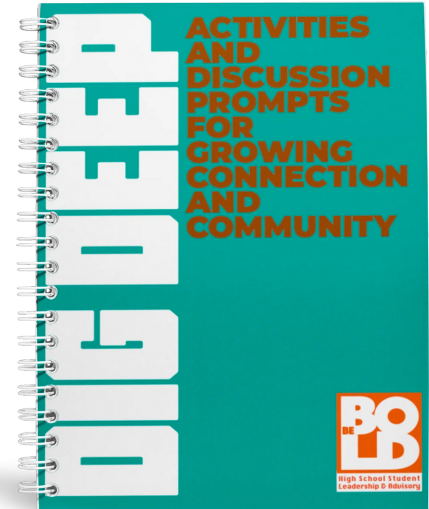
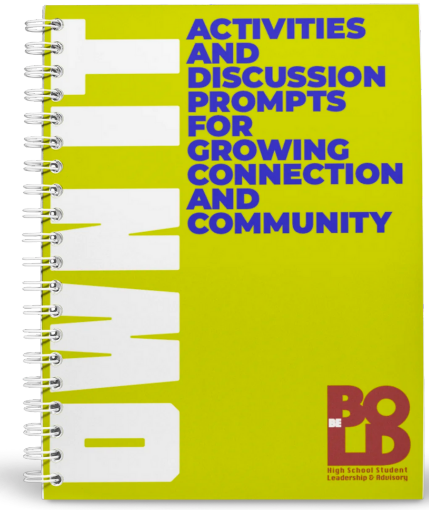
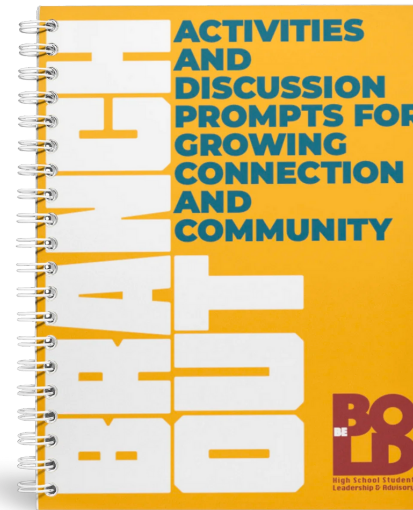
Branch Out: Prepares and challenges young people to build connections and community.

Own It: Empowers students to embrace responsibility for themselves and their community.

Lift Up: Teaches young people how to care for, encourage, and support individuals and groups.

Dig Deep: Explores possibilities and ideas for leading, contributing, and evaluating impact.

The BeBOLD program is skills-based and growth-focused. It's intended to provide young people with ideas and inspiration to boldly lead and contribute in their communities.

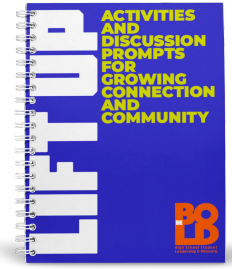
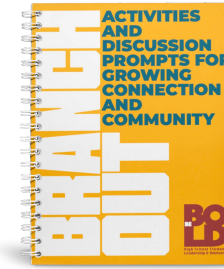




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ISCA Student Standards

BeBOLD HIGH SCHOOL ADVISORY



ISCA STUDENT STANDARDS

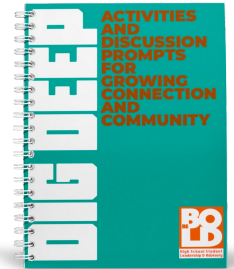
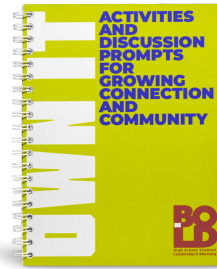
BeBOLD Topics	Social/Emotional	Global Perspective + Identity Development	Academic	Career
Communication	SE:A2:3		A:B1:8	
Community	SE:A2:7		A:A2:4	
Friendship	SE:A1:1, SE:A2:1	GP:A2:2		
Mindset	SE:A1:6		A:A2:3	
Trust	SE:C1:3			
Energy	SE:B1:6		A:A1:2	
Belonging	SE:C1:2	GP:B2:4		
Learning			A:A1:1, A:A1:4, A:B1:1, A:B1:3	C:B1:1
Mentorship	SE:A2:3	GP:A2:3		C:A1:4
Goal Setting	SE:A1:9, SE:A1:10		A:B2:2, A:B2:3,	C:B1:1
Contribution	SE:C1:10		A:B1:6	
Decision Making	SE:B1:3		A:B1:7	
Responsibility	SE:A1:3, SE:A1:12		A:A2:4	C:A2:7
Priorities	SE:A1:1	GP:A2:1	A:C1:5	
Courage		GP:A2:4		
Comfort Zones	SE:A1:6, SE:A1:13			
Collaboration	SE:A2:7		A:A2:2	
Feedback	SE:A1:8	GP:A2:6	A:B1:8	C:A1:2
Conflict	SE:A2:5, SE:A2:7		A:A1:7	
Boundaries	SE:C1:3, SE:C1:4	GP:A2:3, GP:A1:6		
Compassion	SE:A2:2	GP:A2:2, GP:A2:4		
Influence	SE:A2:8, SE:B1:6			
Leadership	SE:A1:1, SE:A2:7, SE:B1:3			
Reflection	SE:A1:1	GP:A2:1		C:A1:1
Gratitude	SE:A2:3, SE:A2:1			



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BeBOLD HIGH SCHOOL ADVISORY



ISCA STUDENT STANDARDS

BeBOLD Topics	Social/Emotional	Global Perspective + Identity Development	Academic	Career
Connection	SE:A2:1	GP:A2:2		
Awareness	SE:A1:3			
Teamwork	SE:A1:1 SE:A2:2, SE:A2:5,	GP:A1:6, GP:A2:2	A:A1:6	C:A1:5
Mentorship	SE:C1:10, SE:B1:5			C:A1:4
Trust	SE:A2:7			
Boundaries	SE:C1:3, SE:C1:4	GP:A1:6, GP:A2:3	A:A1:6	
Commitment			A:B2:3	C:A1:1
Leadership	SE:A2:7, SE:B1:3, SE:B1:6	GP:B1:7	A:A2:1	
Self-Advocacy	SE:A1:8,		A:B1:4, A:A2:3	
Balance	SE:A2:4		A:C1:5	C:A1:6
Creativity			A:B1:6	
Support	SE:B1:5		A:A2:4	
Habits	SE:A1:3			
Perspective		GP:A2:4	A:A2:3	
Listening	SE:A2:3		A:A1:2	
Focus			A:B1:2	
Motivation	SE:A1:1	GP:A2:1	A:B2:6	
Adaptability		GP:D2:4		C:A1:1, C:A2:7
Accountability	SE:A1:12			C:A2:7
Risk	SE:A1:3, SE:B1:3			
Organization			A:B1:2, A:B1:3	
Wellness	SE:A1:4, SE:A2:8, SE:A1:13		A:C1:5	C:A1:6
Care	SE:A2:2, SE:A2:6	GP:A2:3		C:A1:1
Change		GP:D1:1, GP:D1:2		C:B1:3
Success	SE:A2:3	GP:B1:7		