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## Top Food Finds of 2020: Low-Sugar Chocolate Treats, Snacks Made from Beans & More

DEC 21 2020

As 2020 comes to a close, we're looking back at all the yummy items that got us through this year. These are the most-clicked food finds from Hungry Girl emails, as chosen by YOU, the HG fans...



### Lily's Milk Chocolate Style Caramel Popcorn

28g: 120 calories, 8g total fat (4g sat fat), 75mg sodium, 18g carbs, 9g fiber, <1g sugars, 1g protein -- [SmartPoints®](#) value 5\*

You couldn't click quick enough when it came to these chocolatey popcorn bites! Each popped kernel of caramel corn is thickly coated with Lily's low-sugar chocolate, so each bite tastes more like candy than a piece of popcorn. [Click to find](#) it in stores!

### RightRice Medley

1/3 cup dry: 170 - 190 calories, 1.5 - 2.5g total fat (0g sat fat), 290 - 390mg sodium, 33 - 34g carbs, 5g fiber, 2 - 4g sugars, 8g protein -- [SmartPoints®](#) value 5\*

RightRice keeps coming out with new varieties that catch our attention (and yours!) every time. This year brought the release of RightRice Medley, which pairs classic veggie-based RightRice with ancient grains and more veggies. (The limited-edition holiday varieties were also a HUGE hit... If you see them in stores, stock up STAT.) [Find RightRice in stores](#), or [get it from Amazon](#).



### Vintage Italia Penne Straws

1 oz. (about 33 pieces): 140 calories, 8g total fat (0.5 - 1g sat fat), 110 - 160mg sodium, 13 - 14g carbs, 1g fiber, 1 - 2g sugars, 0 - 1g protein -- [SmartPoints®](#) value 5\*

We love these creative snacks, and clearly YOU do too! They look and taste like crunchy pasta, but they're made from lentils and white beans, making them gluten free. Plus, they come in flavors we adore, like Cinnamon Churro, Mac 'N Cheese, and our beloved Marinara. [Order from the brand's website](#), or [stock up on 12-packs via Amazon](#).

### Tumaro's Carb Wise Wraps

8-inch wrap: 60 - 80 calories, 1.5 - 3g total fat (0g sat fat), 70 - 260mg sodium, 11 - 15g carbs, 6 - 8g fiber, 0 - 2g sugars, 3 - 9g protein -- [SmartPoints®](#) value 1 - 2\*

We're always looking for low-carb wraps and tortillas, and so are the HG fans. The 8-inch lineup features wraps as low as 60 calories, with filling fiber and slim carb counts. Best of all? They taste great and come in SO MANY FLAVORS. [Track them down](#) in stores, or [stock up on Amazon](#).



### Al Dente Pasta Company Carba-Nada Egg Fettuccine

1 1/2 cups (2 oz.) dry: 170 calories, 1.5g total fat (0g sat fat), 15mg sodium, 24g carbs, 7g fiber, 2g sugars, 15g protein -- [SmartPoints®](#) value 4\*

Speaking of low-carb, this pasta is a HIT. After seeing recommendations in the HG community, we gave it a try... and we're so glad we did! There are a few different flavor varieties -- oh, hello, Roasted Garlic -- and you can [find it in stores](#) or [order on Amazon](#). (Dry pasta lasts a long time, so go ahead and stock up!)








### Pasokin PB Bites

1 unit: 70 calories, 4 - 4.5g total fat (0.66 - 0.69g sat fat), 65 - 75mg sodium, 8g carbs, <1g fiber, 6g sugars, 2g protein -- [SmartPoints®](#) value 3\*

These incredible peanut butter treats are super popular, and we're not surprised: Just 70 calories, portion controlled, and they taste spectacular! They're not available in stores but are sooooo worth ordering online. Get the [original PB](#) or the [chocolatey flavor](#)... Oh, who are we kidding? Go ahead and order both.



## Honorable Mentions: More Finds You Love!

 <b>The Good Crisp Company Potato Crisps</b>	 <b>Healthy Choice Power Dressings</b>	 <b>PeaTos</b>	 <b>SkinnyDipped Peanuts in Peanut Butter &amp; Jelly</b>
 <b>Foster Farms Smart Crust Pizza</b>	 <b>Green Giant Veggie Fries &amp; Rings</b>	 <b>MorningStar Farms Incogmeato Mickey Mouse Shaped Chik'n Nuggets</b>	

And that's all we've got. 'Til next time... Chew the right thing!

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## Chew on this:

Today, December 21st, is National French Fried Shrimp Day. Allow us to suggest this faux-fried [Sweet Coconut Crunch Shrimp](#).



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