

# 2023 FOOD SERVICE LIST



USA



# LEAVE THE EARTH BETTER THAN YOU FOUND IT

My parents championed mulching and composting on our family farm in the 1950s, and instilled in my brother and me an abiding love of nature. The triple-bottom line of sustainability, social responsibility and fiscal viability are deep values that drive Nature's Path. We're a family-run enterprise, one of only a handful of organic independents left, and we'll gratefully stay the course.

To us, authenticity means being true to our vision, walking the talk to the best of our ability, and extending a hand in need. Organics is a whole-systems approach that respects life and enhances health of people and planet, while scrupulously avoiding all toxic inputs and GMOs.

Credit for the growth and success of Nature's Path really belongs to our highly professional team of nearly 500 people who work daily to earn the continuing trust of our consumers and growers. It also belongs to the leadership of Ratana, my wife, companion and friend who has stood with me these past 46 years, as well as to our son, Arjan and daughter, Jyoti who have earned our trust for increasing responsibilities within the leadership circle.

A handwritten signature in white ink that reads "Arran & Ratana". The signature is fluid and cursive, with a large flourish under the "A" in "Arran".

Arran and Ratana Stephens  
Co-Founders





Hemp Hearts  
GRANOLA

ALWAYS  
ORGANIC

5g FIBER  
PER SERVING  
10g PROTEIN  
PER SERVING WITH MILK\*  
(PREPARED WITH 1/2 CUP SKIM MILK)



OWN AS  
GGESTION



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# NATURE'S PATH® BULK GRANOLA

A few of our favorite flavors available in 25lb bulk packs.



## Hemp Hearts

Fiber-dense hemp hearts and ALA Omega-3-rich flax seeds combined with crunchy whole grain oats with just a touch of sweetness.



25lb, 400oz bulk box



CASE UPC



10058449221286



## Coconut Chia

Crunchy clusters of organic oats, nutrient-dense coconut and fiber-rich chia seeds. This delicious granola is also an excellent source of ALA Omega-3.



25lb, 400oz bulk box



CASE UPC



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## Pumpkin Seed + Flax

Organic oats, protein-packed pumpkin seeds and ALA Omega-3-rich flax seeds with a sprinkle of cinnamon and sweetness.



25lb, 400oz bulk box



CASE UPC



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## Vanilla Almond + Flax

Rolled oats and nuggets of brown rice flour with delicious vanilla and almonds.



25lb, 400oz bulk box



CASE UPC



10058449880124



Coconut-Chai-Tropical-Smoothie-Bowl



# LOVE CRUNCH® BULK GRANOLA

A few of our favorite flavors available in 25lb bulk packs.



## Dark Chocolate & Red Berries

The rich blend of Fair Trade dark chocolate chunks, sea salt, freeze-dried berries and whole grain rolled oats delivers a memorable taste you just can't help but love.



