

Brunch

The Explorer's Breakfast £12

Two sausages, two slices of bacon, tomato, mushrooms, beans, two hashbrowns and two eggs, served with a slice of toast

The Climber's Breakfast (vg) £12

Smashed avo, beans, mushrooms, two vegan sausages, tomato, two hashbrowns, spinach served with a slice of toast

The Pilgrim's Breakfast £8

Sausage, bacon, egg, beans, hashbrown and a slice of toast

Banging Stack £9

Egg, bacon, sausage topped with grilled cheese in a bun

Smashed Avo on Toast (vg) £7

Smashed avocado with chilli and toasted mixed seeds

Eggs on toast £6

Poached, scrambled or fried served on toast on a bed of spinach

Bacon or Sausage Sandwich £5

Three slices of smoked bacon or two sausages served on soft white farmhouse bread. Available as meat or a vegan sausage

Add Ons (per portion) £1

Bacon, sausage, egg, beans, spinach, peanut butter, nutella, hashbrown, avocado (£2), grilled halloumi (£2)

Toast £3

Jam, marmalade or honey

Lunch

Greek Style Flatbread £12

Warmed flatbread with lashings of tzatziki fresh crispy salad and caramelised red onions. Served with either chicken or halloumi

Chilli Bowl £9

Seasonal chilli served with sour cream, guacamole and tortilla chips

The Sunday Stack! £10

Our weekly Sunday special all stacked in a Brioche roll and served with a side of dipping gravy

Super Salad £10

Salad leaves with a selection of seasonal slow roasted veg. Topped with mixed seeds and a zesty dressing and a chunk of bread.

Salad with chicken £11

Salad with houmous £11

Salad with grilled halloumi £11

C.P.A.C Toastie £9

Chicken, pesto, avo & cheese in a toastie served with a side salad

Super V Wrap (vg) £9

Houmous, sun blushed tomato & spinach with roasted seasonal veg for a mega vegan wrap

Grilled Cheese Toastie £7

Grilled cheeses on a white farmhouse toasted to perfection

Toasted Tea Cake £3

Please ask for allergen information