

PURNA GOOD MORNING SUNSHINE GOMMETJIES

(PATIËNTINLIGTINGSBLAD)

KOMPLEMENTÊRE MEDISYNE.

D 34.12 Meervoudige Stofformulering. Hierdie ongeregisteerde medisyne is nie deur die SAHPRA geëvalueer vir die gehalte, veiligheid of beoogde gebruik daarvan nie.

SKEDULERINGSSTATUS

S0

PURNA GOOD MORNING SUNSHINE GOMMETJIES

Lees die hele inligtingsblad noukeurig deur, want dit bevat belangrike inligting vir jou. **PURNA GOOD MORNING SUNSHINE** is beskikbaar sonder 'n dokter se voorskrif vir jou om jou gesondheid te handhaaf.

Nietemin moet jy steeds **PURNA GOOD MORNING SUNSHINE** versigtig neem om die beste resultate daaruit te kry.

- Bewaar hierdie inligtingsblad. Jy sal dit dalk weer moet lees.
- Moenie **PURNA GOOD MORNING SUNSHINE** met enigiemand anders deel nie.
- Vra jou gesondheidsorgverskaffer of apteker as jy meer inligting of advies benodig.

WAT IS IN HIERDIE INLIGTINGSBLAD

1. Wat **PURNA GOOD MORNING SUNSHINE** is en waarvoor dit gebruik word.
2. Wat jy moet weet voordat jy **PURNA GOOD MORNING SUNSHINE** neem.
3. Hoe om **PURNA GOOD MORNING SUNSHINE** te neem.
4. Moontlike nuwe-effekte.
5. Hoe om **PURNA GOOD MORNING SUNSHINE** te bêre.
6. Inhoud van die pakkie en ander inligting.

1. WAT PURNA GOOD MORNING SUNSHINE IS EN WAARVOOR DIT GEBRUIK WORD.

PURNA GOOD MORNING SUNSHINE is 'n gesondheidsaanvulling vir die handhawing van goeie gesondheid en gesonde metabolisme.

2. WAT JY MOET WEET VOORDAT JY PURNA GOOD MORNING SUNSHINE NEEM.

Moenie PURNA GOOD MORNING SUNSHINE neem nie:

- As jy hipersensitief (allergies) is vir enige van die bestanddele (sien wat **PURNA GOOD MORNING SUNSHINE** bevat).
- As jy aan hoë bloeddruk ly.
- As jy aan hoë vlakke van vitamien D in jou bloed (Hypervitaminosis D) ly.
- As jy aan hoë bloedvlakke van kalsium (hiperkalsemie) ly.
- As jy aan hoë urienvlakke van kalsium (hiperkalsiurie) ly.
- As jy aan 'n immuunstelsel wat jou lewer, longe, vel of limfknope aantast (Sarcodiosis) ly.
- As jy aan niersiektes of nierstene soos nefrolithiasis, nefrokalsinose, ens ly.
- As jy onder die ouderdom van 18 jaar is.
- As jy swanger is of jou baba borsvoed.
- As jy aan diabetes ly.

WAARSKUWINGS EN VOORSORGMATREËLS

Moenie die aanbevole daaglikse dosis oorskry nie.

Hierdie produk is nie geskik vir adolessente en kinders jonger as 18 jaar nie.

As jy swanger is of borsvoed, dink jy is dalk swanger of beplan om 'n baba te hê, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u **PURNA GOOD MORNING SUNSHINE** neem.

Gebruik **PURNA GOOD MORNING SUNSHINE** met omsigtigheid:

- As jy aan 'n niersiekte ly.
- As jy aan 'n hartkwaal of hoë bloeddruk ly.
- As jy aan 'n bloedings-versteuring ly, aangesien dit die effekte van warfarin kan verhoog en sodoende die risiko van bloeding en kneusing verhoog. Staak die gebruik van **PURNA GOOD MORNING SUNSHINE** ten minste 2 weke voor enige geskeduleerde operasie.
- As jy aan diabetes mellitus ly, aangesien dit bloedsuikervlakke buitensporig kan verhoog.
- As jy 'n onderaktiewe skildklier het, aangesien dit die doeltreffendheid van tiroïed-hormoonterapie verhoog wat lei tot verhoogde nuwe-effekte.

