## Nutrition Facts Serving Size 2 tbsp (30g) Servings Per Container about 8

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Amount Per Serving			
Calories 18	0 Calo	ries from	Fat 130
% Daily Value*			
Total Fat 15g			23%
Saturated Fat 2.5g 13%			
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 0mg			0%
Total Carbohydrate 7g 2%			
Dietary Fiber 2g 89			8%
Sugars 2g			
Protein 6g			
,			
Vitamin A 0%	6 •	Vitamin (	0%
Calcium 2%	•	Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less than Less than Less than Less than ate	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4