PRADIANCE ' 100% Natural Organic Skincare





Inspired by Nature, Africa and Women

We are inspired.

We are inspired by the natural world we all live in, Africa, and the universe that extends beyond it, both inwards and outwards, to the moon and back.

And because we are inspired, we've created a unique combination - a meeting point between science and nature that makes natural beauty accessible to those who inspire us most - the women we've developed Pradiance for.

We are inspired, by you.



Good for You & Our Earth

When you use natural ingredients on your skin, it responds with health, vibrancy and vitality. The proof is in the radiant, healthy glow of your complexion.





"At Pradiance, we care about the good health and longevity of your skin. That's why we only include the purest ingredients in our products. Ingredients that are 100% organic."

With over 30 years in the skincare industry as an entrepreneur and international trainer, Caro is the founder of Pradiance, Natural Organic Skincare.

Caro is a devoted mother, and has a relentlessly positive influence on those trying to help South Africa be more environmentally-conscious. Caro's career has been one of conscious positivity.

Caro learnt about Kigelia and its remarkable healing ability on sun damaged skin in 1998, and this was the inspiration for Pradiance, her luxurious natural skincare brand.

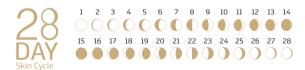
Caro Copeland, Founder of Pradiance



The Pradiance Way

Inspired by the moon and its endless cycle of renewal, the 'Pradiance Way' is about the connection to nature and the regenerative power it provides. We consider the 28-day skin cycle, which happens to be the same as the moon's cycle.

By taking care of mind, body and spirit in the healthiest way possible, we begin to notice a dramatic effect, both internally and externally, which results in more radiant skin.





Science-based, Natural & Organic

Our organic skincare range is scientifically formulated, containing Kigelia and other specially selected plant ingredients that are sustainably sourced and certified natural.

Residue from pesticides sprayed over crops can find their way into skincare products. That's precisely why we've chosen to provide you with clean skincare using only certified organic ingredients.

In fact, our organic ingredients are GMO free and organically grown, and we avoid all synthetic chemical preservatives, colourants and fragrances.

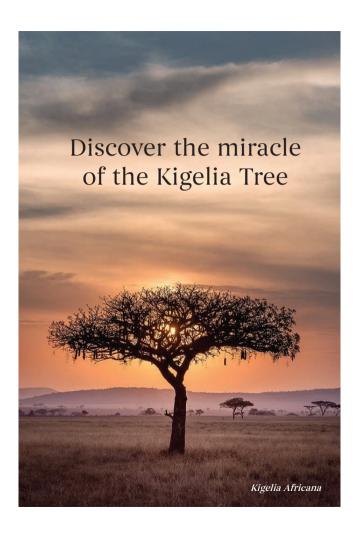










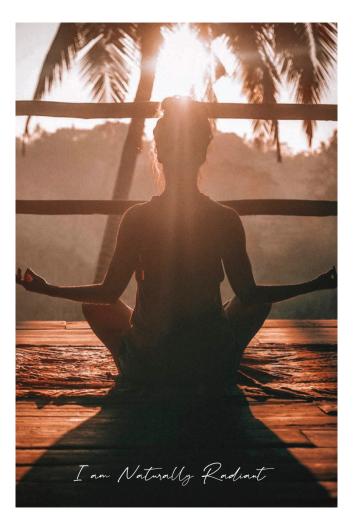




Powerful African Botanicals

We've included a selection of powerful African botanicals in our formulation, each of which are known for their anti-ageing qualities, healing effects and their ability to improve scar tissue and blemishes.

- Kigelia Africana Sustainably sourced from the Kigelia tree's fruit, Kigelia is a near miraculous botanical that is hailed for its healing and firming properties, and long been a staple of African pharmacology. Rich in antioxidants, promotes elasticity, treats sun damage and contains anti-ageing properties.
- Kalahari Melon Seed Oil High in Omega 6 & 9, stimulates skin cell growth and regeneration.
- Aloe Vera Soothing, anti-inflammatory and healing active.
- Shea Fruit Oil Emollient, softens and improves skin condition.
- Jojoba Seed Oil Emollient, softens skin and effective in improving skin conditions.
- Squalane Emollient, silky smooth touch and improves skin barrier.
- Sesame Seed Oil Emollient, rich in antioxidants.



Equally Important, Inside & Outside

The importance of a healthy life is vital for radiant skin. When we invest in ourselves, the results are seen and felt over time.

When we care for our health through regular exercise, time spent in nature, meditation and yoga, eating organic food and living a more balanced life, the cells and tissues in our bodies respond by performing optimally and helping us look vibrant.



