

Instruction Manual

Home-care Beauty Device Photo PLUS

HRF-10



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English User's Manual come with this product.

Please download the other language's User's Manual version from this link

(https://www.ya-man.co.jp/en/support/documents/) or scan with QR code with your camera phone.

Please carefully read User's Manual to ensure safe and proper use of the device.



TO ACCESS SCAN WITH YOUR CAMERA PHONE

- Before using this product, please read these instructions carefully.
- Refer to the Safety Precautions section for important information.
- Keep this Instruction Manual for future reference.

Safety Precautions

- ♦ Please read all instructions carefully for safe and proper use.
- Use only as directed.
- Immediately discontinue use if any malfunction or unusual reaction to treatment occurs.
- Precautions listed in the instruction manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or CAUTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

| Ŵ | DANGER | Improper use of this device poses a severe and likely risk of death or serious injury. |
|----------|---------|--|
| <u>^</u> | WARNING | Improper use of this device may pose a risk of death or serious injury. |
| <u> </u> | CAUTION | Improper use of this device may result in fire, injury, or property damage. |



Safety Precautions

This symbol shows you what you must NOT do.



This symbol shows you what you must do.



This symbol shows you what you must be careful with.





Do not use under any of the following conditions as this may cause malfunction of medical devices.

Do not use in conjunction with any medical electronic equipment such as a pacemaker, oxygenator, electrocardiograph, etc.



WARNING

Do not use under the following conditions:

Failure to comply may cause an accident or other problems.

- If you have existing or suspected heart disease, or related disorders
- If you are unable to express your intentions
- If you are unable to sense temperature or stimulation
- · If you have an autoimmune disease

Consult a physician prior to use under the following conditions:

- If you have an acute disease If you have an infectious disease
- If you have a malignant tumor If you have a febrile disease
- If you have high blood pressure or a blood disease
- If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes)
- · If you have nerve damage
- If you have a skin disease or atopic dermatitis
- If you are seeing a physician regularly and are on medication
- If you have an allergy, contact dermatitis, past skin related medical history or any concern about your skin when using this device



Do not use in the following cases or on the following areas:

Failure to comply may cause an accident or other problems.

- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities
- If you are under the influence of alcohol
- Anywhere inside the mouth, around the pubic region, or any mucous membrane
- Eyeballs Eyelids (eye sockets) (except in COOL Mode) Throat
- Raised moles Viral warts Areas where you have broken a bone
- Areas with symptoms of internal bleeding, swelling, or scabbing after medical cosmetic treatments
- * Avoid using the device for 2 weeks after medical cosmetic treatments. After this period, consult with a physician and only use the device after gaining his/her permission (e.g. Hyaluronic acid injections, silicone injections, Botox, thread lifts, double eyelid surgery, HIFU, etc.)
- Areas where metal was implanted by surgery (reconstructive, plastic or cosmetic surgery)



Do not apply over the same area continuously. Always move the device over the skin while treating to avoid possible skin burns.

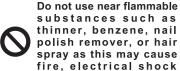
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Do not place the device near fire or flame, or dispose of in a fire.

Do not use, charge, or store in a high temperature area or if the device is hot.



WARNING

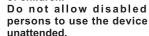


hazard, or injury.

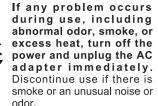
Safety Precautions

Use only with the supplied AC adapter. When using the AC adapter, plug it directly into the wall socket. Do not use an extension cord as this may cause an electrical shock hazard, short circuit, or fire.

Do not use on children or allow children to use the device. Keep out of reach of children.



Avoid use on persons with sensitive skin or on those who cannot express their intentions as this may cause injury.

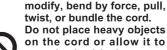




Use only as directed in this instruction manual.

Improper use may cause injury or malfunction.

Do not damage, break,



Do not place heavy objects on the cord or allow it to get pinched in between other objects as this may damage the cord and cause a fire or electrical shock hazard.



Do not use if the AC adapter is damaged or the wall socket is loose. This may cause an electrical shock hazard, short circuit, or fire.

Do not allow the main unit, AC adapter, or cord to get wet.



Avoid use near water as this may cause an electrical shock hazard, short circuit, or fire.

