



# TARGET RIFLE SOUTH AUSTRALIA INCORPORATED.

132-134 Wingfield Road WINGFIELD SA 5013

ABN 98 431 402 140

## HOT WEATHER POLICY

### **Rationale**

Target Rifle South Australia Inc (TRSA Inc.) recognises that:

- we have a duty of care to our members
- competing and working in hot weather can potentially be hazardous to health.
- heat illness includes dehydration, heat exhaustion and heat stroke, which is a potentially fatal condition.
- our clubs must be made aware of the symptoms and treatments for these conditions, and the need to take precautions.

In considering this policy, the Association is also mindful that our events are all conducted under cover in a shaded and sheltered environment, and indeed some are conducted in air-conditioned premises. Also it is recognised that in general the sport requires no major physical activity as is required in most sports, but that part of the normal clothing in our sport for both summer and winter, includes heavy coats and jumpers and in some events heavy trousers and boots.

### **Aim**

This policy is to ensure a safe environment for our members and visitors during hot weather. It applies to facilities and venues under TRSA Inc. control as from 1<sup>st</sup> March 2006. This policy applies to all members, administrators, officials, coaches, players and visitors of TRSA Inc.

### **Policy:**

TRSA Inc. policy requires that:

- information on the immediate recognition and treatment of heat illness be circulated to all clubs.
- this information also to be provided to competition organisers, and accredited officials and coaches.
- members/competitors be encouraged to take water onto the firing point for easy access during their competition – especially in competitions where the competing time exceeds 1 hour and 15 minutes.
- bottled water be available for all competitors on days of extreme heat .

and where a shooting range firing point does not have air conditioning installed:

- If the temperature forecast for the day of a shoot is expected to be 38°C or higher, then official events will be cancelled, or where this is not practical, the start time be changed to either earlier in the day to allow a finish time before 11.00a.m., or later in the day to start after 6.00p.m. at night.
- The forecast temperature used will be that broadcast by ABC television during their evening (7:00pm) news service on the day prior to the scheduled event.

### **Non-compliance**

Non-compliance with this policy will result in disallowance of any results. Anyone wishing to discuss any aspect of this policy is invited to contact TRSA Inc. Management.

### **Policy review**

The policy on hot weather will be reviewed six (6) months after its introduction and then on an annual basis. This will ensure that the policy remains current and practical.

Management