



Home > Food News: Food Finds & Diet News > Peanut Butter Snacks, Monk Fruit Sweetener, Bean-Based Tortilla Chips



Peanut Butter Snacks, Monk Fruit Sweetener, Bean-Based Tortilla Chips

Spotted on Shelves... Amazon Edition!



Pasokin PB Bites

1 unit: 70 calories, 4 - 4.5g total fat (0.66 - 0.69g sat fat), 65 - 75mg sodium, 8g carbs, <1g fiber, 6g sugars, 2g protein -- [SmartPoints®](#) value 3*

Portion-controlled candy fix! Inspired by a famous Brazilian treat, [these rich bites of PB deliciousness](#) come individually wrapped and have just a few main ingredients. All natural, vegan friendly, gluten free... YES! [Click here](#) to order the Original Recipe on Amazon; [click here](#) for Cocoa Crunch.

Health Garden Classic All-Natural Monk Fruit Sweetener

1 tsp.: 0 calories, 0g total fat (0g sat fat), 0mg sodium, 4g carbs, 0g fiber, 0g sugars, 0g protein -- [SmartPoints®](#) value 0*

Stevia swap! Have you been watching [Lisa's Facebook Live videos](#) lately? If so, you may have heard her mention a monk fruit sweetener that she's been using (like in [her reduced-sugar whipped coffee](#)). This is it! Monk fruit sweetener is plant-based and virtually calorie free. [This product](#) mixes monk fruit extract with erythritol for a great-tasting blend that measures cup for cup like sugar. It's great in drinks, recipes... anywhere you'd use stevia or sugar!



Hippeas Organic Chickpea Tortilla Chips

1 oz.: 150 - 160 calories, 9 - 10g total fat (1g sat fat), 240 - 330mg sodium, 13 - 15g carbs, 3g fiber, 1g sugars, 3g protein -- [SmartPoints®](#) value 5*

Bean-based snacks are a hot trend right now, and we're not mad about it. Taste [these perfectly crunchy chips](#) made with chickpea flour, and you'll be pretty pleased too! In Straight Up Sea Salt, Jalapeño Vegan Cheddar, and Rockin' Ranch, they're available exclusively in Whole Foods stores and on Amazon. [Place your order ASAP...](#)



FYI: We may receive affiliate compensation from some of these links.



BEFORE YOU GO...

Sign up for Hungry Girl daily emails. Never miss a recipe!

SUBSCRIBE!



Chew on this:

Today, April 27th, is National Prime Rib Day. If you want a steak dinner at home, we've got [just the recipe...](#)



Your pals are sick of the same old eats. Click "Send to a Friend" to freshen up their stash.

SEND TO A FRIEND ▶



LIKE HG

FOLLOW HG

FOLLOW HG

FOLLOW HG

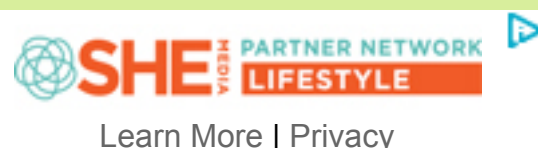
SUBSCRIBE

We may have received free samples of food, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

SmartPoints® value* not what you expected? We follow the same method as WW (formerly known as Weight Watchers) when calculating the value of a recipe: We add up the [SmartPoints®](#) values* of the individual ingredients using the Recipe Builder, not the calculator. (Many foods have a value of zero and remain zero in recipes.)

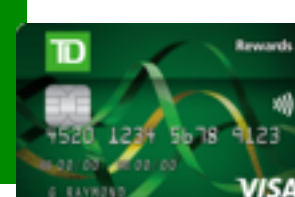
*The [SmartPoints®](#) values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the [SmartPoints®](#) trademark.

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.



[Learn More](#) | [Privacy](#)

The TD Rewards Visa® Card



and when you travel there