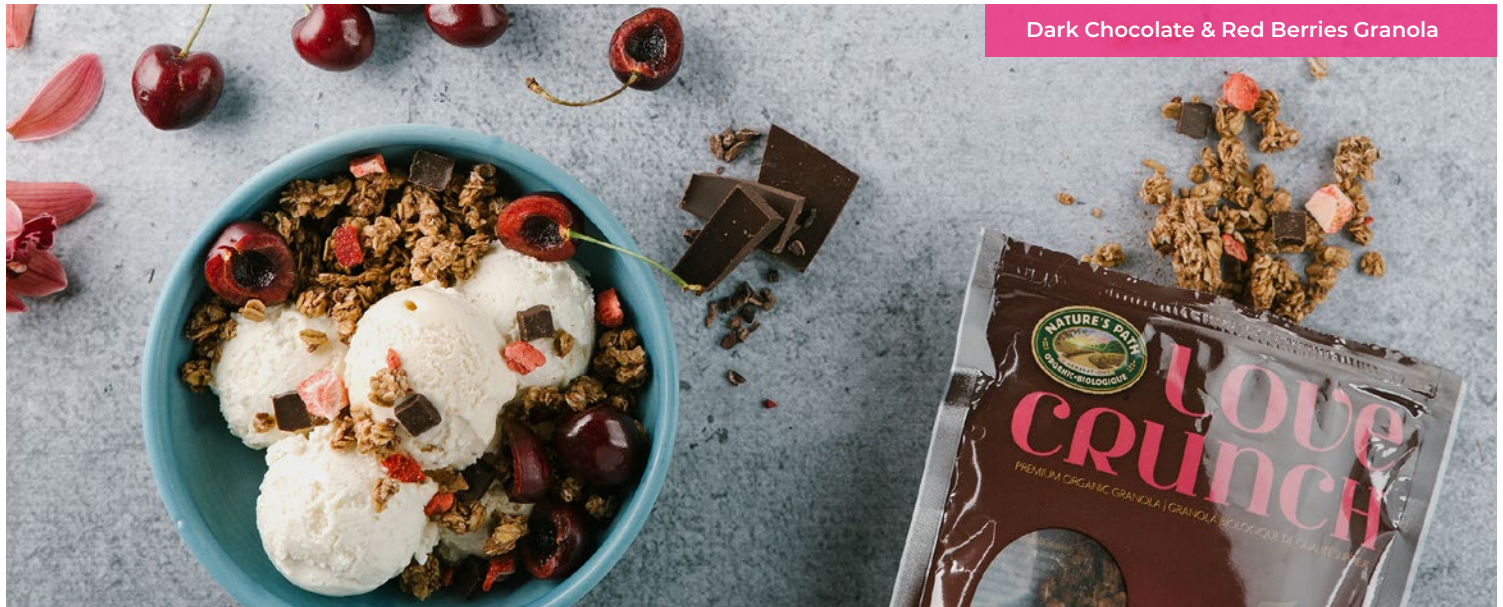
15lb, 240 oz bulk box



CASE UPC



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Dark Chocolate & Red Berries Granola

# LOVE CRUNCH® POUCHED GRANOLA

Delicious clusters of toasted whole grain rolled oats with indulgent inclusions. Plus, Love Crunch donates more than \$2 million per year worth of food through our Bite4Bite program to give back to communities in need.



## Dark Chocolate & Peanut Butter

Savor the sweet, nutty combination of fair trade chocolate chunks, whole grain oats and peanuts, that together deliver a perfect blend of flavor and hearty crunch with each bite.



case : 6 x 26.4 oz



CASE UPC



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## Dark Chocolate & Red Berries

The rich blend of Fair Trade dark chocolate chunks, sea salt, freeze-dried berries and whole grain rolled oats delivers a memorable taste you just can't help but love.



case : 6 x 26.4 oz



CASE UPC



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## NATURE'S PATH® POUCHED GRANOLA

The convenient zip-top pouch allows your gluten-free customers to eat well wherever they go!



### Honey Almond | **GLUTEN-FREE**

Organic clover honey, protein-packed almonds and Omega-3 rich chia seeds mixed with gluten-free and wheat-free whole grain oats.



case : 8 x 11 oz



CASE UPC



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## ENVIROKIDZ® BULK CEREAL

A few of our favorite flavors available in 15 lb and 10 lb bulk packs.



### Choco Chimps | **GLUTEN-FREE**

Organic corn puffs coupled with the rich flavor of Fairtrade cocoa. Gluten-free Choco Chimps offer 8 g per serving of the whole grain — and lightly sweetened puffs pack a chocolatey punch kids can't resist.



15 lb, 240 oz bulk box



CASE UPC



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### Koala Crisp | **GLUTEN-FREE**

The wholesome goodness of brown rice, paired with the irresistible flavor of milk chocolate. With 16 g of whole grains per bowl, these crispy rice puffs are certified organic, gluten free, and delicious.



