

Compliance and confidence, all at an economical price. 3M™ Protecta® Shock-Absorbing Lanyards are trusted by workers in a wide variety of industries. They feature 3,600 lb. gated hooks, durable lanyard material construction and plated alloy steel hardware for strength and corrosion resistance. All of our shock-absorbing lanyards meet or exceed rigorous OSHA and ANSI industry standards.

3M[™] Protecta® Shock-Absorbing Lanyards

1 Reduced impact forces

Built-in energy absorber helps limit fall arresting forces to meet or exceed rigorous OSHA and ANSI industry standards.

2 High strength and capacity

5,000 lb. (22 kN) breaking strength for durability and 310 lb. (140 kg) capacity for worker flexibility.

3,600 lb. gated hooks

Every lanyard features 3,600 lb. (16kN) gated hooks.

4 Tough webbing

Polyester construction is strong enough to endure rough use and the elements.

5 Impact indicator

Simplifies inspection for prior fall events.

6 Durable hardware

Alloy steel construction with zinc plating for strength, durability and corrosion resistance.

Various styles and lengths

A variety of styles and lengths are available. Contact customer service for more.

2 5 Model Shown 1340101

Hook options



Standard hook with 3/4 in. (19 mm) gate opening

3,600 lb. (16 kN) gate strength.



Flat steel rebar hook with 2-1/4 in. (57 mm) gate opening

3,600 lb. (16 kN) gate strength.



Tie-back carabiner with 3/4 in. (19 mm) gate opening

5,000 lb. (22 kN) gate strength.

Shock-Absorbing Lanyards

3M™ Protecta®

Shock-Absorbing Lanyards

For general use or bucket truck applications, these lanyards feature durable 1 in. (25 mm) polyester webbing, 1/2 in. (13 mm) nylon rope or 1/4 in. (6 mm) vinyl covered cable with 3,600 lb. (16 kN) gated hooks.



Part Number	Length	Legs	Leg Material	Hook 1 (Harness) Material/Style	Hook 2 (Anchor) Material/Style	Hook 3 (Anchor) Material/Style
1341001	6'	Single	Web	Steel/ Snap	Steel/ Snap	-
1341004	4'	Single	Web	Steel/ Snap	Steel/ Snap	-
1341002	3'	Single	Web	Steel/ Snap	Steel/ Snap	-
1342250	6'	Twin	Web, Adjustable	Steel/ Snap	Steel/ Snap	Steel/ Snap
1342275	6'	Twin	Web, Adjustable	Steel/ Snap	Steel/ Rebar	Steel/ Rebar
1342001	6'	Twin	Web	Steel/ Snap	Steel/ Snap	Steel/ Snap
1340451	6'	Twin	Cable	Steel/ Snap	Steel/ Snap	Steel/ Snap
1340125	6'	Single	Web	Steel/ Snap	Steel/ Rebar	-
1340401	6'	Single	Cable	Steel/ Snap	Steel/ Snap	-
1341050	6'	Single	Web, Adjustable	Steel/ Snap	Steel/ Snap	-
1340180	6'	Twin	Web	Steel/ Snap	Steel/ Rebar	Steel/ Rebar
1340181	5'	Twin	Web	Steel/ Snap	Steel/ Rebar	Steel/ Rebar
1340751	6'	Twin	Rope	Steel/ Snap	Steel/ Snap	Steel/ Snap

3M[™] Protecta®

Lanyards for Hot Work Use

For welding or metal cutting applications, these lanyards feature heat-resistant Kevlar® fiber webbing, a shock pack and 3,600 lb. (16 kN) gated hooks.

Part Number	Length	Legs	Leg Material	Hook 1 (Harness) Material/Style	Hook 2 (Anchor) Material/Style	Hook 3 (Anchor) Material/Style
1340128	6'	Single	Kevlar®	Steel/ Snap	Steel/ Rebar	-
1340129	6'	Single	Kevlar®	Steel/ Snap	Steel/ Snap	-
1340185	6'	Twin	Kevlar®	Steel/ Snap	Steel/ Rebar	Steel/ Rebar
1340187	6'	Twin	Kevlar®	Steel/ Snap	Steel/ Snap	Steel/ Snap



3M™ Protecta®

Tie-Back Shock-Absorbing Lanyards

For applications with no anchor point, these lanyards feature specialized webbing and hardware that withstands the rigors of tie-back use and include 3,600 lb. (16 kN) gated hooks.

