

PURNA MAMA BEAR PRENATAL (SUGAR FREE) GUMMIES (PRODUCT INFORMATION)

SCHEDULING STATUS:

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PROPRIETARY NAME AND DOSAGE FORM:

Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies.

COMPOSITION:

Active Ingredient	Each 3-gram gummy contains:
Vitamin A (Retinyl Palmitate)	273 IU
Vitamin B1 (Thiamine HCl)	0.14 mg
Vitamin B2 (Riboflavin)	0.16 mcg
Vitamin B3 (Niacinamide)	18 mg
Vitamin B6 (Pyridoxine HCl)	2 mg
Vitamin B7 (D-Biotin)	17.5 mcg
Vitamin B12 (Cyanocobalamin)	4.7 mcg
Vitamin C (Ascorbic Acid)	48 mg
Vitamin D3 derived from Lichen (Cholecalciferol)	1000 IU
Vitamin E (Tocopherol from Sunflower oil)	22 IU
Vitamin K1 (Phylloquinone)	24 mcg
Vitamin K2 (as Menaquinone-7)	16 mcg
Folate	500 mcg DFE
Choline (Choline Bitartrate)	55 mg
Iodine (Potassium Iodide)	150 mcg
Zinc (Zinc Citrate)	3.9 mg
Selenium (Sodium Selenite)	14 mcg
Total Omega Fatty Acids (from Flaxseed Extract, Plant Based)	150 mg
Inositol (Inositol Niacinate)	5 mg

Other ingredients; Purified water, fructooligosaccharides (FOS), gelling agent: pectin (E 440i), citric acid (E 330), acidity regulator: trisodium citrate (E 331), natural flavouring (organic cranberry fruit pulp), natural colourant (carmine and beetroot), sodium chloride 25mg.

Contains inverted sugars.

PHARMACOLOGICAL ACTION:

Health supplement containing vitamins and minerals to help the body perform optimally.

INDICATIONS:

Adding Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies to the diet may improve health in a number of ways:

- helps to support immune health
- helps to promote healthy sleep
- helps to support brain and eye foetal development

CONTRA-INDICATIONS:

Hypersensitivity to any ingredients in Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies.

Not suitable for children under 14 years old.

WARNINGS AND SPECIAL PRECAUTIONS:

Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies should not be used as a substitute for a varied diet. A healthy lifestyle and a balanced diet are essential for staying in good health.

INTERACTIONS:

No interaction studies have been performed.

SAFETY IN PREGNANCY AND LACTATION:

Safety in pregnancy and lactation has not been established. Pregnant and breastfeeding women should consult a doctor, pharmacist, or other healthcare professional before taking Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies.

DOSAGE AND DIRECTIONS FOR USE:

Not for use in children under 14 years old

Adults and children older than 14 years: As a health supplement, take one (1) Vita-Aid™ Purna Mama Bear Prenatal Sugar Free gummy daily.

SIDE-EFFECTS:

No known side effects to Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies have been observed.

IDENTIFICATION:

Clear, red coloured, cranberry-flavoured bear-shaped gummy.

PRESENTATION:

Thirty individually wrapped gummies packed in a clear PET container with a white tamper proof screw-off lid.

STORAGE INSTRUCTIONS:

Store in cool, dry place at or below 21°C.

KEEP OUT OF REACH OF CHILDREN

REGISTRATION NUMBER:

Not allocated.

NAME AND ADDRESS OF APPLICANT:

Vita-Aid (Pty) Ltd
111 Central Street, Houghton Estate
Johannesburg,
2198
South Africa

DATE OF PUBLICATION OF THIS LEAFLET:

June 2022.

Complementary Medicine: Health Supplement

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This unregistered health supplement has not been evaluated by the South African Health Products Regulatory Authority for its quality, safety or intended use.

PURNA MAMA BEAR PRENATAL (SUGAR FREE) GUMMIES (PRODUK INLIGTING)

BYLAE STATUS:

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EIENDOMSNAAM EN DOSEERVORM:

Vita-Aid™ Purna Mama Bear Prenatal Sugar Free Gummies.