Do not disassemble, attempt to repair, or modify this device in any way as this may cause a fire, electrical shock hazard, or injury.



Consult your local agent if repair is needed.

*Warranty applies only to use within country of purchase. Warranty repair for foreign customers is not available.



WARNING



Before charging the unit, check that the plug and socket are not wet as this may cause an electrical shock, short circuit, or fire hazard.



Be sure to turn off the power when not in use or when cleaning the unit to avoid a potential electric shock, short circuit, or fire hazard.



Discontinue use if there is an unusual odor or if the device overheats to avoid potential damage or fire.



Unplug AC adapter from the wall socket when not in use. Do not handle with wet hands as this may cause an electrical shock, short circuit, or fire hazard.

To avoid accident, injury, or malfunction:

* Do not use if you have any unusual skin condition such as a rash, irritation or itching.



* Do not use if the device is damaged, has been dropped, or subjected to impact.

* Do not use this device for professional treatments and avoid continuous or excessive use.



Use only AC100-240V to avoid a potential fire or electrical shock hazard.



Hold the head of the plug instead of the cord when unplugging the adapter from the wall socket.

Damage to the cord may cause an electrical shock, short circuit, or fire hazard.



Do not use or store near fire, under direct sunlight, or in humid places such as the bathroom.

Do not place near heating equipment as this may cause a fire or explosion hazard.



Choose a lower Intensity Level to allow your skin to accommodate to the stimulation if you have teeth fillings or are having any dental treatment.



Use in Foreign Countries

CAUTION

Do not look directly into the LED light when using RF LED Mode.



When using the LED light to treat the eyelids (eye sockets),
 be sure to close your eyes and keep the electrode head at
 least 5 cm away from your skin.



Do not use Cool Mode successively:

- If used for successive treatments, the head will not fully cool.
- Allow at least a 30 minutes interval before next use.



Do not wipe the main unit with alcohol, thinner, benzene, nail polish remover, or any solvents which could damage the device.



Do not put the electrode head in contact with metals. This may cause a malfunction or injury.



Do not apply to pets or animals as this may cause injury.



Do not place or use on an unstable surface. Avoid dropping or subjecting the device to impact as this may cause injury or malfunction.

Follow the precautions below to avoid accidents, injury, or malfunction:



- Do not apply over the same area continuously. Always move the device over the skin while treating.
- Apply treatment according to your particular skin type and condition.
- Avoid use if you are sunburned or in conjunction with peeling, face mask, or mud mask treatments.
- Always turn off the power after use.



Always begin treatment with the intensity set at Level 1 to allow your skin to accommodate to the stimulation.

- Starting at too high an intensity level may cause injury.



Discontinue use if you feel discomfort to your face or body during use. If you see an abnormal skin reaction during or after use, stop using and consult a doctor.

Use in Foreign Countries



WARNING



Use at AC100-240V only to avoid a potential fire or electrical shock hazard.



Be sure to check the plug shape and the voltage before using. Using this device with an improper plug or at the incorrect voltage may cause overheating, fire, or malfunction.

NOTE: This product can be operated with 100-240V. If the plug of the supplied AC adapter does not match the plug of your location, use a plug adapter (not provided).

- ◆ The plug configuration and voltage varies depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- For information about plug adapters, consult a travel agency or a consumer electronics retailer.

Features

This product is a home use beauty device that integrates RF (radio frequency) deep warming with Ion Cleansing / Iontophoresis, Vibration, LED Photo, and EMS technology. It can be used to suit your personal skin condition and to achieve your objective by combining the following available treatment modes:

• RF

RF warms up deep tissue* to prepare the skin and enhance the benefit of the treatment that follows. Unlike typical heaters, this mode can instantly heat deep inside the skin tissue.

Ion Cleansing

Ion treatment helps to thoroughly cleanse the skin by attracting stubborn dirt and oil that cannot be removed by normal cleansing.

Ion Moisture

Moisturizes the skin by improving the penetration of skincare products deep into the skin*.

• EMS

Stimulates the muscles using gentle electrical current.

Vibration

Treats your skin with gentle vibration.

