



HOW TO FIND YOUR PANT MEASUREMENTS

To measure natural waist: Bend side to side and find the natural bend in your body. This is your natural waist. Measure circumference around this point.

To measure inseam: Measure length from crotch to bottom of foot.

MEN'S PANT SIZE	28	30	32	34	36	38	40	42	44	46
FITS NATURAL WAIST MEASUREMENT	27-29 in (69-74 cm)	29-31 in (74-79 cm)	31-33 in (79-84 cm)	33-35 in (84-89 cm)	35-37 in (89-94 cm)	37-39 in (94-99 cm)	39-41 in (99-104 cm)	41-43 in (104-109 cm)	43-45 in (109-114 cm)	45-47 in (114-119 cm)

MEN'S PANT LENGTH	SHORT	REGULAR	LONG	XLONG
FITS INSEAM MEASUREMENT	29-31 in (74-79 cm)	31-33 in (79-84 cm)	33-35 in (84-89 cm)	35-37 in (89-94 cm)
ROUGHLY FITS HEIGHT	64-68 in (163-173 cm)	68-72 in (173-183 cm)	72-76 in (183-193 cm)	76-80 in (193-203 cm)