

Contents

What are included	3
Assembling the Lung Model	3
Battery Installation of the light box	4
10 Good Food for Your Lung	4
Do You Know	7
Length of time under water	8
The Lung	8
Introduction	9
Structures and functions	9
Upper Respiratory Tract	10
Respiratory airways	11
Lungs	11
Muscles	13
 Respiratory Diseases, Diagnostic Test and Treatment 	14
Introduction	14
Diagnostic tests	14
Treatment	14
Asthma	15
Bronchitis	16
Common cold	16
Cough	16
EMPHYSEMA	17
Lung Cancer	17
Tuberculosis (also called TB)	19
Chest films	19
Air pollution and Human Respiratory System	20



Warning: Only for use by children aged 8 years or older. Not suitable for children under 36 months. Small parts. Choking hazard. Use with care and only under supervision of adults.

IMPORTANT: Keep these instructions. DO NOT DISCARD.

- 1. Only adults should install and replace batteries.
- Alkaline batteries are recommended.
- 3. If the toy has not been used for a long time, remove the batteries.
- 4. Do not use rechargeable batteries
- 5. Do not mix old and new batteries.
- 6. Do not mix alkaline, standard (carbon zinc) or rechargeable (nickel cadmium) batteries.
- 7. Exhausted batteries are to be removed from the toy.
- 8. The supply terminals are not to be short-circuited.
- 9. Non-rechargeable batteries are not to be recharged.
- 10. Rechargeable batteries are to be removed from the toy before being charged.
- 11. Rechargeable batteries are only to be charged under adult supervision.
- Only batteries of the same or equivalent type as recommended are to be used.
- 13. Batteries are to be inserted with the correct polarity.
- 14. Do not dispose of batteries in fire, batteries may explode or leak.
- 15. Batteries may explode or leak if misused.



If any time in the future you should need to dispose of this product please note that Waste Electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your Local Authority or retailer for recycling advice. (Waste Electrical and Electronic Equipment Directive)



What are included

- 1 3 piece lung model
- 1 Stand
- 1 Light box
- 4 Lung films
- 10 Do-you-know cards
- 10 Good food cards
- 1 Turning wheel
- 1 Respiratory system poster
- 1 Certificate
- 1 Manual



Assembling the Lung Model





Battery Installation of the light box

The light box requires 2 AAA/LR03 batteries. (Not included)

- 1. Unscrew the battery cover on the back of the device with a screwdriver.
- 2. Install the batteries according to the polarity indicated.
- 3. Replace the battery cover and tighten the screw.
- 4. Replace the batteries when the light becomes dim.



10 Good Food for Your Lung

10 Good 1 God 101 10di Edilig		
Food	What they do	
	Drinking lots of water helps hydrate yourself and the body will flush out old stale fluids with toxins in it for newer fresher water. Drink at least 6-8 glasses of water or other healthy	
Water	beverages everyday. It's good for lungs and it also flushes out toxins from your body.	
	It is very good for lung health as it helps detoxification.	
Garlic		
	Helps open up the bronchial tubes and is good for clearing mucus.	
Rosemary		