

Beach Vacation Packing List

A beach vacation filled with sunshine, waves and sand is a relaxing way for many people. However, a pleasant beach trip often requires careful preparation, and a comprehensive packing list is the key to ensuring a smooth trip and avoiding regrets.

BEACH GEAR

- ☐ Beach towels
- ☐ Beach blanket
- ☐ Beach chairs
- ☐ Cooler
- ☐ Reusable water bottles
- ☐ Umbrella
- ☐ Pop-up beach tent
- ☐ Beach bag

CLOTHING & SHOES

- ☐ Swimsuits
- ☐ Cover-up
- ☐ Rash guard
- ☐ Sun hat
- ☐ Lightweight clothing
- ☐ Evening outfits
- ☐ Underwear
- ☐ Socks
- ☐ Pajamas

- ☐ Flip-flops
- ☐ Water shoes
- ☐ Comfortable walking shoes

SNACKS & MEALS

- ☐ Granola bars
- ☐ Nuts
- ☐ Dried fruits
- ☐ Sandwich supplies
- ☐ Pre-cut fruits and vegetables
- ☐ Disposable utensils
- ☐ Paper plates

SUN PROTECTION ITEMS

- ☐ Sunscreen
- ☐ Sunscreen lipsticks
- ☐ Wide-brimmed sun hat
- ☐ Sunglasses
- ☐ Sun protection jacket
- ☐ Moisturising spray
- ☐ Portable sun protection tent

PERSONAL CARE ITEMS

- ☐ Travel-sized shampoo and conditioner
- ☐ Toothpaste and toothbrush
- ☐ Body wash

- ☐ Facial cleanser
- ☐ Towel
- ☐ Mosquito repellent spray
- ☐ First aid kit
- ☐ After-sun lotion
- ☐ Hand sanitiser
- ☐ Wet wipes
- ☐ Laundry bags
- ☐ Travel-sized detergent

ENTERTAINMENT ITEMS

- ☐ Books
- ☐ Magazines
- ☐ Portable waterproof speaker
- ☐ Binoculars
- ☐ Portable cooler
- ☐ Bicycles
- ☐ Board games
- ☐ Frisbee
- ☐ Beach ball
- ☐ Waterproof camera
- ☐ GoPro
- ☐ Jackery Explorer 500 portable power station¹

PERSONAL DOCUMENTS

- ☐ Photo identification

¹ Jackery Explorer 500: <https://uk.jackery.com/products/explorer-500w-portable-power-station>

- ☐ Passport
- ☐ Insurance cards
- ☐ Credit cards
- ☐ Boarding passes
- ☐ Student IDs
- ☐ Maps or travel guides
- ☐ Extra outfit
- ☐ Money belt
- ☐ Hotel information
- ☐ Reservation information
- ☐ Emergency information

BEACH VACATION PACKING LIST FOR KIDS

- ☐ Children's swimsuits
- ☐ Daily changes
- ☐ Quick-drying short-sleeved shirts
- ☐ Beach slippers
- ☐ Non-slip water shoes
- ☐ Long-sleeved shirts
- ☐ Children's sunscreen
- ☐ Wide-brimmed sun hat
- ☐ Children's sunglasses (UV400 protection)
- ☐ Sun protection shirts
- ☐ Light jackets
- ☐ Comforting dolls
- ☐ Waterproof picture books
- ☐ Children's cameras
- ☐ Beach toys

- ☐ Snorkeling masks
- ☐ Simple telescope
- ☐ Water guns
- ☐ Portable snacks
- ☐ Folding bowls & spoons
- ☐ Portable kettle
- ☐ Bottle sterilisation bags
- ☐ Water bottle
- ☐ Children's toiletries
- ☐ First aid kit
- ☐ Wet wipes
- ☐ Diapers
- ☐ Pull-up pants
- ☐ Children's mosquito repellent spray
- ☐ Life-saving whistle
- ☐ Swimming armbands
- ☐ Earplugs
- ☐ Nose clips
- ☐ Name tag