

INSTAZEN®

CLINICAL APPLICATIONS

- Reduces excitatory brain chemicals
- Increase GABA, a calming neurotransmitter
- Lowers the stress hormone, cortisol
- Protects brain cells and boosts neural function

Dihydrohonokiol-B (Water soluble DHH-B), derived from the magnolia bark tree, produces an anti-anxiety effect and works to promote relaxation. DHH-B boosts levels of GABA, a neurotransmitter that calms the brain and mind. Due to its powerful antioxidant properties, DHH-B lowers oxidative stress in the brain. DHH-B also activates cannabinoid receptors which have a hand in immune system, pain relief, and disease prevention. Additionally, the recent development of water-soluble DHH-B enhances its digestibility, ensuring improved absorption and effectiveness for anxiety relief.

MOOD



DISCUSSION

Regen Labs InstaZen® is a combination of ingredients designed to steer your brain chemistry to a more calm and relaxed state.

Valerian Root provides an effective strategy to promote relaxation and reduce anxiety

Safranal is one of the most potent antioxidants on Earth. At the end of a scientific study, participants who received safranal reported reduced depression scores and improved social relationships.

L-Theanine is a non-proteinaceous amino acid that helps significantly reduce stress-related symptoms¹.

NUTRITION FACTS

SUPPLEMENT FACTS		
Serving Size: 1 Capsule		
Servings Per Container: 30		
	Amount Per Serving	%DV
InstaZen® Mood Blend		
Valerian Root Powder	470mg	*
L-Theanine		
Saffron Extract 2% Safranal		
Dihydrohonokial-B (DHH-B)		
Water Soluble		

*Daily Value Not Established

OTHER INGREDIENTS:
Vegetable Capsule (Hyprymellose) NuMag
(rice Extract)

DIRECTIONS: Take 1 capsule daily or as needed. Do not exceed more than 2 capsules in a 24h period.

REFERENCE

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3. Rempel V, Fuchs A, Hinz S, et al. Magnolia Extract, Magnolol, and Metabolites: Activation of Cannabinoid CB2 Receptors and Blockade of the Related GPR55. *ACS Med Chem Lett*. 2012;4(1):41-45. Published 2012 Nov 14. doi:10.1021/ml1300235q
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5. Akhondzadeh, S., Tahmacebi-pour, N., Noorbala, A. A., et al. (2021). Effects of Saffron Extract on Sleep Quality: A Randomized Double-Blind Controlled Clinical Trial. *Journal of Clinical Pharmacy and Therapeutics*, 28(6), 555-559. <https://doi.org/10.1111/jcpt.12311>
6. Lopresti A. L., Drummond, P.D., & Inarejos-Gracia, A. M. (2020). Effects of Saffron Extract Supplementation on Mood, Well-Being, and Response to a Psychosocial Stressor in Healthy Adults: A Randomized, Double-Blind, Parallel Group, Clinical Trial. *Journal of Clinical Psychopharmacology*, 40(6), 602-610. <https://doi.org/10.1097/JCP.0000000000001314>

+These statements have not been evaluated by The Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.