10 lb, 160 oz bulk box



CASE UPC



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## ENVIROKIDZ® GLUTEN FREE ECO PAC CEREALS

Kid-friendly cereals, packed in our clear, eco-friendly, family-sized Eco Pacs; priced for added value. A portion of our sales are donated to endangered and vulnerable species, habitat conservation and environmental education for kids.



### Gorilla Munch® | **GLUTEN-FREE**

The satisfying crunch of certified organic puffed corn lightly glazed with organic cane sugar. Deliciously gluten free, these delightful puffs dish up 10 g of whole grains per serving with flavor sure to win over cereal lovers both big and small. An EnviroKidz® fan favorite!



case : 6 x 23.8 oz



CASE UPC



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# ENVIROKIDZ® GLUTEN FREE ECO PAC CEREALS

Kid-friendly cereals, packed in our clear, eco-friendly, family-sized Eco Pacs; priced for added value. A portion of our sales are donated to endangered species, habitat conservation and environmental education for Kids.



## Panda Puffs® | GLUTEN-FREE

A nutty take on our original puffed corn, these certified organic and gluten free puffs are packed with peanutty goodness. Delivering 9 g of whole grains per serving, they've got the wholesome ingredients moms want and the flavor kids can't resist.



case : 6 x 25.6 oz



CASE UPC



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## Koala Crisp® | GLUTEN-FREE

The wholesome goodness of brown rice paired with the irresistible flavor of milk chocolate. With an impressive 16 g of whole grains per bowl, these delicately crispy rice puffs are certified organic, gluten free, and - most importantly - delicious!



case : 6 x 24.7 oz



CASE UPC



10058449870132



Panda Puffs, Gorilla Munch, Koala Crisp

# NATURE'S PATH® ECO PAC CEREALS

Packed in our clear, environmentally sensitive, economy-sized Eco Pacs priced for added value.



## Corn Flakes - Fruit Juice Sweetened | **GLUTEN-FREE**

Crisp, golden, gluten-free flakes made of pure cornmeal, lightly sweetened with concentrated fruit juice.



case: 6 x 26.4 oz



CASE UPC



10058449600562



## Honey'd® Corn Flakes | **GLUTEN-FREE**

Crisp, golden, gluten-free flakes made of pure cornmeal with a mix of organic evaporated cane juice and honey.



case: 6 x 26.4 oz



CASE UPC



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## Mesa Sunrise® with Raisins | **GLUTEN-FREE**

Mesa Sunrise® with Raisins takes our best-selling gluten-free cereal, and adds juicy organic raisins.



case: 6 x 29.1 oz



CASE UPC



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## Mesa Sunrise® | **GLUTEN-FREE**

Our unique gluten-free and wheat free medley of corn, flax, and amaranth blended into crunchy, golden cereal flakes.



case: 6 x 26.4 oz



CASE UPC



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## Sunrise® Crunchy Vanilla | **GLUTEN-FREE**

NEW! A delicious warm real vanilla taste with a variety of crunchy textures like flakes, puffs and crispies make this a genuinely tasty gluten free breakfast.



case: 6 x 23.8 oz



CASE UPC



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## Whole O's™ | **GLUTEN-FREE**

Delicious gluten free O's of organic corn and whole grain rice, sweetened with pomegranate juice.



case: 6 x 26.4 oz



CASE UPC



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# NATURE'S PATH® ECO PAC CEREALS

Packed in our clear, environmentally sensitive, economy-sized Eco Pacs priced for added value.