Find Your Ritual

Born out of prayerful reflection, 'Pradiance' encourages you to live the Pradiance Way. That is, to align your lifestyle with what your body, mind, spirit and skin needs.

When Pradiance products are used as part of the Pradiance Way daily ritual, they have a proven long-term effect of naturally:

- · Improving skin health and vitality
- Increasing firmness and skin elasticity
- · Assisting in treating sun-damaged skin
- · Gently balancing uneven skin tone
- · Reducing and improving scar tissue
- Reducing the appearance of dark marks and spots, blemishes and skin discolouration
- · Hydrating the skin



100% Natural & Organic Sunscreen

Suitable for all skin types. Contains Zinc Oxide (non-nano) and high-quality plant extracts known for their anti-oxidant qualities.

Key features:

- Certified, with broad-spectrum UVA & UVB protection, this mineral sunscreen reflects and refracts sunlight which prevents the absorption of UV-A and -B as much as possible. It allows us to refrain from using potentially harmful chemical sun filters.
- Water-resistant, moisturising, non-greasy, and non-pore clogging.
- Leaves a sheer, non-shiny finish on your skin.
- Protects against climatic stresses such as wind, cold, and saltwater
- · Reef safe.

Nourish

skin anv further.

If you have a dry (oil dry) skin type, cleansing should be as gentle as possible to ensure that you don't dehydrate your





Morning Routine

- Cleansing Milk
 Use your Cleansing Milk as you
 would a face wash, adding water
 to emulsify before rinsing it away.
 Let go of anything that is negative
 while breathing in the good.
- Balancing Facial Toner
 Avoid wasteful cotton wool. Simply
 spritz this directly onto your skin
 or into the palm of your hand and
 gently pat onto the skin. Inhale
 its calming scent and sink into a
 moment of bliss.
- Supreme C+ Serum
 Apply one pump of our Rosehip rich
 Supreme C + Serum to your face,
 neck & décolleté. Follow with your
 Pradiance Day Cream. Alternatively,
 it can be mixed with your Day
 Cream.

Radiant Repair Mask (optional)

This is your go-to when you feel like your skin needs an extra helping of nourishment. It can be worn under your day cream if your skin is feeling very dry.

- Ultra Rich Day Cream
 Use the moment you gently apply this to your skin to remind yourself that you are unique and deserving of love and care.
- 6 Sun Stick SPF30
 We recommend using a high
 sun protection factor daily. It is
 your best line of defence against
 premature ageing.



- 1 Cleansing Milk
- 2 Balancing Facial Toner
- 3 Illuminating Night Serum (1 or 2 pumps)
 Gently apply to your skin. It'll do its best work at night when your skin is prime for renewal.

- Exfoliating Clay Mask with
 Activated Charcoal
 Apply a generous layer to freshly
 cleansed skin. Leave on for the
 recommended time according to
 "How to use" on your tube. The
 Kaolin, Activated Charcoal and Fruit
 Enzymes work their magic. Expect a
 flushed, rosy glow and warm feeling
 for 25 minutes after you have
 removed the Clay. Follow with your
 Radiant Repair Mask or day care.
- Radiant Repair Mask
 Follow your Exfoliating Clay Mask
 with Activated Charcoal, with Radiant
 Repair Mask. Apply a generous
 amount to the entire face, neck and
 décolleté and leave on for 15 minutes.
 Use this time to relax while focusing
 on all the good you'd like to manifest
 and watch it come to life.

Hydrate dehvdrated skin

Dry skin is a skin type, but dehydrated skin is a condition that can affect anyone, even those with oily skin. Causes can include air conditioning, insufficient water consumption, cold weather and skincare products that are too harsh and strip the skin. Cleansing should be as gentle as possible to ensure that you don't strip your skin any further. You can then apply a deeply hydrating moisturiser to rehydrate as well as seal in your skin's own natural moisture.



Morning Routine

- Cleansing Milk (or Face Wash)
 Use your Cleansing Milk as you
 would a face wash, adding water
 to emulsify before rinsing it away.
 Let go of anything that is negative
 while breathing in the good.
- Balancing Facial Toner
 Avoid wasteful cotton wool. Simply
 spritz this directly onto your skin
 or into the palm of your hand and
 gently pat onto the skin. Inhale
 its calming scent and sink into a
 moment of bliss.
- Supreme C+ Serum
 Apply one pump of our Rosehip rich
 Supreme C + Serum to your face &
 neck. Follow with your Day Cream.
 Alternatively, it can be mixed with
 your Pradiance day cream.