Moenie hierdie produk gebruik as jou dokter jou ingelig het dat jy vir sekere suikers onverdraagsaam is nie.

ANDER MEDISYNE EN PURNA GOOD MORNING SUNSHINE

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medisyne ook gebruik.

(Dit sluit alle aanvullende medisyne, gesondheidsaanvullings of tradisionele medisyne in.)

Moenie **PURNA GOOD MORNING SUNSHINE** gebruik saam met:

- Hartmedisyne: hartglykosiede soos digoksien.
- Tiasieddiuretika wat gebruik word om hoë bloeddruk te behandel.
- Kortikosteroïed steroïedhormone.
- Lakseermiddels soos paraffien-olie kan die absorpsie van vitamien D verminder.
- Colestiramine 'n cholesterolverlagende medisyne.
- Antistomiddels / Anti-plaatjies (medikasie wat gebruik word om die bloed te verdun).
- Anti-diabetes (medikasie wat gebruik word om diabetes mellitus te behandel – hoë suikervlakke in die bloed).

Gebruik **PURNA GOOD MORNING SUNSHINE** versigtig wanneer jy:

- Fluorokinolone en tetrasiklene (medikasie wat gebruik word om infeksies te behandel).
- Penisillamien (medikasie wat gebruik word om rumatoïede artritis en Wilson se siekte te behandel).
- Anti-hipertensiewe middels (medikasie wat gebruik word om hoë bloeddruk te behandel).
- Bisfosfonate (medikasie wat gebruik word om osteoporose te behandel).
- Skildklier-hormone (medikasie wat gebruik word om 'n onderaktiewe skildklier te behandel).
- Chlorokien (medikasie wat gebruik word om malaria te behandel).
- Kalsiumkanaalblokkeerders (medikasie wat gebruik word om hoë bloeddruk te behandel).

PURNA GOOD MORNING SUNSHINE MET KOS, DRANK EN ALKOHOL

PURNA GOOD MORNING SUNSHINE kan met of sonder kos geneem word.

SWANGERSKAP, BORSVOEDING EN VRUGBAARHEID

Moenie **PURNA GOOD MORNING SUNSHINE** neem as jy swanger is of jou baba borsvoed nie.

Veiligheid en doeltreffendheid van **PURNA GOOD MORNING SUNSHINE** tydens swangerskap en borsvoeding is nie vasgestel nie.

BESTUUR EN GEBRUIK VAN MASJINERIE

PURNA GOOD MORNING SUNSHINE sal waarskynlik nie jou vermoë beïnvloed om take uit te voer wat jou aandag vereis nie.

3. HOE OM PURNA GOOD MORNING SUNSHINE TE NEEM.

Moenie jou medisyne met enige ander persoon deel nie.

Neem altyd **PURNA GOOD MORNING SUNSHINE** presies soos beskryf in hierdie pamflet, of soos jou dokter of apteker jou aangeraai het. Bevestig met jou dokter of apteker as jy nie seker is nie.

Die gewone dosis is:

Volwasse 18 jaar en ouer: Neem een (1) gommetjie een keer per dag, of soos voorgeskryf deur 'n gesondheidsorgverskaffer. As jy voel dat die effek van **PURNA GOOD MORNING SUNSHINE** te sterk of te swak is, vertel jou dokter of apteker.

Moenie die aanbevole dosis oorskry nie.

PURNA GOOD MORNING SUNSHINE kan met of sonder kos geneem word.

As jy meer PURNA GOOD MORNING SUNSHINE neem as wat jy moet.

In die geval van 'n oordosis, raadpleeg jou dokter of apteker. Indien nie een beskikbaar is nie, kontak die naaste hospitaal of gif kontaksentrum.

As jy vergeet om PURNA GOOD MORNING SUNSHINE te neem

As jy vergeet om jou **PURNA GOOD MORNING SUNSHINE** te neem, neem dit sodra jy onthou en gaan dan voort met die volgende dosis soos aangedui. Moenie 'n dubbeldosis neem om vergete individuele dosisse in te haal nie.