## Flax Plus® Cinnamon

An exciting take on our best-selling high fiber and Omega-3 flake with a sweet cinnamon crunch taste.



case: 6 x 32 oz



CASE UPC



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## Heritage® Flakes

Our special blend of ancient grains, including KAMUT® khorasan wheat, barley, quinoa, and spelt are lightly sweetened with honey and evaporated cane juice; it also contains 6 grams of fiber.



case: 6 x 32 oz



CASE UPC



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## Flax Plus® Cinnamon

An exciting take on our best-selling high fiber and Omega-3 flake with a sweet cinnamon crunch taste.



case: 6 x 32 oz



CASE UPC



10058449771644



## Heritage® Flakes

Our special blend of ancient grains, including KAMUT® khorasan wheat, barley, quinoa, and spelt are lightly sweetened with honey and evaporated cane juice; it also contains 6 grams of fiber.



case: 6 x 32 oz



CASE UPC



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# NATURE'S PATH® OATMEAL CANISTERS

Make breakfast delicious and nutritious with these canisters.



## Old Fashioned

Old fashioned oats with a rich and nutty flavor.



case: 6 x 18 oz



CASE UPC



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## Instant Oats

Quick rolled oats for a breakfast ready in a minute.



case: 6 x 18 oz



CASE UPC



10729906219442



## Quick Cook Steel Cut Oatmeal

Pure steel cut oats for a nutritious breakfast.



case: 6 x 24 oz



CASE UPC



10729906219534



Quick Cook Steel Cut Oatmeal



# NATURE'S PATH® OATMEAL

We make good nutrition easy. Just pour boiling water onto heart-healthy, protein-rich instant oat flakes, and stir.



## Apple Cinnamon

Includes chunks of dried apple and a hint of cinnamon.



case: 6 x 14 oz



CASE UPC



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## Maple Nut

Offers crunchy pecans and delectable maple sugar.



case: 6 x 14 oz



CASE UPC



10058449450471



## Original

Nothing but delicious oats with zero sugar or salt added.



case: 6 x 14 oz



CASE UPC



10058449450457



## Original Regenerative Organic Certified

Start your day with oatmeal that fights climate change! The oats in our Regenerative Organic Oatmeal are grown in soil that sequesters carbon from the atmosphere.



case: 6 x 11.28 oz



CASE UPC



10058449211935



## Homestyle Gluten Free | **GLUTEN-FREE**

Gluten-free whole grain rolled oats.



case: 6 x 11.3 oz



CASE UPC



10058449450570

# NATURE'S PATH® HOT CUPS INSTANT OATMEAL

A healthy, delicious, and convenient range of oatmeal cups supercharged with chia, nuts, seeds, and fruit.



## Coconut Cashew

Delicious and organic oatmeal cups supercharged with coconut, roasted cashews, and chia seeds. Nature's Path Instant Hot Oatmeal Cups come in a convenient format that makes it easy to eat well every day.



case: 12 x 2 oz



CASE UPC



10058449184024



## Maple Pecan

Delicious and organic oatmeal cups charged with chia seeds, pecans, and maple sugar. Nature's Path Instant Hot Oatmeal Cups come in a convenient format that makes it easy to eat well every day.



case: 12 x 2 oz



CASE UPC



10058449184031



## Summer Berries Boost

Supercharged with fruit, chia seeds, and baobab powder that boost this oatmeal with taste and nutrition. Nature's Path Hot Oatmeal Cups come in a convenient format that makes it easy to eat well every day.



case: 12 x 2 oz



CASE UPC



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# NATURE'S PATH® SUPERFOOD INSTANT OATMEAL CUPS

Our Superfood oatmeal range is made exclusively with coconut sugar, with only 4-5g sugar/serving, and is boosted with premium superfood ingredients.



## Cacao Superfood

Rich and creamy cacao oats. Boosted with chia, coconut, MCT oil and lion's mane mushroom. Made with a base of steel cut oats, rolled oats and chia seeds for a rich and heartier texture.



case: 12 x 2 oz



CASE UPC



10058449204012



## Golden Turmeric Superfood

An invigorating blend of creamy oats and spices. Boosted with powerhouse ingredients turmeric, cinnamon, ginger and probiotics known to support immune health and blood sugar balancing functions of the body. Made with a base of steel cut oats, rolled oats and chia seeds for a rich and heartier texture.



case: 12 x 2 oz



CASE UPC



10058449204005



# NATURE'S PATH® TOASTER PASTRIES

Top seller in this category. Our Fair Trade certified pastries provide a healthier alternative, and are bursting with organic fruit — and some are topped with organic sweetened frosting.



