WHAT TO EXPECT: Light bleeding, bruising, swelling, and discharge is normal and will subside. Your jewelry might feel tight in the piercing intitially, but will loosen as it heals.

DO:

- Spray with sterile saline 3-5 times per day, especially after showering or physical activity
- Let warm water run over the piercing in the shower daily.
- Leave the piercing and jewelry alone completely.

DO NOT:

- Touch, bump, snag or sleep directly on your piercing at all while it is healing.
- Pick off any crusty material. Let it loosen and fall off in a hot shower.
- Use alcohol, peroxide, tea tree oil, soaps, ointments, or anything other than saline spray and water on your piercing.
- Swim or submerge your piercing in pools, baths, saunas, or bodies of water until fully healed.

CHECK-UP: Your piercing was performed with a post that is slightly longer than the width of your anatomy to give room for swelling to occur. Once the swelling subsides, return for a check-up appointment to see if your piercing is ready for a shorter post. We waive any service fees for checkups, but each shorter post is \$60 for solid 14k gold or \$15 for titanium.

APPROX. HEAL TIMES: Earlobes: 3-4 months, Ear Cartilage & Nostril: 6-12 months, Septum: 2-3 months, Nipples & Navel: 9-12 months, Eyebrow: 3-4 months, Lip: 3-4 months, Bridge: 4-6 months, Genital: consult with your piercer

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PIERCER:	DATE:CHECK-UP:
PIERCING:	JEWELRY:

Installing Threaded Jewelry



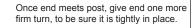
The front piece detaches from the post by turning counter-clockwise & is held in place by threads.



Insert the threading into post and turn clockwise.



Continue turning clockwise until end begins to tighten down into post.



☐ Installing Threadless Jewelry



The front piece detaches from the post by pulling the two pieces apart & is held in place by tension.



Insert the pin 1/3 of the way into the hole in the post.



Bend pin SLIGHTLY as shown. *more bend = tighter tension*



Push end all the way in until flat against post. Tug very gently to check that it is secure.

Jewelry Care Tips: It is important to be mindful of your jewelry when doing any type of physical activity, removing clothing, showering, using towels, etc... If your jewelry is hit or snagged it can potentially loosen, pull out of your piercing, or break. If your jewelry needs repair, simply bring it to the shop and we will be happy to get it fixed for you. Despite our greatest efforts, we can not guarantee that you jewelry will not come loose, fall out, or break. We will not be responsible for lost jewelry and will not be able to provide replacements or refunds of any kind. With proper daily care, you are not likely to experience any issues.





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