

## Devita Smykkedesign – Magnetic therapy products



The magnetic products are made of Magnetic Hematite with clasps made of Neodymium Rare Earth magnets. Designed and made by Paul Richard. Magnetic Hematite is mainly composed of ferric (iron) oxide, calcium and manganese. The neodymium magnets have a strong magnetic field.

### How to find and order the right size

We have no standard sizes,. All sizes are available. Please measure around your wrist or ankle. We add about 1,5 cm for bracelets and 2 cm for anklets for good comfort. Our sizes are by cm and 0,5 cm. Then add the ankle bracelet to the shopping cart, open the shopping cart and write the measured length under "Legg til et notat til bestillingen din" (Add a note to your order). Note if you want extra length more than the 2 cm extra.

### About Magnetic therapy products

Magnetic Hematite and the Earth magnets have a powerful positive-negative polarity and are commonly used in magnetic therapy. We believe that placing the magnets close to the body can have physical effects and help the body to heal itself.

Magnetic therapy is an alternative or complementary form of treatment. We have a lot of good feedback from customers and extensive experience to help you get the best possible effect from the magnetic jewelry. Do not replace the necessary medical treatment, but you may consider using magnets in addition to established school medicine treatment. The magnetic therapy products are used at your own risk.

Users of magnetic therapy products have experienced improvement in several areas:

- Reduction of pain and soreness in muscles and joints as well as better mobility
- Reduction of swelling and pain from inflammation
- Reduction of swelling when problems with swollen legs and feet
- Reduced pain and soreness in ankles and feet
- Reduced pain and soreness in neck, wrists and hands
- Useful first aid for sports injuries to avoid swelling and to reduce pain and provide better mobility
- Relief of rheumatic disorders
- Reduced headaches and migraines

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- Reduced stress-related ailments
- Better night's sleep

It is recommended to drink enough water and be well hydrated when using magnetic therapy products, to get the best possible relief and effect from the magnets.

### Precautions for the Use of Neodymium Earth Magnets

- The earth magnets (the clasps) are strong, and unsafe handling can lead to squeezing of fingers or skin between the magnets.
- Magnets can affect the function of pacemakers, implanted cardiac defibrillators, or other electrically implanted medical equipment. Do not use magnetic jewelry if you use these devices, and keep enough distance from magnets. Warn others who carry these devices from getting too close to magnets.
- The neodymium magnets are powerful. Colliding magnets can crack. Sharp splinters can be catapulted away for several meters and injure your eyes.
- The magnetic jewelry should not be used if you are pregnant.
- Magnets produce a far-reaching, strong magnetic field. They can damage electronic devices such as cell phones, computers, hard drives, televisions, data storage media, hearing aids, electronic scales, and speakers. Keep magnets away from devices and objects that could be damaged by strong magnetic fields. Do not place magnetic jewelry on top of or directly next to your mobile phone, computer or other electronic equipment.
- Magnets produce a far-reaching, strong magnetic field that can demagnetize and damage all magnetic stripe cards such as credit cards, access cards and the like. The minimum recommended distance is 30 cm.

There are several important points to know about magnetic therapy products

- The strength of the magnets is the most important thing. I have found that if the magnet is not strong enough it won't work as well or takes too long to work.
- The number of hours per day that you wear it. Some people never take it off. Others only wear them part of the day or to sleep with.
- The number of days in a row that you wear it. Each person has to find their own schedule. Some wear them every day and others maybe a few days with a day off to give the body a rest and time to regenerate. I encourage people to be consistent. It won't work if you don't wear it.
- I recommend people use the items as close as possible to the problem. Examples: Sore neck/shoulder - wear a necklace.  
Pain and inflammation in wrist and hand - wear a bracelet.  
Knee, ankle, foot problems - wear an anklet.  
Back, spine, sciatica and hips problems- wear body magnets

Paul and Christine, 23.01.2021