- Day Cream for Dry & Dehydrated Skin (or Ultra Rich Day Cream)
 Use the moment you gently apply this to your skin to remind yourself that you are unique and deserving of love and care.
- Sun Stick SPF30
 We recommend using a high
 sun protection factor daily. It is
 your best line of defence against
 premature ageing.



- Cleansing Milk (or Face Wash)
- 2 Balancing Facial Toner
- 3 Illuminating Night Serum
 (1 or 2 pumps)
 Gently apply to your skin. It'll do
 its best work at night when your
 skin is prime for renewal, but can
 be used during the day too.

- Exfoliating Clay Mask with
 Activated Charcoal
 Apply a generous layer to freshly
 cleansed skin. Leave on for the
 recommended time according to
 "How to use" on your tube. The
 Kaolin, Activated Charcoal and Fruit
 Enzymes work their magic. Expect a
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 Radiant Repair Mask or day care.
- Radiant Repair Mask
 Follow your Exfoliating Clay Mask
 with Activated Charcoal, with Radiant
 Repair Mask. Apply a generous
 amount to the entire face, neck and
 décolleté and leave on for 15 minutes.
 Use this time to relax while focusing
 on all the good you'd like to manifest
 and watch it come to life.

Soothe

sensitive skin

Sensitive skin may react to factors like irritants in products, synthetic chemicals, mineral oils, extreme weather and heat. Cleansing should be as gentle as possible to ensure that the skin isn't stripped. Follow with a gentle, hydrating toner and moisturisers that have been specially developed to calm and sooth your skin.





Morning Routine

Cleansing Milk

Use your Cleansing Milk as you would a face wash, adding water to emulsify before rinsing it away. Let go of anything that is negative while breathing in the good.

- Balancing Facial Toner
 Avoid wasteful cotton wool. Simply
 spritz this directly onto your skin
 or into the palm of your hand and
 gently pat onto the skin. Inhale
 its calming scent and sink into a
 moment of bliss.
- Supreme C+ Serum (Optional)
 Apply one pump of our Rosehip rich
 Supreme C + Serum to your face &
 neck. Follow with your Day Cream.
 Alternatively, it can be mixed with
 your Pradiance Day Cream.

- Day Cream for Sensitive Skin
 Use the moment you gently
 apply this to your skin to remind
 yourself that you are unique and
 deserving of love and care.
- 5 Sun Stick SPF30
 We recommend using a high
 sun protection factor daily. It is
 your best line of defence against
 premature ageing.



- 1 Cleansing Milk
- 2 Balancing Facial Toner
- 3 Illuminating Night Serum
 (1 or 2 pumps)
 Gently apply to your skin. It'll do
 its best work at night when your
 skin is prime for renewal, but can
 be used during the day too.

- 1 Exfoliating Clay Mask with Activated Charcoal Apply a generous layer to freshly cleansed skin. Leave on for the recommended time according to "How to use" on your tube. The Kaolin, Activated Charcoal and Fruit Enzymes work their magic. Expect a flushed, rosy glow and warm feeling for 25 minutes after you have removed the Clay. Follow with your Radiant Repair Mask or day care.
- 2 Radiant Repair Mask Follow your Exfoliating Clay Mask with Activated Charcoal, with Radiant Repair Mask. Apply a generous amount to the entire face, neck and décolleté and leave on for 15 minutes. Use this time to relax while focusing on all the good you'd like to manifest and watch it come to life

Balance

combination skin

Combination skin is typically dehydrated in the cheek area, with an oily T-panel (the forehead, nose and chin area). The correct cleansing products can help restore the balance. It's also important to use skincare free of potentially pore-clogging mineral oil and irritating artificial colour.





Morning Routine

- Face Wash (or Cleansing Milk)
 After gently cleansing, rinse this away. Let go of anything that is negative while breathing in the good.
- Balancing Facial Toner
 Avoid wasteful cotton wool. Simply
 spritz this directly onto your skin
 or into the palm of your hand and
 gently pat onto the skin. Inhale
 its calming scent and sink into a
 moment of bliss.
- Day Cream for Combination Skin
 Use the moment you gently apply this to your skin to remind yourself that you are unique and deserving of love and care.
- Sun Stick SPF30
 We recommend using a high
 sun protection factor daily. It is
 your best line of defence against
 premature ageing.



- Face Wash (or Cleansing Milk)
- 2 Balancing Facial Toner
- 3 Illuminating Night Serum
 (1 or 2 pumps)
 Gently apply to your skin. It'll do
 its best work at night when your
 skin is prime for renewal, but can
 be used during the day too.

