

COVID-19 PCR Swab Test Kit

Thank you for your purchase of the TestnGo at home COVID-19 PCR test kit.

REGISTER YOUR TEST FIRST!

PLEASE SEE FRONT COVER BEFORE YOU FOLLOW THE STEPS BELOW.

In Your Test Kit

1 x Outer Box
1 x CoviSafe Virus
Inactivation 1ml
Medium Vial
1 x Pack of Swabs

1 x Instructions
1 x A6 95Kpa Pouch +
Pad
1 x Barcoded Plain PE
Outbound Envelope

1



Wash and disinfect the area where you will open the test kit

2



Wash or sanitize your hands

3



Confirm you have the right test and then make sure it includes all of the parts you'll need

4



Remove the swab from the package, ensure you don't touch the soft end with your hand

5



Insert the soft end of the swab into the back of your mouth, swab the back and tonsils

6



Insert the soft end of the swab into your nostril, around 1 inch (2cm) or until you feel resistance

7



Slowly rotate the swab gently rubbing it against the inside of your nasal passage, do this for around 10-15 seconds

8



Gently remove the swab

9



Using the same swab insert the same end into the other nostril

10



Insert swab into sterile tube, snap off the end at the break line, put on the cap & screw down tightly

11



Wash hands or apply hand sanitizer

12



Place the tube with the swab into the biohazard bag provided and seal the bag

13



Place the bag into the original box making sure to remove everything other than the bag

14



Place the box into the return bag with the address label on it and then seal

15



Take the package to one of the many priority post boxes. Find one here: www.royalmail.com/services-near-you/#/

Once your test has been received at the lab it will immediately be processed for analysis and once complete your results will be emailed directly to the email address you provided when you booked your test.