SAMESTELLING:

Aktiewe Bestanddeel	Elke 3-gram gometjie bevat:
Vitamiën A (Retinielpalmitaat)	273 IU
Vitamiën B1 (Tiamien HCl)	0.14 mg
Vitamiën B2 (Riboflaviën)	0.16 mcg
Vitamiën B3 (Niasienamied)	18 mg
Vitamiën B6 (Piridoksien HCl)	2 mg
Vitamiën B7 (D-Biotien)	17.5 mcg
Vitamiën B12 (Sianokobalamien)	4.7 mcg
Vitamiën C (Askorbiensuur)	48 mg
Vitamiën D3 van plant Korsmos (Kolekalsiferol)	1000 IU
Vitamiën E (Tokoferol van Sonneblomoile)	22 IU
Vitamiën K1 (Fillokinoon)	24 mcg
Vitamiën K2 (Menaquinoon-7)	16 mcg
Folaat	500 mcg DFE
Cholien (Cholien Bitarraat)	55 mg
Jodium (Kaliumjodied)	150 mcg
Sink (Sinksitraat)	3.9 mg
Selenium (Natriumseleniet)	14 mcg
Totale Omega-vetsure (van Vlasaadekstrak)	150 mg
Inositol (Inositol Niasienaat)	5 mg

Andere bestanddele: Gesuiwerde water, fruktoooligosakkariëde (FOS), geleermiddel: pektien (E 440i), sitroensuur (E 330), suurreguleerder: trinatriumsitraat (E 331), natuurlike geurmiddel (organiese rooibosbessievrugpulp), natuurlike kleurstof (karmyn en beet), natriumchloried 25mg.

Bevat omgekeerde suikers.

FARMAKOLOGIESE EIENSKAPPE:

Gesondheidsaanvulling wat vitamiene en minerale bevat om die liggaam te help om optimaal te presteer.

INDIKASIES:

Die toevoeging van Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjies by die dieet kan gesondheid op 'n aantal maniere verbeter:

- help om immuungesondheid te ondersteun
- help om gesonde slaap te bevorder
- help om brein- en oog fetale ontwikkeling te ondersteun

KONTRAINDIKASIES:

Hipersensitiwiteit vir enige bestanddele in Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjies. Nie geskik vir kinders onder 14 jaar oud nie.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS:

Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjies moet nie as 'n plaasvervanger vir 'n gevarieerde dieet gebruik word nie. 'n Gesonde leefstyl en 'n gebalanseerde dieet is noodsaaklik om in goeie gesondheid te bly.

INTERAKSIES:

Geen interaksiestudies is uitgevoer nie.

VEILIGHEID IN SWANGERSKAP EN BORSVOEDING:

Veiligheid tydens swangerskap en laktasie is nie vasgestel nie. Swanger en borsvoedende vrou moet 'n dokter, apteker of ander gesondheidswerker raadpleeg voordat hulle Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjies neem.

DOSERING EN METODE VAN TOEDIENING:

Nie vir gebruik deur kinders jonger as 14 jaar nie

Volwassenes en kinders ouer as 14 jaar: As 'n gesondheidsaanvulling, neem daagliks een (1) Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjie.

NEWE-EFFEKTE:

Geen bekende nuwe-effekte van Vita-Aid™ Purna Mama Bear Prenatal Suiker Vry Gometjies is waargeneem nie.

IDENTIFIKASIE:

Deurskynende, rooikleurige, rooibosbessie geurde beevormige gometjie.

VOORLEGGING:

Dertig individueel toegedraaide gometjies verpak in 'n deursigtige PET-houer met 'n wit peuterbestande afskroefdeksel.

BERGINGSINSTRUKSIES:

Berg in 'n koel, droë plek by of onder 21°C.

HOÛ BUIE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Nie toegeken nie.

NAAM EN ADRES VAN REGISTRASIEHOUER:

Vita-Aid (Pty) Ltd
111 Central Straat
Houghton Estate, Johannesburg,
2198
Suid-Afrika

HIERDIE PAMFLET IS LAAS HERSIEN IN:

Junie 2022.

Komplementêre Medisyne: Gesondheidsaanvulling

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