- Exfoliating Clay Mask with Activated Charcoal Apply a generous layer to freshly cleansed skin. Leave on for the recommended time according to "How to use" on your tube. The Kaolin, Activated Charcoal and Fruit Enzymes work their magic. Expect a flushed, rosy glow and warm feeling for 25 minutes after you have removed the Clay. Follow with your Radiant Repair Mask or day care.
- Radiant Repair Mask
 Follow your Exfoliating Clay Mask with
 Activated Charcoal, with Radiant Repair
 Mask. Apply a generous amount to the
 entire face, neck and décolleté and
 leave on for 15 minutes. Use this time
 to relax while focusing on all the good
 you'd like to manifest and watch it
 come to life

Clear

Oily skin produces an excess of oil and, in some cases, blackheads and pimples will be present. This is why it's important to use skincare free of potentially pore-clogging mineral oil and irritating artificial colour.





Morning Routine

- Face Wash (or Cleansing Milk)
 After gently cleansing, rinse this away. Let go of anything that is negative while breathing in the good.
 - Balancing Facial Toner
 Avoid wasteful cotton wool. Simply
 spritz this directly onto your skin
 or into the palm of your hand and
 gently pat onto the skin. Inhale
 its calming scent and sink into a
 moment of bliss.
- Day Cream for Combination Skin
 Use the moment you gently apply

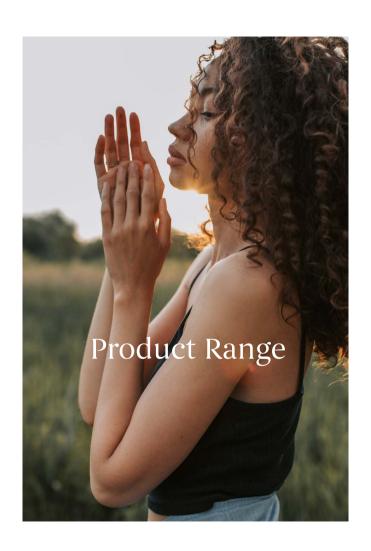
this to your skin to remind yourself that you are unique and deserving of love and care. Only a small amount of Day Cream is required.

4 Sun Stick SPF30
We recommend using a high
sun protection factor daily. It is
your best line of defence against
premature ageing.



- 1 Face Wash
- 2 Balancing Facial Toner
- 3 Illuminating Night Serum
 (1 or 2 pumps)
 Gently apply to your skin. It'll do
 its best work at night when your
 skin is prime for renewal, but can
 be used during the day too.

- Exfoliating Clay Mask with Activated Charcoal Apply a generous layer to freshly cleansed skin. Leave on for the recommended time according to "How to use" on your tube. The Kaolin, Activated Charcoal and Fruit Enzymes work their magic. Expect a flushed, rosy glow and warm feeling for 25 minutes after you have removed the Clay. Follow with your Radiant Repair Mask or day care.
- 2 Radiant Repair Mask Follow your Exfoliating Clay Mask with Activated Charcoal, with Radiant Repair Mask. Apply a generous amount to the entire face, neck and décolleté and leave on for 15 minutes. Use this time to relax while focusing on all the good you'd like to manifest and watch it come to life.





Cleansing Milk



Face Wash



Balancing Facial Toner



Supreme C+



Illuminating Night Serum



Ultra Rich Day Cream



Day Cream For sensitive skir



Day Cream For combination skin



Day Cream For dry & dehydrated



Radiant Repair Mask



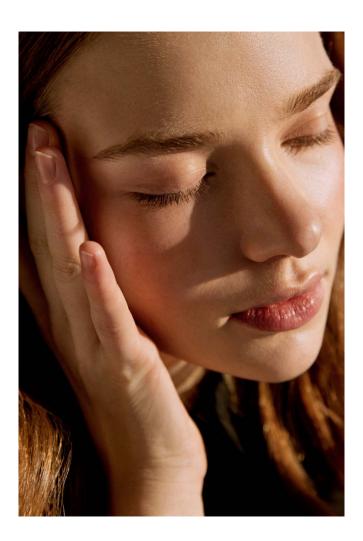
Exfoliating Clay Mask



Revive for Face & Body



SPF30 Sun Stick



"Effective, ethical and economical. Pradiance ticks all my boxes."

- "Almost immediately I could see definite improvements. By using these products I'm supporting a local company and helping to benefit a local community, the smell of the Pradiance products reminds me of walks through the fynbos, a true touch of nature. "
 - Debbie

























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Find Your Skin Type

Visit our website to identify your skin type and find the skincare ritual most suited to your needs. Try the Pradiance Way 28-Day Skin Challenge for best results.

pradiance.co.za