## Frosted Berry Strawberry™

Deliciously organic and naturally flavored with real organic sun-ripened strawberries. Now Fairtrade Certified.



case: 12 x 11 oz



CASE UPC



1005844941000



## Unfrosted Berry Strawberry™

Deliciously organic and naturally flavored with real organic sun-ripened strawberry, without frosting. *Now Fairtrade Certified.*



case: 12 x 11 oz



CASE UPC



1005844941008



## Frosted Cherry Pomegranate

Tart-sweet flavor of organic cherry with the added benefit of concentrated pomegranate juice. *Now Fairtrade Certified.*



case: 12 x 11 oz



CASE UPC



10058449410154



Frosted Berry Strawberry

# NATURE'S PATH® TOASTER PASTRIES

Top seller in this category. Our Fair Trade certified pastries provide a healthier alternative, and are bursting with organic fruit — and some are topped with organic sweetened frosting.



## Frosted Granny's Apple Pie™

Deliciously organic and naturally flavored with real organic sun-ripened apple. **Now Fairtrade Certified.**



case: 12 x 11 oz



CASE UPC



10058449410024



## Frosted Mmmapple™ Brown Sugar

The homestyle flavors of grandma's kitchen. **Now Fairtrade Certified.**



case: 12 x 11 oz



CASE UPC



10058449410164



## Frosted Razzi Raspberry™

Deliciously organic and naturally flavored with real organic sun-ripened raspberries. **Now Fairtrade Certified.**



case: 12 x 11 oz



CASE UPC



10058449410246



## Frosted Wildberry Açai

Deliciously organic. Frosted and naturally flavored with real organic sun-ripened wild berries, raspberries, strawberries and blueberries. **Now Fairtrade Certified.**



case: 12 x 11 oz



CASE UPC



10058449410222



## CERTIFICATION GLOSSARY

Terminology used to distinguish our delicious and nutritious food.



### USDA ORGANIC:

Products that bear the USDA National Organic Program (NOP) seal have been certified to contain 95% or more organic content. That means that ingredients were grown without chemical pesticides or fertilizers, and that no artificial ingredients or preservatives prohibited by the NOP were used, and that the seeds used to grow the ingredients were not genetically modified. All foods made by Nature's Path are USDA certified organic.



### GLUTEN-FREE:

Foods labeled gluten-free cannot contain more than 20 parts per million (ppm) of gluten — a level that is considered safe for the majority of people with celiac disease. Nature's Path is happy to offer many delicious and nutritious gluten free foods.



### KOSHER:

According to Jewish law, certain animals (fowl, fish, shellfish, insects or reptiles), must be slaughtered in a prescribed manner, and meat and dairy products may not be manufactured or consumed together. As Nature's Path only makes vegetarian foods, our products are also Kosher certified.



Kosher foods that contain dairy products will have a "D" after the Kosher U logo.



# ORGANIC OR NATURAL? WHAT'S THE DIFFERENCE?

INGREDIENT/PROCESSING	ORGANIC	NATURAL	CONVENTIONAL
Artificial flavors	No	No	Yes
Artificial colors	No	No	Yes
Artificial preservatives	No	No	Yes
Artificial fertilizers	No	May be used	Yes
Artificial pesticides	No	May be used	Yes
Irradiation	No	May be used	Yes
Genetically Engineered Ingredients	No	May be used	Yes



**NATURE'S PATH FOODS**

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Let's stay connected!      [www.naturespath.com](http://www.naturespath.com)