• LED Photo

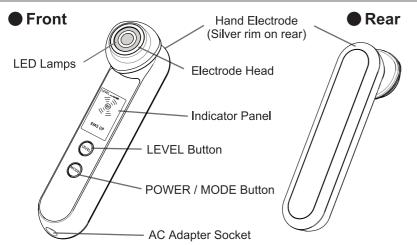
Treats your skin with LED Photo (light) therapy.

Cooling

Helps tighten your skin with cooling action

* To stratum corneum

Product Description



Cotton Stopper (Silver Ring)

- Cotton Stopper is attached to electrode head when purchased.
- Use this Stopper to apply cotton to the head.



AC Adapter

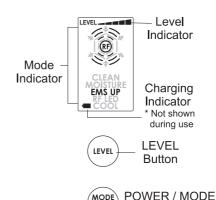
* Design and specifications of the main unit and accessories are subject to change for improvements without prior notice.

Button

Before Use

Indicator Panel

Panel / Buttons



 Press and hold the POWER/MODE button to turn the power on. The treatment will automatically start with RF Cleansing mode. **Before Use**

- Treatment mode can be changed by pressing the POWER/MODE button any time during operation.
- Level can be selected when using RF Cleansing, RF Moisture, and RF EMS UP modes. Each mode has 5 intensity levels adjusted with the LEVEL button.
- Press and hold the POWER/MODE button to turn the power off.
- RF thermal temperature cannot be changed.

MODE Indicator

Each time you press the POWER/MODE button, the treatment mode will be selected in this order: RF Cleansing \rightarrow RF Moisture \rightarrow RF EMS UP \rightarrow RF LED \rightarrow COOL \rightarrow RF Cleansing (repeat).

| Mode | RF Cleansing | RF Moisture | RF EMS UP | RF LED - | Cool = |
|-----------|-------------------|----------------------|--------------|-------------|---------|
| Function | RF / Cleansing | RF / Ion Moisture | RF / EMS | RF / LED | Cooling |
| Indicator | LEVEL REPUBLIES | LEVEL REPUBLISHED | LEVEL | (((E))) | **** |
| or | CLEAN | MOISTURE | EMS UP | RF LED | COOL |

The RF symbol (RF) alternates during RF Cleansing, RF Moisture, and RF EMS modes. RF is applied when you hear a short beep sound and the RF symbol (RF) appears. When you hear two short beeps, Ion or EMS modes are applied and RF symbol (RF) does not appear.

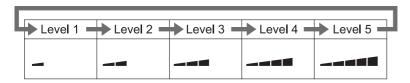
LEVEL Indicator

Before Use

In RF Cleansing mode or RF Moisture mode, the intensity level of ion treatment can be adjusted by pressing the Level button. In RF EMS UP mode, the intensity level of EMS can be adjusted by the Level button. There are 5 levels of treatment. Choose a level that you find comfortable. Each time the Level button is pressed, the level will change in this order:

Level 1 → Level 2 → Level 3 → Level 4 → Level 5 → Level 1 (repeat).

- Thermal temperature of RF is fixed and cannot be changed.
- Always start from Level 1 if it's your first treatment or until you become accustomed to the operation and treatment.

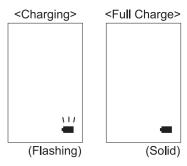


Charging Indicator

The Charging indicator will appear on the indicator panel and will flash while the unit is charging.

When charging has completed, the charging indicator will turn solid.

* Charging indicator will not appear during use.



Standby / Auto-off (Automatic Power Off)

2 minutes after finishing the RF Cleansing, RF Moisture mode, RF EMS UP, or RF LED mode, the next mode will flash on the panel and the POWER/MODE button will flash, indicating that the unit is in standby (not treating).

Press the POWER/MODE button to start the next mode which is waiting in standby.

The power will turn off automatically after 2 minutes in standby. Power will turn off automatically immediately after Cool mode is complete.

Charging the Battery

The product is rechargeable and can be used without being connected to the AC adapter. Be sure to use the device after charging.

• Before using for the first time, or if you have not used the device for an extended period, fully charge the battery and make sure that the Charge Indicator has turned from flashing to solid, indicating a full charge.

Charging Time

Before

| Charge Time | Operating Time | |
|-------------|----------------|--|
| 2.5 Hours | 40 Minutes | |

- Ambient temperature of 25°C.
- Operating time is how long it can be used immediately after a full charge.
- Operating time may differ depending on the operation mode, intensity level, and environment.
- Charging time may differ depending on the remaining battery and environment.