4. MOONTLIKE NUWE-EFFEKTE

PURNA GOOD MORNING SUNSHINE kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir **PURNA GOOD MORNING SUNSHINE** aangemeld is, is in hierdie pamflet ingesluit nie. Sou jy algemene gesondheid vererger of as jy enige nadelige effekte ervaar terwyl jy **PURNA GOOD MORNING SUNSHINE** neem, raadpleeg asseblief jou gesondheidsorgverskaffer vir advies.

As enige van die volgende gebeur, hou op om PURNA GOOD MORNING SUNSHINE te neem en vertel jou dokter dadelik of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- Swelling van die hande, voete, enkels, gesig, lippe, mond of keel, wat probleme kan veroorsaak om te sluk of asem te haal.
- Erge uitslag of jeuk.
- Dit is alles baie ernstige nuwe-effekte. As jy hulle het, het jy dalk 'n ernstige allergiese reaksie gehad op **PURNA GOOD MORNING SUNSHINE**. Jy benodig dalk dringende mediese aandag of hospitalisasie.

Vertel jou dokter dadelik of gaan na die ongevalle-afdeling by jou naaste hospitaal as jy let op enige van die volgende:

- **Frekwensie onbekend:** beslaglegging (aanvalle) by mense met aanvalversteurings.

Dit is alles ernstige nuwe-effekte. Jy benodig dalk dringende mediese hulp.

Vertel jou dokter as jy enige van die volgende opmerk:

- **Dikwels:** Lomerigheid en moegheid.
- **Frekwensie onbekend:** Naarheid (voel naar).
- **Frekwensie onbekend:** Opgeblasenheid, abdominale krampe, of maagpyn.
- **Frekwensie onbekend:** Sooi-brand, dispepsie, gastritis, maagversteuring.
- **Frekwensie onbekend:** Braking.
- **Frekwensie onbekend:** Diarree (loperig, los stoelgang), hardlywigheid, winderigheid.
- **Frekwensie onbekend:** Veluitslag.
- **Minder gereeld:** Spierswakheid, hoofpyn, duiseligheid, lighoofdigheid.
- **Minder gereeld:** Lae bloeddruk, onreëlmatige hartklop.

Indien u enige nuwe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief u dokter of apteker in kennis.

Aanmelding van nuwe-effekte

As jy nuwe-effekte kry, brespreek dit met jou dokter of apteker. Jy kan ook nuwe-effekte by SAHPRA rapporteer via die "**6.04 Adverse Drug Reactions Reporting Form**", aanlyn gevind onder SAHPRA se publikasies: <https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van **PURNA GOOD MORNING SUNSHINE** te verskaf.

5. HOE OM PURNA GOOD MORNING SUNSHINE TE BÊRE.

- Bêre alle medisyne buite bereik van kinders.
- Bêre in 'n koel, droë plek by of onder 25°C.
- Bêre in die oorspronklike houër.
- Hou die houër dig toe na gebruik.
- Beskerm teen lig en vog.
- Moenie in die badkamer bêre nie.
- Moet nie na die vervaldatum, soos op die etiket of houër aangedui is, gebruik word nie.
- Gee alle ongebruikte medisyne terug na u apteker.
- Moenie ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) weggooi nie.

6. INHOUD VAN DIE PAKKIE EN ANDER INLIGTING.

WAT PURNA GOOD MORNING SUNSHINE BEVAT

Elke gommetjie bevat:

