

---

## *a commonplace book*

---

A commonplace book is a centralized location to keep a record of ideas, quotations, and inspiration which has been popular since the Middle Ages. Not quite a journal, not quite a notebook, and not confined solely to recording words, it helps to make connections in the things you find meaningful, can help you remember what you found important or were stuck on during specific periods of your life, and is endlessly flexible.

This notebook is your commonplace. Carry it with you, write down or sketch or clip in what you find meaningful in your daily life. Record your thoughts on quotations (or don't). Ask questions, write down the names of books that sound interesting, copy out entire poems or prayers, paste things you find onto the pages, make a table of contents to keep it organized by topics (or don't): it's entirely up to you.

May this commonplace book be a faithful companion and a valuable addition to your life for many years to come!

---