How to Charge

- Insert the AC adapter plug into the adapter socket of the main unit.
- Plug the AC adapter into the wall socket.
 - Use only with the supplied AC adapter.
 - When using the AC adapter, plug it directly into the wall socket. Do not use an extension cord.
 - When charging had started, the Charge Indicator will flash. When charging is complete, the Charge Indicator will turn solid.
- When charging is complete, unplug the AC adapter from the wall socket and then remove the adapter plug from the main unit.

About the Treatment Modes

| Mode | RF Cleansing [CLEAN] | RF Moisture [MOISTURE] | | RF EMS UP [EMS UP] | RF LED [RF LED] | Cool [COOL] |
|---------------------|--|---|----------------|--|--|--|
| Features | Warms up the tissue from inside. Ion cleanses skin by attracting stubborn dirt and oil that can't be removed with normal cleansing. | Warms up the tissue from inside. Ion moisture helps deliver skincare ingredients deep into skin*1 and also moisturizes. *3 To stratum corneum | | Warms up the tissue from inside. EMS stimulates the muscles for firmed skin. *2 Can also be used on neck and shoulders. | Warms up the tissue from inside and applies LED Photo treatment at the same time. | Improves skin elasticity and skin texture with cooling treatment. |
| Function | RF Ion Cleansing Vibration | RF Ion Moisture Vibration | | RF EMS | RF LED | Cooling |
| Uses Cotton | YES | YES NO | | YES | NO | NO |
| Skincare Product | Thick Lotion | Thick Lotion | Facial Mask | Thick Lotion or Gel | Thick Lotion or Gel | |
| Time | 3 minutes | 3 minutes | | 3 minutes | 3 minutes | 3 minutes |
| Level | Ion: 5 levels | Ion: 5 levels | | EMS: 5 levels | N/A | N/A |
| Frequency | 2 - 3 times a week | | | | Daily | |

Always move the treatment head over the skin while treating, except when using the COOL mode.

- *1 Only use water soluble skincare products. Oils, scrubs, creams, and emulsions cannot be used.
- *2 The device may get hot after using the COOL mode. Do not apply successively in this mode. Allow the device to rest (with power off) at least half an hour after use.
- *3 RF Moisture mode helps deliver skincare ingredients to the stratum corneum.

Treatment

Attaching Cotton to the Head

- Remove the cotton stopper from the treatment head.
- Mount the cotton on top of the circular treatment head and press the cotton stopper down over the cotton.



• Do not use cotton in layers.

Treatment

- If the cotton stopper does not fit properly on the treatment head, use thinner cotton.
- If the cotton is too thick, the thermal action of RF treatment may be adversely affected and you will feel less heat.
- Soak your preferred moisturizing lotion or gel into the cotton attached to the treatment head.
 - Make sure that the lotion or gel coats the entire surface of the treatment head.
 - If using a smooth (low-viscosity) skin lotion, the feeling of warmth may decrease.Recommended skin lotions: RF Booster Pad and high-viscosity skin lotions.
 - This device is not water-proof so be sure to thoroughly wipe off any lotion or gel left on the device with a dry cloth after each use. Do not wash with water or other liquids.

How to Use (General Instructions)

Precautions when using

- Always move the device over the skin during use. Do not hold on a fixed area as this may cause burns.
- The temperature of RF may feel different depending upon the condition of your skin.
- Do not use the device on eyelids (eye sockets) except it is in COOL Mode.
- * The LED light in RF LED Mode can be used on eyelids (eye sockets). <u>Close your eyes and keep the device (electrode head) at least 5 cm away from the skin.</u>
- Do not look directly into the LED light when using RF LED Mode.
- Always hold the device so that you are touching the hand electrode on the rear of the device.
- Recommended ambient temperature is 15°C ~ 30°C.

