

PURNA BRIGHT AS DAY GUMMIES

(PRODUCT INFORMATION)

SCHEDULING STATUS:

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PROPRIETARY NAME AND DOSAGE FORM:
Vita-Aid™ Purna Bright as Day Gummies.

COMPOSITION:

Active Ingredient	Each 3-gram gummy contains:
Vitamin C (Ascorbic Acid)	150 mg
Vitamin D3 derived from Lichen (Cholecalciferol)	400 IU
Vitamin B6 (Pyridoxine HCl)	0.5 mg
Vitamin B12 (Cyanocobalamin)	2 mcg
Vitamin B7 (D-Biotin)	12 mcg
Zinc (Zinc Citrate)	0.5 mg
Manganese (Manganese Gluconate)	0.12 mg

Other ingredients; Purified water, Sweetener (rice-based Glucose), Sugar, Gelling agent: Pectin (E 440i), Citric Acid (E 330), Acidity Regulator: Trisodium citrate (E 331), Natural Flavouring (Organic Orange Fruit Pulp), Natural Colourant (Annatto and Carotenes), Sodium Chloride 10mg.

Contains one gram of sugar per gummy.

PHARMACOLOGICAL ACTION:

Health supplement containing vitamins and minerals to help the body perform optimally.

INDICATIONS:

Adding Vita-Aid™ Purna Bright as Day Gummies to the diet may improve health in a number of ways:

- helps to protect cells against oxidative damage caused by free radicals
- helps to support the immune function
- helps keep bones, teeth, and muscles healthy

CONTRA-INDICATIONS:

Hypersensitivity to any ingredients in Vita-Aid™ Purna Bright as Day Gummies.
Not suitable for children under 14 years old.

WARNINGS AND SPECIAL PRECAUTIONS:

Vita-Aid™ Purna Bright as Day Gummies should not be used as a substitute for a varied diet. A healthy lifestyle and a balanced diet are essential for staying in good health.

INTERACTIONS:

No interaction studies have been performed.

SAFETY IN PREGNANCY AND LACTATION:

Safety in pregnancy and lactation has not been established. Pregnant and breastfeeding women should consult a doctor, pharmacist, or other healthcare professional before taking Vita-Aid™ Purna Bright as Day Gummies.

DOSAGE AND DIRECTIONS FOR USE:

Not for use in children under 14 years old

Adults and children older than 14 years: As a health supplement, take one (1) Vita-Aid™ Purna Bright as Day gummy daily.

SIDE-EFFECTS:

No known side effects to Vita-Aid™ Purna Bright as Day Gummies have been observed.

IDENTIFICATION:

Clear, orange coloured, orange-flavoured bear-shaped gummy.

PRESENTATION:

Thirty individually wrapped gummies packed in a clear PET container with a white tamper proof screw-off lid.

STORAGE INSTRUCTIONS:

Store in cool, dry place at or below 21°C.

KEEP OUT OF REACH OF CHILDREN

REGISTRATION NUMBER:

Not allocated.

NAME AND ADDRESS OF APPLICANT:

Vita-Aid (Pty) Ltd
111 Central Street, Houghton Estate
Johannesburg,
2198
South Africa

DATE OF PUBLICATION OF THIS LEAFLET:

June 2022.

Complementary Medicine: Health Supplement

V01.08.22PGBADPIL

This unregistered health supplement has not been evaluated by the South African Health Products Regulatory Authority for its quality, safety or intended use.

PURNA BRIGHT AS DAY GUMMIES

(PRODUK INLIGTING)

BYLAE STATUS:

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EIENDOMSNAAM EN DOSEERVORM:

Vita-Aid™ Purna Bright as Day Gummies.

SAMESTELLING:

Aktiewe Bestanddeel	Elke 3-gram gometjie bevat:
Vitamiën C (Askobiensuur)	150 mg
Vitamiën D3 van plant Korsmos (Kolekalsiferol)	400 IU
Vitamiën B6 (Piridoksien HCl)	0.5 mg
Vitamiën B12 (Sianokobalamien)	2 mcg
Vitamiën B7 (D-Biotien)	12 mcg
Sink (Sinksitraat)	0.5 mg
Mangaan (Mangaan Glukonaat)	0.12 mg

Ander bestanddele: Gesuiwerde water, versoeter (rysgebaseerde glukose), suiker, gelmiddel: pektien (E 440i), sitroensuur (E 330), suurreguleerder: trinatriumsitraat (E 331), natuurlike geurmiddel (organiese lemoen vrugtepulp), natuurlike kleurstof (annatto en karotene), natriumchloried 10mg.

Bevat een gram suiker per gometjie.

FARMAKOLOGIESE EIENSAPPE:

Gesondheidsaanvulling wat vitamieën en minerale bevat om die liggaam te help om optimaal te presteer.

INDIKASIES:

Die toevoeging van Vita-Aid™ Purna Bright as Day Gometjies by die dieet kan gesondheid op 'n aantal maniere verbeter:

- help om selle te beskerm teen oksidatiewe skade wat deur vrye radikale veroorsaak word
- help om die immuunfunksie te ondersteun
- help om bene, tande en spiere gesond te hou

KONTRAINDIKASIES:

Hipersensitiwiteit vir enige bestanddele in Vita-Aid™ Purna Bright as Day Gometjies.
Nie geskik vir kinders onder 14 jaar oud nie.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS:

Vita-Aid™ Purna Bright as Day Gometjies moet nie as 'n plaasvervanger vir 'n gevarieerde dieet gebruik word nie. 'n Gesonde leefstyl en 'n gebalanseerde dieet is noodsaaklik om in goeie gesondheid te bly.

INTERAKSIES:

Geen interaksiestudies is uitgevoer nie.

VEILIGHEID IN SWANGERSKAP EN BORSVOEDING:

Veiligheid tydens swangerskap en laktasie is nie vasgestel nie. Swanger en borsvoedende vroue moet 'n dokter, apteker of ander gesondheidswerker raadpleeg voordat hulle Vita-Aid™ Purna Bright as Day Gometjies neem.

DOSERING EN METODE VAN TOEDIENING:

Nie vir gebruik deur kinders jonger as 14 jaar nie

Volwasse en kinders ouer as 14 jaar: As 'n gesondheidsaanvulling, neem daagliks een (1) Vita-Aid™ Purna Bright as Day Gometjie.

NEWE-EFFEKTE:

Geen bekende nuwe-effekte van Vita-Aid™ Purna Bright as Day Gometjies is waargeneem nie.

IDENTIFIKASIE:

Deurskynende, oranjekleurige, lemoengegeurde beervormige gometjie.

VOORLEGGING:

Dertig individueel toegedraaide gometjies verpak in 'n deursigtige PET-houer met 'n wit peuterbestande afskroefdeksel.

BERGINGSINSTRUKSIES:

Berg in 'n koel, droë plek by of onder 21°C.

HOÛ BUITE BEREIK VAN KINDERS

REGISTRASIE NOMMER:

Nie toegeken nie.

NAAM EN ADRES VAN REGISTRASIEHOUER:

Vita-Aid (Pty) Ltd
111 Central Straat
Houghton Estate, Johannesburg,
2198
Suid-Afrika

HIERDIE PAMFLET IS LAAS HERSIEN IN:

Junie 2022.

Komplementêre Medisyne: Gesondheidsaanvulling

V01.08.22PGBADPIL

Hierdie ongeregisteerde gesondheidsaanvulling is nie deur die Suid-Afrikaanse Gesondheidsprodukte Regulerende Owerheid geëvalueer vir sy kwaliteit, veiligheid of beoogde gebruik nie.