1340200 Shown

Part Number	Length	Legs	Leg Material	Hook 1 (Harness) Material/Style	Hook 2 (Anchor) Material/Style	Hook 3 (Anchor) Material/Style
1340200	6'	Single	Web	Steel/ Snap	Steel/ Snap	-
1340040	6'	Single	Web	Steel/ Snap	Tie-back carabiner	-
1342200	6'	Twin	Web	Steel/ Snap	Steel/ Snap	Steel/ Snap
1340060	6'	Twin	Web	Steel/ Snap	Tie-back carabiner	Tie-back carabiner

3M™ Protecta®

Tubular Web Lanyards

For bucket trucks, lifts, and other applications where a lighter lanyard may be advantageous, these lanyards feature polyester tubular web instead of a traditional shock pack and 3,600 lb. (16 kN) gated hooks.

1340220 Shown	

Part Number	Length	Legs	Leg Material	Hook 1 (Harness) Material/Style	Hook 2 (Anchor) Material/Style	Hook 3 (Anchor) Material/Style
1340220	6'	Single	Web, Tubular	Steel/ Snap	Steel/ Snap	-
1340230	6'	Single	Web, Tubular	Steel/ Snap	Steel/ Rebar	-
1340240	6'	Twin	Web, Tubular	Steel/ Snap	Steel/ Snap	Steel/ Snap
1340250	6'	Twin	Web, Tubular	Steel/ Snap	Steel/ Rebar	Steel/ Rebar

3M[™] Protecta®

Elastic Shock-Absorbing Lanyards

These lanyards combine the packstyle energy absorber with stretch capabilities, expanding to 6 ft. (1.8 m) and contracting to 4-1/2 ft. (1.4 m). That means optimal mobility while otherwise staying out of the way. The 3,600 lb. (16 kN) gated hooks and an energy absorber design limit fall arresting forces.

Part Number	Length	Legs	Leg Material	Hook 1 (Harness) Material/Style	Hook 2 (Anchor) Material/Style	Hook 3 (Anchor) Material/Style
1341101	6'	Single	Web, Elastic	Steel/ Snap	Steel/ Snap	-
1342101	6'	Single	Web, Elastic	Steel/ Snap	Steel/ Snap	Steel/ Snap
1342125	6'	Twin	Web, Elastic	Steel/ Snap	Steel/ Rebar	Steel/ Rebar



Shock-Absorbing Lanyards

Part

Number

1340101

1340141

1340121

1340161

Length

6'

6'

6'

6'

Legs

Single

Twin

Single

Twin

3M™ Protecta®

Stretch Shock-Absorbing Lanyards

For vertical climbing applications, these lanyards feature a polyester tubular web that expands to 6 ft. (1.8 m) and contracts to 4-1/2 ft. (1.4 m) in reaction to the worker's movements. Their 3,600 lb. (16 kN) gated hooks and an energy-absorber design limit fall arresting forces.



1340101 Shown

3M™ Protecta®

Positioning Lanyards

For maintaining a working position in applications such as rebar walls, these lanyards feature 3,600 lb. (16 kN) gated hooks. These devices do not incorporate shock absorbers and can only be used without a fall arrest system if the fall possibility is 2 ft. (0.6 m) or less.



Hook 2

(Anchor)

Steel/ Snap

Steel/Snap

Steel/ Rebar

Steel/ Rebar

Material/Style

Hook 1

(Harness)

Steel/ Snap

Steel/Snap

Steel/Snap

Steel/Snap

Material/Style

Leg Material

Web, Elastic

Web, Elastic

Web, Elastic

Web, Elastic

Hook 3

(Anchor)

Steel/Snap

Steel/ Rebar

Material/Style



3M[™] Protecta®

Lanyard Accessories

Shock Absorber 1340260

Add in-line to a non-shock absorbing lanyard for fall arrest applications, including leading edges (non-sharp edges only). With D-ring at one end, snap hook at other x 18-1/2 in. (47 cm)



D-Ring Extension 1385000

Dorsal D-ring extender with D-ring at one end, snap hook at other x 18 in. (45 cm)