How to Apply Treatment

- Remove makeup and gently cleanse your face.
 - Remove oil and dirt from your skin so that it is in a clean condition prior to treatment.
 - COOL mode can be used over makeup.
- 2 Attach cotton if necessary and apply lotion onto the cotton.
- Press and hold the POWER / MODE button to turn power on.
 - Choose a treatment by pressing the POWER / MODE button again.
 - Choose an intensity level by pressing the LEVEL button.
 NOTE: RF thermal temperature is fixed and cannot be changed.
 - Always start from Level 1 if it's your first treatment or until you become accustomed to the operation and treatment.
- 4 Hold the device so that you are touching the hand electrode on the rear of the device.
- Gently apply the treatment head to your skin and move the head over the area being treated. (Refer to p.15-16 for more details)
 - When the mode is finished, the device will go into standby for 2 min.
 After using the COOL mode, the device will automatically turn off.
 - Press POWER / MODE button to start the next mode or press and hold POWER / MODE to turn off the power.
- After treatment, condition your skin as necessary.
 - Condition your skin using lotion, facial mask, skin milk, skin cream, etc.
- Remove cotton from the electrode head and wipe off any residue of skincare lotion or gel remaining on the electrode head or cotton stopper.
 - This device is not water-proof so be sure to thoroughly wipe off any lotion or gel left on the device with a dry cloth after each use. Do not wash with water or other liquids.

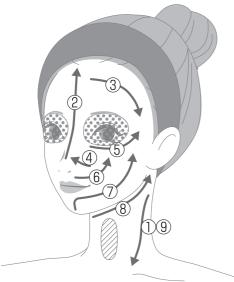
How to Apply Treatment

- Recommended speed for moving the head over skin: 2cm per second.
- If the temperature feels too hot, move the head more quickly.
- Make sure the entire surface of the treatment head touches the skin during use.
- Always move the device over the skin during use. Do not hold on a fixed area as this may cause burns.
- Do not place the electrode head on eyelids (eye sockets).

[RF Cleansing / RF Moisture / RF LED Mode]

Move the treatment head over the skin in the direction of arrows shown below.

The LED light in RF LED Mode can be irradiated on eyelids (eye sockets). Remove the RF Booster Pad or cotton. <u>Close your eyes and keep the electrode head at least 5 cm away from your skin</u>. Then irradiate the LED light.





Areas that can only be treated with LED light of LED mode.

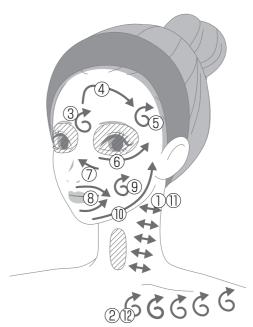
* Close your eyes and hold the electrode head 5cm away from your eyes.



Areas you should NOT treat.

[RF EMS UP Mode]

Move treatment head over the skin in the direction of arrows shown below.





Press and move the device in a circular, massaging motion as indicated by the arrows.



Areas you should NOT treat.

- Make sure the entire surface of the treatment head touches the skin during use.
- Always move the device over the skin during use. Do not hold on a fixed area as this may cause burns.
- Do not use on eyelids or around the eyes.

[COOL Mode]

Apply the device as if you are "stamping" onto your skin: Press and hold → Lift and reposition → Press and hold (repeat) * COOL Mode can also be used on eyelids (eye sockets).

Treatment

Clean the device after each use for sanitary reasons.

- Care and Storage after Use
- Ensure the power is off and unplug the AC adapter from the main unit.
- Wipe any dirt off the surface of the treatment head or on the cotton stopper with a well wrung towel.
 - Remove the cotton stopper from the head when cleaning.
 - Never use detergents, alcohol, or solvents such as thinner.
 - Do not store or leave the device with lotion or gel adhering to the main unit.
- Wipe off any dirt from areas other than the head and cotton stopper with a dry cloth.
- Allow the unit to dry in a well-ventilated place and then store.
 - When not using the device, turn off the power, unplug the AC adapter from the main unit and the wall socket, and store in a clean, dry place.
 - Never place the unit near fire or flame, under direct sunlight, or in humid areas such as the bathroom. Store only in a clean, well-ventilated place.
 - Store the unit out of the reach of children.