Die aktiewe stowwe is:	
Retinielpalmitaat (Vitamien A).....	1363 IU
Askorbiëpalmiit (Vitamien C).....	45 mg
Cholekalsiferol (Vitamien D3).....	800 IU
D-Alfa-Tokoferol (Vitamien E).....	30 IU
Tiamien HCL (Vitamien B1).....	380 µg
Riboflavin (Vitamien B2).....	400 µg
Niasinamied (Vitamien B3).....	5 mg
Piridoksien HCl (Vitamien B6).....	2mg
Folienasuur (Vitamien B9).....	100 µg DFE
Sianokobalamien (Vitamien B12).....	3 µg
D-Biotien (Vitamien B7).....	375 µg
Kalsium-D-pantotenaat (Vitamien B5).....	2 mg
Magnesiumsitraat.....	10 mg
Voorsiening van Magnesium (elementeel)....	0.5 mg
Kaliumjodied.....	750 µg
Voorsiening van jodium (elementeel).....	75 µg
Sinksitraat.....	2 mg
Voorsiening van sink (elementeel).....	20 mg
Omega 3 (Vlasaadolie).....	120 mg
L-Glutatioon.....	100 mg

Die ander bestanddele is gesuiwerde water, nie-kunsmatige versoeter (mielie-gebaseerde vloeibare glukose), suiker (E473), ektien (E440), sitroensuur (E330), 3H-olie (FF140), natriumbawas (E903), gumme-siklodekstrien (E458), trinatriumsitraat (E331), geurmiddel, kleursel, natriumchloried.

HOE LYK PURNA GOOD MORNING SUNSHINE EN INHOUD VAN DIE PAK

Rooi, aarbei-gegeurde individueel toegedraaide gommetjies.

PURNA GOOD MORNING SUNSHINE word in 'n deursigtige PET-plastiekbottel met 'n ruit peuterbestande afskroefdeksel verpak.

Pakgrootte: 30 Gommetjies.

HOUER VAN SERTIFIKAAT VAN REGISTRASIE

Vita-Aid (Edms.) Bpk

Central Straat 111

Houghton Estate

Johannesburg

2198

Suid-Afrika

info@vita-aid.co.za

HIERDIE PAMFLET IS LAAS IN HERSIEN

November 2023.

REGISTRASIENOMMER

Word by registrasie deur SAHPRA toegeken.

TOEGANG TOT DIE OOREENSTEMMDE PROFESSIONELE INLIGTING

Die professionele inligting vir **PURNA GOOD MORNING SUNSHINE** is beskikbaar op <https://www.vita-aid.co.za/purna-good-morning-sunshine/> of kan aangevra word by die kontakbesonderhede hierbo.

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PURNA GOOD MORNING SUNSHINE GUMMIES

(PATIENT INFORMATION LEAFLET)

COMPLEMENTARY MEDICINE

D 34.12 Multiple Substance Formulation. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS

S0

PURNA GOOD MORNING SUNSHINE GUMMIES

SUGAR/SWEETENER STATUS: Contains Sugar 2.02 g.

Read all of this leaflet carefully because it contains important information for you.

PURNA GOOD MORNING SUNSHINE is available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to take **PURNA GOOD MORNING SUNSHINE** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share **PURNA GOOD MORNING SUNSHINE** with anyone.
- Ask your healthcare provider or pharmacist if you need more information or advice.

WHAT IS IN THIS LEAFLET

1. What **PURNA GOOD MORNING SUNSHINE** is and what it is used for.
2. What you need to know before you take **PURNA GOOD MORNING SUNSHINE**.
3. How to take **PURNA GOOD MORNING SUNSHINE**.
4. Possible side effects.
5. How to store **PURNA GOOD MORNING SUNSHINE**.
6. Contents of the pack and other information.

1. WHAT PURNA GOOD MORNING SUNSHINE IS AND WHAT IT IS USED FOR

PURNA GOOD MORNING SUNSHINE is a health supplement for maintenance of good health and healthy metabolism.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE PURNA GOOD MORNING SUNSHINE

Do not take **PURNA GOOD MORNING SUNSHINE**:

- If you are hypersensitive (allergic) to any of the ingredients (see **WHAT PURNA GOOD MORNING SUNSHINE CONTAINS**).
- You suffer from high blood pressure.
- You suffer from high levels of vitamin D in your blood (Hypervitaminosis D).
- You suffer from high blood levels of calcium (Hypercalcaemia).
- You suffer from high urine levels of calcium (Hypercalcaemia).
- You suffer from an immune system that affects your liver, lungs, skin or lymph nodes (Sarcoidosis).
- You suffer from kidney diseases or kidney stones such as nephrolithiasis, nephrocalcinosis, etc.
- You are under the age of 18 years.
- You are pregnant or breastfeeding your baby.
- You are suffering from diabetes.

