

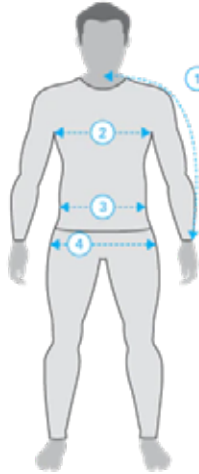


ARC'TERYX LEAF SIZING CHART

MEN'S

JACKET/SHIRT SIZING CHART

HOW TO FIND YOUR MEASUREMENTS:



Note: Calculate your own body measurements, then select your product size.

1. Sleeve: Bend elbow and measure from the centre of your neck (back) to you elbow and down to your wrist.

2. Chest: Measure the fullest part of your chest, keeping the tape level to the floor.

3. Waist: Measure your natural waist where your torso is the smallest.

4. Hip: Stand with feet together and measure the fullest part of your hips (approximately 8" below the natural waist).

cm

YOUR BODY MEASUREMENTS IN CENTIMETRES:

Body Size	XS	S	M	L	XL	XXL	3XL	4XL
Chest	92	97	102	110	118	128	138	148
Waist	76	81	86	94	102	112	122	132
Hip	90	95	100	108	116	126	136	146
Sleeve	81	84	86	89	91	94	96	99

Note: If your measurements are between sizes, select a larger size for a looser fit or a smaller size for a tighter fit.

inches

YOUR BODY MEASUREMENTS IN INCHES:

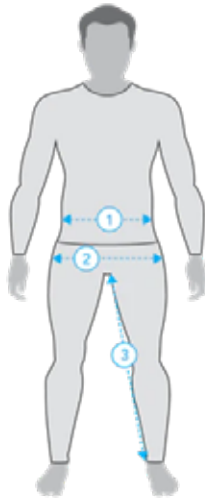
Body Size	XS	S	M	L	XL	XXL	3XL	4XL
Chest	36	38	40	43	46 ¹ / ₂	50	54	58
Waist	30	32	34	37	40	44	48	52
Hip	35 ¹ / ₂	37 ¹ / ₂	39 ¹ / ₂	42 ¹ / ₂	45 ¹ / ₂	49 ¹ / ₂	53 ¹ / ₂	57 ¹ / ₂
Sleeve	32	33	34	35	36	37	38	39

Note: If your measurements are between sizes, select a larger size for a looser fit or a smaller size for a tighter fit.



**MEN'S
PANTS SIZING CHART**

HOW TO FIND YOUR MEASUREMENTS:



cm

Note: Calculate your own body measurements, then select your product size.

1. Waist: Measure around your waist at the narrowest part.

2. Hip: Stand with feet together and measure the fullest part of your hips (approximately 8" below the natural waist).

3. Inseam: From a standing position, measure from your crotch down the inside leg to the floor.

**ALPHA SIZING,
YOUR BODY MEASUREMENTS IN CENTIMETRES:**

Body Size	XS	S	M	L	XL	XXL	3XL	4XL
Waist	76	81	86	94	102	112	122	132
Hip	90	95	100	108	116	126	136	146
Short Inseam	75	76	77	78	79	79	-	-
Regular Inseam	80	81	82	83	84	84	-	-
Tall Inseam	88	89	90	91	92	92	-	-

Note: Actual pant length will vary according to product end use.

cm

**NUMERICAL SIZING,
YOUR BODY MEASUREMENTS IN CENTIMETRES:**

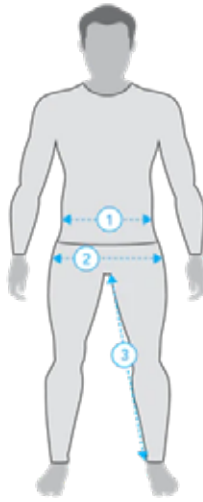
Body Size	30	32	34	36	38
Waist	80	85	90	95	100
Hip	95	100	105	110	115
Pant inseam, length of actual garment					
Pant Inseam: 32	81	81	81	81	81
Pant Inseam: 35	89	89	89	89	89

Note: Several models of Arc'teryx pants are sized numerically and may be available in different inseam lengths. Please refer to the specific product page to see which waist size and inseam lengths are available for your product. Actual pant length will vary according to product end use.



**MEN'S
PANTS SIZING CHART**

HOW TO FIND YOUR MEASUREMENTS:



Note: Calculate your own body measurements, then select your product size.

1. Waist: Measure around your waist at the narrowest part.

2. Hip: Stand with feet together and measure the fullest part of your hips (approximately 8" below the natural waist).

3. Inseam: From a standing position, measure from your crotch down the inside leg to the floor.

inches

**ALPHA SIZING,
YOUR BODY MEASUREMENTS IN INCHES:**

Body Size	XS	S	M	L	XL	XXL	3XL	4XL
Waist	30	32	34	37	40	44	48	52
Hip	35 ¹ / ₂	37 ¹ / ₂	39 ¹ / ₂	42 ¹ / ₂	45 ¹ / ₂	49 ¹ / ₂	53 ¹ / ₂	57 ¹ / ₂
Short Inseam	29 ¹ / ₂	30	30 ¹ / ₂	31	31 ¹ / ₂	31 ¹ / ₂	-	-
Regular Inseam	31 ¹ / ₂	32	32 ¹ / ₂	33	33	33	-	-
Tall Inseam	34 ¹ / ₂	35	35	35 ¹ / ₂	36	36	-	-

Note: Actual pant length will vary according to product end use.

inches

**NUMERICAL SIZING,
YOUR BODY MEASUREMENTS IN INCHES:**

Body Size	30	32	34	36	38
Waist	31 ¹ / ₂	33 ¹ / ₂	35 ¹ / ₂	37 ¹ / ₂	39 ¹ / ₂
Hip	37 ¹ / ₂	39 ¹ / ₂	41 ¹ / ₂	43 ¹ / ₂	45 ¹ / ₂
	Pant inseam, length of actual garment				
Pant Inseam: 32	32	32	32	32	32
Pant Inseam: 35	35	35	35	35	35

Note: Several models of Arc'teryx pants are sized numerically and may be available in different inseam lengths. Please refer to the specific product page to see which waist size and inseam lengths are available for your product. Actual pant length will vary according to product end use.

