



Laundering Tips

before wearing

Wash all diapers at least one time before use. Washing and drying your hemp and natural cotton diapers at least 3 times before use will wash away the natural oils that inhibit absorption.

pre wash

Use warm water and a small amount of detergent for the pre-wash cycle to help lift stains and rinse away solid waste. You may use cold water for the pre-wash, but we have learned that stains are lifted more effectively at temperatures at which the stain was set in. For optimum cleanliness, limit the load size to no more than 24 XS/S or 18 M/L diapers (plus inserts and wipes) and wash every other day.

HE machines generally do not use an adequate amount of water to clean cloth diapers. To trick the washer into using more water, add a large, wet bath towel to your diaper laundry. The machine will automatically "weigh" the load of laundry telling it how much water to use. You will use the towel in the prewash cycle, and leave in for the wash and rinse cycles.

wash

Choose a HEAVY cycle and wash on HOT for the main wash, using an adequate water level. You will want to use enough water to cover your diapers allowing them to soak. Please avoid using water temperatures higher than 130 degrees Fahrenheit for any item with components such as hook and loop, elastic, and laminate.

Many detergents on the market will leave a residue on your diapers that will affect the absorbency and will cause odors and diaper rash. Use a cloth diaper safe detergent that doesn't contain additives such as bleach, fabric softeners, pure soap, brighteners, and dyes. These can not only harm your diapers but also your baby's sensitive skin and in many cases will void your warranty.

When washing diapers or covers with components such as hook and loop, elastic, and lamination, please avoid; Borax, sanitize cycles, and vinegar.

For hard water the use of additional detergent or Calgon water softener may be needed.

rinse

Add an additional warm rinse after the wash cycle. If you only have a cold rinse option, that will suffice.

drying

When drying diapers use a low or medium temperature setting. For drying inserts, flats, and prefolds, a higher temperature setting can be used. Adding a dry towel or wool dryer balls will shorten the drying process.

Drying in direct sunlight is the very best method for drying, disinfecting, and getting rid of stains. However, take care not to leave diapers out longer than necessary, as UV rays and high temperatures can also have an ill effect on diapering products. Cotton and hemp diapers will be somewhat stiff when hung to dry. One option to soften sun-dried cotton and hemp products is to add ½ cup vinegar to the second rinse cycle, or use the dryer while product is still slightly damp.

*Routine drying in the dryer will shorten the life of any diapering product - especially diapers or covers with hook and loop fasteners and elastic components.

For detailed laundering tips please visit: www.thirstiesbaby.com/customer-center/cloth-diaper-care/.

diaper changing station

Shake solids into toilet after each diaper change. Firmly attach hook and loop to laundry tab before storing your soiled Thirsties items in a dry diaper pail. Be sure to line your pail with a Thirsties Deluxe Diaper Pail Liner to avoid having to clean your pail on every laundry day.

Stow your stash of Thirsties Fab Wipes in an accessible location to your changing table along with some fresh water for wipe dipping, or a wipe solution such as Thirsties Booty Luster. Toss soiled wipes into your pail along with your diapers. Follow diaper changes with a cloth diaper safe ointment like Thirsties Booty Love.

Troubleshooting

If your diapers are leaking, have no fear! Leaks are not completely unusual when first starting out. With a little bit of troubleshooting, we are confident you will join thousands of other families around the globe who have found Thirsties Cloth Diapers are the very best in leak-proof protection, We offer a few of the most common reason for leaks and their corresponding solutions.

The fit may be too big

It is tempting to purchase diapers a bit larger than what you need in order to get longer use out of them. If you size-up too soon, the diapers will not fit properly and will end up leaking. Be sure to pick a diaper that fits snug around your baby's legs.

The diapers may be worn for too long between changes

Cloth diapers need to be changed more frequently than disposables. On average you will need to change your baby's cloth diaper every 1 $\frac{1}{2}$ – 2 $\frac{1}{2}$ hours. If you find yourself needing to go longer than that, you'll definitely want to add a Thirsties Fab Doubler or Thirsties Hemp Insert at every diaper change.

Baby boy? Be sure to point his privates downward when changing his diaper. If the problem persists add additional absorbency to the front of the diaper.

Leaking due to repelling

How do you know if they are repelling? If the fit is correct, and the absorbent part of the diaper is not wet, then you may have residue that is causing the liquid to repel. Residue can be caused by hard water, diapers that are not cleansed or rinsed thoroughly, detergents, or from greasy products such as diaper creams or fabric softeners. You could also have soap scum if you use a non-approved soap or detergent.

If your diapers are repelling please visit www.thirstiesbaby.com/customer-center/cloth-diaper-care/ for detailed instructions on stripping your cloth diapers.

The diaper does not meet the absorbency needs of your baby

As your baby grows, so does his or her bladder, which can create problems with leaking. If the sizing is correct, consider adding a Thirsties Fab Doubler or Thirsties Hemp Insert at every diaper change.

For additional information on Thirsties or leaking solutions, please contact our customer service team and would be glad to help!

phone: 888-315-2330

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