WARNINGS AND PRECAUTIONS

Do not exceed the recommended daily dosage.

This product is not suitable for adolescents and children below 18 years of age.

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other healthcare provider for advice before taking **PURNA GOOD MORNING SUNSHINE**.

Use **PURNA GOOD MORNING SUNSHINE** with caution:

- If you suffer from a kidney disease.
- If you suffer from a heart condition or high blood pressure.
- If you suffer from a bleeding disorder, as it may increase effects of warfarin thereby increasing the risk of bleeding and bruising. Discontinue use of **PURNA GOOD MORNING SUNSHINE** at least 2 weeks before any scheduled surgery.
- If you suffer from diabetes mellitus, as it may excessively increase blood sugar levels.
- If you have an under-active thyroid gland, as it may increase the effectiveness of thyroid hormone therapy resulting in increased side effects.

Do not use this product if your doctor has informed you that you are intolerant to certain sugars.

OTHER MEDICINES AND PURNA GOOD MORNING SUNSHINE

Always tell your healthcare provider if you are taking any other medicine.

(This includes all complementary medicines, health supplements or traditional medicines.)

Do not use **PURNA GOOD MORNING SUNSHINE** with:

- Heart medicines: cardiac glycosides such as digoxin.
- Thiazide diuretics used to treat high blood pressure.
- Corticosteroid steroid hormones.
- Laxatives such as paraffin oil may reduce the absorption of vitamin D.
- Colestyramine a cholesterol lowering medicine.
- Anticoagulants/Anti-platelets (medication used to thin the blood).
- Anti-diabetes (medication used to treat diabetes mellitus – high sugar levels in the blood).

Use **PURNA GOOD MORNING SUNSHINE** with care when taking:

- Fluoroquinolones and tetracyclines (medication used to treat infections).
- Penicillamine (medication used to treat rheumatoid arthritis and Wilson's disease).
- Anti-hypertensives (medication used to treat high blood pressure).
- Bisphosphonates (medication used to treat osteoporosis).
- Thyroid hormones (medication used to treat an under active thyroid gland).
- Chloroquine (medication used to treat malaria).
- Calcium channel blockers (medication used to treat high blood pressure).

PURNA GOOD MORNING SUNSHINE WITH FOOD, DRINK AND ALCOHOL

PURNA GOOD MORNING SUNSHINE can be taken with or without food.

PREGNANCY, BREASTFEEDING AND FERTILITY

Do not take **PURNA GOOD MORNING SUNSHINE** if you are pregnant or breastfeeding your baby. Safety and efficacy of **PURNA GOOD MORNING SUNSHINE** during pregnancy and breastfeeding have not been established.

DRIVING AND USING MACHINERY

PURNA GOOD MORNING SUNSHINE is not likely to affect your ability in performing tasks requiring your attention.

3. HOW TO TAKE PURNA GOOD MORNING SUNSHINE

Do not share your medicines with any other person.

Always take **PURNA GOOD MORNING SUNSHINE** exactly as described in this leaflet, or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

The usual dose is:

Adults 18 years and older: Take one (1) gummy once daily, or as prescribed by a healthcare provider. If you feel that the effect of **PURNA GOOD MORNING SUNSHINE** is too strong or too weak, tell your doctor or pharmacist.

Do not exceed the recommended dosage.

PURNA GOOD MORNING SUNSHINE can be taken with or without food.

If you take more PURNA GOOD MORNING SUNSHINE than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take PURNA GOOD MORNING SUNSHINE

If you forget to take your **PURNA GOOD MORNING SUNSHINE**, take them as soon as you remember and then continue with the next dose as instructed. Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

PURNA GOOD MORNING SUNSHINE can have side effects.

Not all side effects reported for **PURNA GOOD MORNING SUNSHINE** are included in this leaflet.

