

# PHYSIOMER®

All the goodness of the sea to breathe better.

PHYSIOMER® is a complete range of natural seawater nasal care products.

## PHYSIOMER® Baby Isotonic Nasal Spray

Hygiene - Active prevention

Comfort Tip®

From 15 days of age

115 ml

### Properties

- Cleans and clears nasal passages in the case of stuffy nose
- Moistens nasal passages
- Prevents the risk of secondary infections and otitis

### 100% natural

- Isotonic seawater
- Preservative free
- Safe for daily use

### TO KNOW BEFORE USING PHYSIOMER® Baby Isotonic

- Use by more than one person may spread infection.
- In case of nasal irritations, temporary tingling may appear during the use.
- Do not use after the expiration date printed on package.
- Do not use if the packaging has lost its original appearance.
- Do not use a broken or damaged product.
- If nasal symptoms prevail beyond 5 days, consult a healthcare professional.
- Keep out of reach and sight of children.

### INGREDIENTS

100% natural, undiluted and isotonic seawater solution (equivalent to 9 g/l of NaCl). Sterile and preservative free.

### HOW TO USE

#### Recommended use

- In treatment of nasal symptoms, in case of cold or rhinopharyngitis: 4 to 6 times a day, spray 1 to 2 seconds in each nostril.
- In daily use, in hygiene and prevention of nasal infections: 1 to 2 times a day, spray 1 to 2 seconds in each nostril.

#### Administration mode

It is recommended to proceed nasal wash before feeding, when the child is awake and calm.

Lay the baby down on a slightly inclined bed (30°) with his/her head to one side (never backwards to avoid the risk of wrong way into the throat). Spray some of the solution on your hand to check that the temperature is correct and get used to the pressure it delivers. You can also spray on baby's hand to reassure him/her.

Before use: check if the spray works properly.

- 1 - Gently insert the nozzle in the upper nostril and press the nozzle once firmly for 1-2 seconds. Let the solution act for a few seconds.
- 2 - Repeat with the other nostril.
- 3 - Lift baby back up and wipe his/her nose or use a nasal aspirator device.



Wash the nozzle with hot water after each use and dry properly.