

# HOOP EARRING GUIDE

Whether you are interested in learning about our varying hoop diameters or how to style your ideal Ear Alchemy, this guide is designed to address your curiosities. For any queries not included in this guide please email [info@sarahandsebastian.com](mailto:info@sarahandsebastian.com).

## Our earrings

All our hoops are crafted from 10-karat or 18-karat yellow or white gold. We only recommend our hoops for fully healed piercings (unless otherwise specified on individual product pages).

## Fitting guide

Our hoops feature our signature Clicking Clasp (unless otherwise specified on individual product pages). To open your hoop, gently pull each side slightly apart. Once you've applied your earring to the hole, click the two ends back into place.

To ensure longevity, please handle your fine hoops carefully. Do not open the sides of the hoop inwards past the closure as this can damage the delicate hinge. Only open your hoops as far as you need to and do not twist them sideways. Opening the hoops too wide can loosen the hinge or cause it to break.

## Size guide

Whilst we believe hoop sizes are a personal preference based on your unique ear anatomy, we do offer recommendations for positioning different hoops on the ear. Please refer to the image on the right for our suggestions, but kindly note that this is only a guide based on the average ear anatomy.

Tragus	5mm
Forward Helix	6.5mm
Helix	6.5mm - 8mm
Lobe	6.5mm - 20mm