Should your general health worsen or if you experience any untoward effects while taking **PURNA GOOD MORNING SUNSHINE**, please consult your healthcare provider for advice.

If any of the following happens, stop taking PURNA GOOD MORNING SUNSHINE and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of the hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing.
- Severe rash or itching.

These are all very serious side effects. If you have them, you may have had a serious allergic reaction to **PURNA GOOD MORNING SUNSHINE**. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:

- **Frequent:** Drowsiness, and tiredness.
- **Frequency unknown:** Nausea (feeling nauseous).
- **Frequency unknown:** Bloating, abdominal cramps or stomach pains.
- **Frequency unknown:** Heartburn, dyspepsia, gastritis, stomach upset.
- **Frequency unknown:** Vomiting.
- **Frequency unknown:** Diarrhoea (runny, loose stool), constipation, flatulence.
- **Frequency unknown:** Skin rash.
- **Less frequent:** Muscle weakness, headache, dizziness, light-headedness.
- **Less frequent:** Low blood pressure, irregular heartbeat.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the **"6.04 Adverse Drug Reactions Reporting Form"**, found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of **PURNA GOOD MORNING SUNSHINE**.

5. HOW TO STORE PURNA GOOD MORNING SUNSHINE

- Store all medicines out of reach of children.
- Store in a cool, dry place at or below 25°C.
- Store in the original container.
- Keep the container tightly closed after use.
- Protect from light and moisture.
- Do not store in the bathroom.
- Do not use after the expiry date stated on the label or container.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. CONTENTS OF THE PACK AND OTHER INFORMATION

WHAT PURNA GOOD MORNING SUNSHINE CONTAINS

The active substances are:

Each gummy contains:

Retinyl Palmitate (Vitamin A).....	1363 IU
Ascorbic Acid (Vitamin C).....	45 mg
Cholecalciferol (Vitamin D3).....	800 IU
D-Alpha-Tocopherol (Vitamin E).....	30 IU
Thiamine HCL (Vitamin B1).....	380 µg
Riboflavin (Vitamin B2).....	400 µg
Niacinamide (Vitamin B3).....	5 mg
Pyridoxine HCl (Vitamin B6).....	2mg
Folic Acid (Vitamin B9).....	100 µg DFE
Cyanocobalamin (Vitamin B12).....	3 µg
D-Biotin (Vitamin B7).....	375 µg
Calcium-D-pantothenate (Vitamin B5).....	2 mg
Magnesium Citrate.....	10 mg
Providing Magnesium (elemental).....	0.5 mg
Potassium Iodide.....	750 µg
Providing Iodine (elemental).....	75 µg
Zinc Citrate.....	20 mg
Providing Zinc (elemental).....	2 mg
Omega 3 (Flaxseed oil).....	120 mg
L-Glutathione.....	100 mg

The other ingredients are purified water, non-artificial sweetener (corn-based liquid glucose), sugar (E473), pectin (E440), citric acid (E330), 3H oil (FF140), carnauba wax (E903), gamma cyclodextrin (E458), trisodium citrate (E331), flavour, colourant, sodium chloride.

WHAT PURNA GOOD MORNING SUNSHINE LOOKS LIKE AND CONTENTS OF THE PACK

Red, strawberry flavoured individually wrapped gummies.

PURNA GOOD MORNING SUNSHINE is packed inside a clear PET plastic bottle with a white tamper-resistant cap.

Pack Size: 30 Gummies.

HOLDER OF CERTIFICATE OF REGISTRATION

Vita-Aid (Pty) Ltd
111 Central Street
Houghton Estate
Johannesburg
2198
South Africa
info@vita-aid.co.za

THIS LEAFLET WAS LAST REVISED IN

November 2023.

REGISTRATION NUMBER

To be allocated by SAHPRA upon registration.

ACCESS TO THE CORRESPONDING PROFESSIONAL INFORMATION

The Professional Information for **PURNA GOOD MORNING SUNSHINE** is available on <https://www.vita-aid.co.za/purna-good-morning-sunshine/> or can be requested from the contact details above.

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