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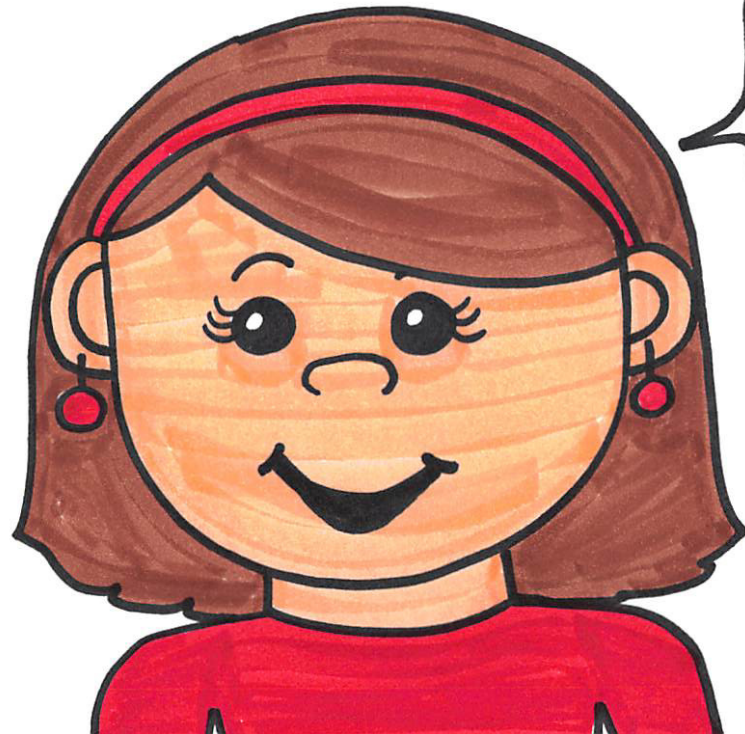
**I
can!**

Helping Kiddos
Approach Life With
a Growth Mindset

Growth mindset
means thinking about
learning new things
in terms of growing
and improving, not
perfection.



Another way to think about growth mindset is, instead of "I can't," "I can't yet."



I don't understand this math concept...
YET.

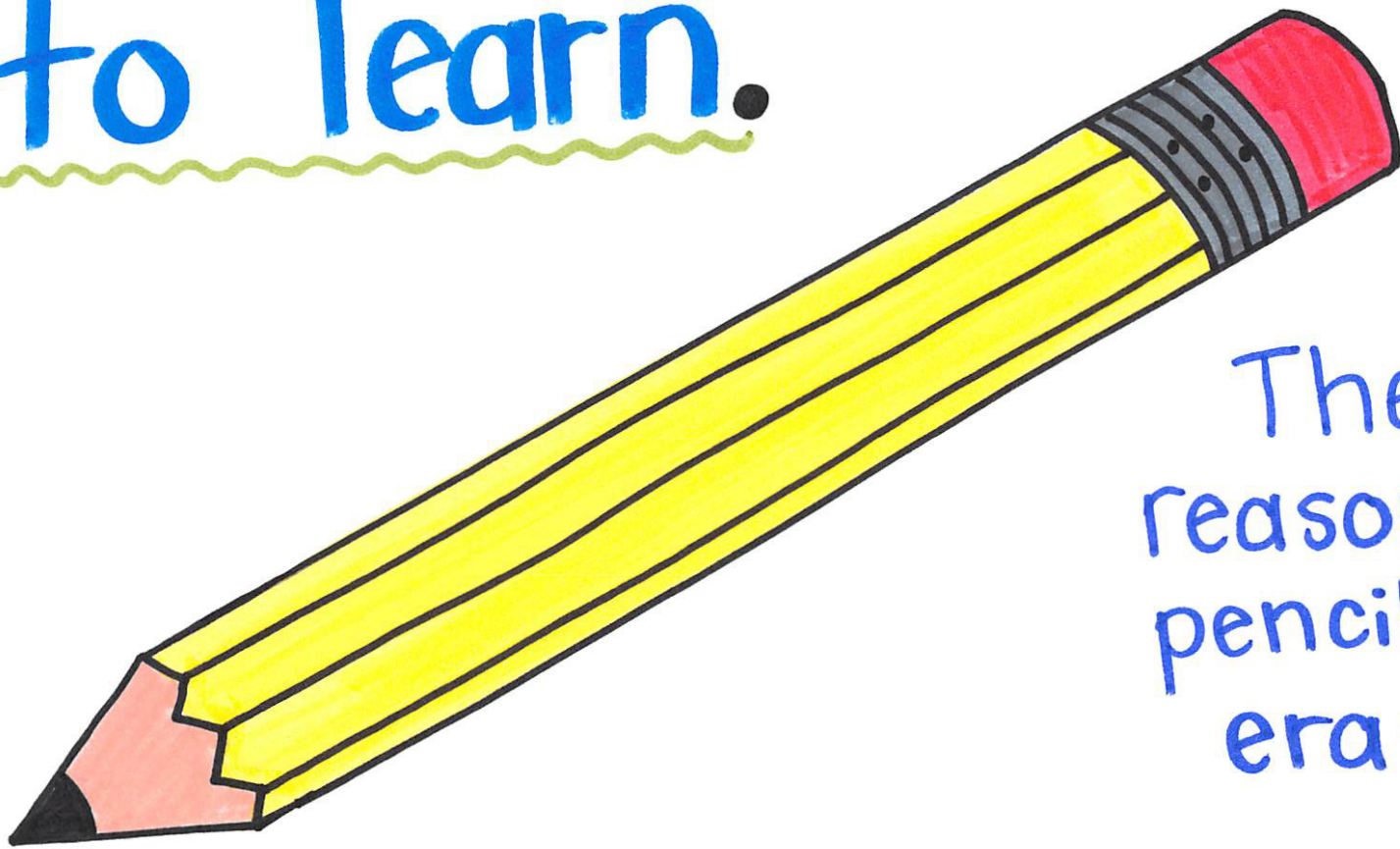
Learning is not
about perfection –
no one is perfect!

