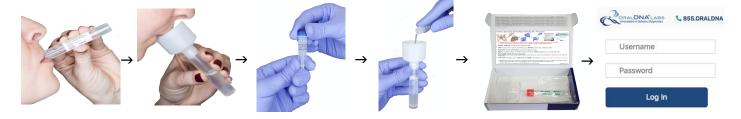


MyPerioPath® Collection Recommendations & Oral Rinse Collection Instructions

When following:	Wait before sample collection:
Use of over-the-counter oral care products	30 minutes
Use of prescription strength antimicrobial or antibiotic rinses such as Chlorhexidine or stannous fluoride products	24 hours
Dental procedures that disrupt biofilm such as scaling and root planing or prophylaxis	2 weeks
Administration of systemic antibiotics for pre-procedural medication or chronic medical conditions	No wait necessary
Administration of systemic antibiotics for acute conditions	6 weeks
Application of local antibiotics	4 weeks

Oral Rinse Collection Instructions:



- 1. VIGOROUSLY SWISH & GARGLE ALL 5 mL of saline solution for AT LEAST 30 SECONDS
- 2. SPIT saline into funneled collection tube; POUR preservative (blue cap) into collection tube
- 3. DISCARD funnel; SEAL collection tube with red cap
- 4. PRINT "Patient Name" & "DOB" on barcode label; AFFIX lengthwise onto collection tube
- 5. PACK box with bagged collection tube; CLOSE & SEAL box
- **6. LOGIN** to oraldna.com to **CREATE** and **SHIP** test order(s)

OralDNA® Labs MUST receive specimens within 21 DAYS from the collection date

DO NOT ingest preservative; if ingested, wash mouth with water and give small quantities of water to drink; do not induce vomiting; if preservative contacts skin or eyes, wash thoroughly with water; get medical attention if symptoms occur

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