After Service

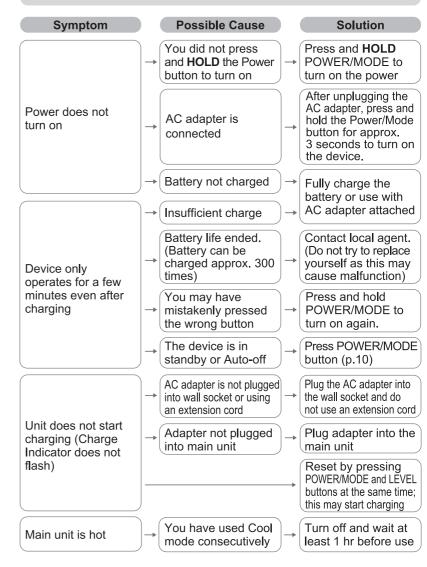
About the rechargeable battery

- The rechargeable battery is a consumable item (not covered under warranty). This appliance contains batteries that are non-replaceable.
- If the battery only powers the device for an extremely short period after charging, it may be at the end of its useful life. With typical use, the battery can be charged approximately 300 times.
- If you need a battery replacement, contact your local distributor. The battery is not user-replaceable.

About Disposal

- Follow your local government rules for proper disposal of this product.
- This product uses a lithium ion battery.

Checklist for Possible Problems



Troubleshooting

Symptom Possible Cause Solution Turn off and wait at Cool mode was used consecutively least 30 min before use Cool mode is not very cool Try using in 15°C ~ Ambient temperature is not normal 30°C environment Lower intensity with ION / EMS mode is Level is set too high LEVEL button too strong (you feel uncomfortable Full surface of head Apply entire surface tingling or pain) is not touching skin of head to the skin Increase intensity Level is set too low with LEVEL button ION / EMS mode is too weak (you don't Moisturize skin with feel anything) Your skin is too dry lotion or gel; Moisturize your hand Cannot feel EMS Head is not moved Apply treatment head along the muscles along muscles (p.16) mode Applying over one Do not hold the head area for a long time on one area RF is too hot Applying too slowly Move the head faster Turn power on again The device is in or press Standby or Auto-off POWER/MODE to (see p.10) start a mode Cannot feel any heat from RF Moisturize your skin Your skin is dry with lotion/gel first You are moving the Move the treatment head too quickly head more slowly You cannot change RF level does not RF; Level is only for change ION and EMS mode Only works on RF Cannot feel Vibration Cleansing and RF Moisture mode

Troubleshooting

FAQ (Frequently Asked Questions)

| Q | A |
|---|--|
| How much lotion or gel should I use for each treatment? | This device is designed to achieve better effects with sufficient use of lotions and/or gel. Apply lotion or gel on cotton so that the whole surface of the electrode head is wet. Add more when you feel it is not enough. |
| Can I use this device in the bathroom? | This product is not waterproof. You should not use it in the bathroom or in humid areas where it may get wet. |
| Why does my skin blush after use? | This is due to using RF for deep heating. If it bothers you, use the COOL mode or apply blue ice to cool down your skin. |
| Why do I feel a tingly sensation on my face and hands? | This is electrical stimulation from Ion Cleansing, Ion Moisture, or EMS and is normal. You can adjust to a comfortable intensity level using the LEVEL button. Always start at Level 1 for your first treatment or until you get used to the operation or treatment. |
| Why do I not feel warmth when using RF cleansing, RF moisture, RF EMS UP, or RF LED mode? | Move the treatment head more slowly or press harder against the skin surface. It's also possible that the cotton is too dry, so you can add more lotion or gel to moisten the cotton. RF repeats, turning on and off during treatment. When the RF symbol (RF) appears, RF is on. |
| Why can't I see dirt on the cotton? | Dirt is removed even though it may not be visible on the cotton. The amount of visible dirt on the cotton can vary between individuals. |
| Why does the head not get warm in RF? | RF is designed to electrically warm the skin tissue, not the treatment head itself. |

Warranty

If you have purchased from www.global.ya-man.com,

Warranty: Please register your device at

https://global.ya-man.com/apps/warranty/registrants/new

Contact: inquiries to contactus@ya-man.com

If you have purchased from local distributor,

Warranty: Please contact your local distributor

User's manual (WEB)

User's manual is also available at following address: https://www.ya-man.co.jp/en/support/documents/

Correct Disposal of this product

This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



Marking

DHTH detachable supply unit