It's about growth
and improvement!

There's always
room for growth!!



Mistakes are Okay -
they are Opportunities
to learn.



There's a
reason that
pencils have
erasers!

When something doesn't
work the first time
try again and maybe
try a different way!



Trying different
ways to approach
things leads to
growth!

Even when something
is really difficult,
don't give up!



Effort leads
to growth!

Having a growth mindset means being patient and understanding with yourself - you are still learning and growing!



I'm not there yet, but it's okay - I'm still learning!

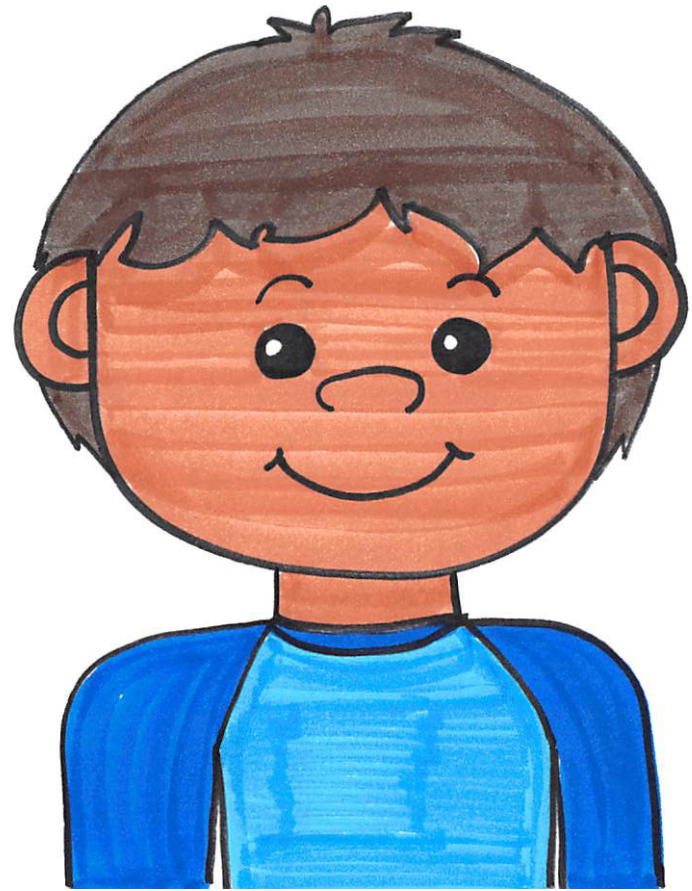
Having a growth mindset
also means being patient
and understanding with
others - they are still
learning and growing too!

I will give others the
benefit of the doubt -
they are still learning!



Growth mindset is not
just for academics - it is
a great way to approach:

- Coping with emotions
- Relationships With others
- Life Skills
- Physical Skills

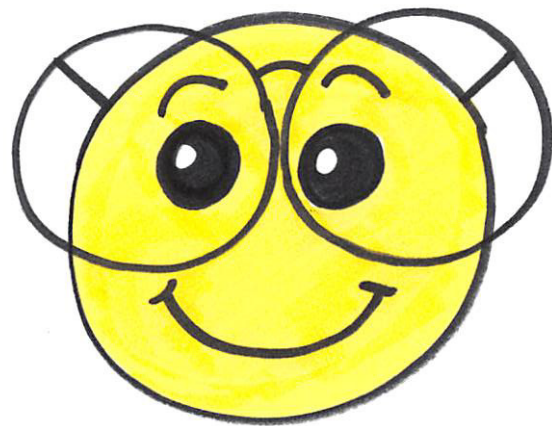


When you see learning new things with a growth mindset, you can set goals for how you want to grow!

Goals give
focus!



You can also set
mini goals leading up
to your main goals -
this makes your overall
goals seem less far
away!



Growth mindset makes
learning new things feel
positive and even
exciting!

Seeing mistakes as
opportunities to learn
takes away fear of
failing and makes learning
seem more like an
adventure!



Remember:

Focus on growth
and improvement
(not perfection!)!

Everyone makes mistakes (remember - that's why pencils have erasers!) - just keep trying and growing!



