

Creamy Cinnamon Myrtle Butter Chicken



Preparation Time: 10 mins - Cooking Time: 30 mins - Servings: 4

Ingredients: Marinade

- 1/2 cup full-fat natural yoghurt
- 1 tbsp lemon juice
- 1 tsp turmeric powder
- 2 tsp garam masala
- 1/2 tsp red chili powder
- 1 tbsp vegetable or canola oil
- 1 tsp ground cumin
- 1 tbsp fresh grated ginger
- · 2 garlic cloves, crushed
- 4 skinless chicken thigh fillets, cut into 3-4cm cubes

Curry

- 1/4 cup vegetable or canola oil
- 1 cup tomato passata or puree
- 1 tbsp caster sugar
- 1 1/4 tsp salt
- 4 garlic cloves, finely chopped
- 3cm piece ginger, finely chopped
- 1 tbsp Cinnamon Myrtle

- 1/2 tsp ground coriander
- 1/4 tsp red chilli powder
- 1/2 cup cream
- 1 cup milk
- · 2 medium red onions, coarsely chopped
- 2 large tomatoes, coarsely chopped

Description:

Experience the richness of winter with this hearty, creamy, and boldly flavoured Cinnamon Myrtle Butter Chicken.

A comforting recipe sure to warm your soul.

Method:

- In a large bowl, combine yoghurt, ginger, garlic, lemon juice, oil, turmeric, and chili powder. Marinate chicken covered in the refrigerator overnight. For a smoother sauce, blend in a food processor until smooth.
- 2. Roast the marinated chicken in a baking dish for 10-12 minutes until almost cooked.
- 3. For the curry, sauté onion in oil until translucent. Add <u>Cinnamon Myrtle</u>, ginger, garlic, coriander, and chili. Cook for 30 seconds. Add tomato passata, tomatoes, sugar, and salt.
- 4. Add the roasted chicken and simmer for about 20 minutes. Stir in cream and milk, then remove from heat.
- 5. Garnish with coriander/cilantro leaves if desired. Serve with basmati rice.