


compression therapy guide

Compression is measured in millimeters of mercury, which is abbreviated to “mmHg.” Higher mmHg indicates higher compression, typically for more severe venous or lymphatic conditions. medi offers five compression classes in its ready-to-wear compression line.

medi

| | | | |
|---|--|--|--|
|  | <p>8 - 15 mmHg</p> <p>8-15 mmHg Mild Compression</p> <ul style="list-style-type: none"> • Tired, achy legs • Minor foot, ankle and leg swelling • Helps prevent the formation of varicose and spider veins • Helps maintain healthy, energized legs |  | <p>30 - 40 mmHg</p> <p>30-40 mmHg Extra-Firm Compression</p> <ul style="list-style-type: none"> • Moderate varicose veins • Moderate edema • Lymphatic edema • Management & prevention of venous ulcers • Prevention of post-thrombotic syndrome • Pregnancy with previous phlebitis • Stasis dermatitis due to Chronic Venous Insufficiency (CVI) • Orthostatic hypotension |
|  | <p>15 - 20 mmHg</p> <p>15-20 mmHg Moderate Compression</p> <ul style="list-style-type: none"> • Minor spider veins • Minor varicose veins • Minor foot, ankle and leg swelling • Helps prevent varicose veins and spider veins • Helps prevent deep vein thrombosis (DVT) • Tired, achy legs |  | <p>40-50 mmHg</p> <p>40-50 mmHg Extra-Firm Compression</p> <ul style="list-style-type: none"> • Severe varicose veins • Severe edema • Lymphatic edema • Management of venous ulcers • Post-phlebotic syndrome • Chronic Venous Insufficiency (CVI) • Orthostatic hypotension |
|  | <p>20 - 30 mmHg</p> <p>20-30 mmHg Firm Compression</p> <ul style="list-style-type: none"> • Moderate spider veins • Minor or moderate varicose veins • Varices during pregnancy • Minor foot, ankle and leg swelling • Superficial thrombosis • Post-sclerotherapy • Tired, achy legs | | |

medi compression garments

For the best possible treatment of veins

Caution: This is a general guideline only and indicates compression levels available. The attending doctor is responsible for selecting the compression stocking and the compression class. The decision depends, above all, on the patient's individual factors and needs.

¹CEAP = Clinical Etiology Anatomy Pathophysiology

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|---|---|--|--|--|---|---|--|--|---|
| | | | | | | | | | |
| medi ven® sheer & soft | medi ven® comfort & comfort vitality | medi ven® for men classic & select | medi ven® active | medi ven® plus | medi ven® forte | medi ven® dual layer | medi ven® flatknit products | circaid® juxtalite™ | circaid® juxtacures™ |
| The fashionable stocking for women for mild to moderate venous disorders. | The comfortable stocking for mild to moderate venous disorders. | The modern sock for men available in a ribbed or ruff pattern. | A ribbed sock with added padding throughout the foot for occupational & active lifestyles. | The all-arounder for him and for her, for mild to severe venous disorders. | The strong stocking for moderate to severe venous diseases. | Two layer stocking system for easy donning & doffing. | The large-surface and deep compression garment, more stable and less elastic. Optimum pressure stability all day long. | Inelastic compression provides limited stretch with instant adjustability. | Inelastic compression customizable in the office. |

| CEAP ¹ | Diagnosis | Objective of compression | Compression level | medi ven® sheer & soft | medi ven® comfort & comfort vitality | medi ven® for men classic & select | medi ven® active | medi ven® plus | medi ven® forte | medi ven® dual layer | medi ven® flatknit products | circaid® juxtalite™ | circaid® juxtacures™ |
|-------------------|-----------|---|-------------------|------------------------|--------------------------------------|------------------------------------|------------------|----------------|-----------------|----------------------|-----------------------------|---------------------|----------------------|
| C0 | | Prevent swelling, heavy legs, tension, pain | 15-20 | ● | ● | ● | ● | | | | | | |
| | | | 20-30 | ● | ● | ● | ● | ● | | | ● | ● | |
| C1 | | Prevent swelling, heavy legs, tension, pain | 15-20 | ● | ● | ● | ● | | | | | | |
| | | | 20-30 | ● | ● | ● | ● | ● | | | ● | ● | |
| C2 | | Prevent swelling, heavy legs, tension, pain | 20-30 | ● | ● | ● | ● | ● | | | | ● | ● |
| | | | 30-40 | ● | ● | ● | ● | ● | ● | | | ● | ● |
| C3 | | Edema reduction | 20-30 | ● | ● | ● | ● | ● | | | | ● | ● |
| | | | 30-40 | ● | ● | ● | ● | ● | ● | | | ● | ● |
| C4 | | Prevention of ulceration | 20-30 | ● | ● | ● | ● | ● | | | | ● | ● |
| | | | 30-40 | ● | ● | ● | ● | ● | ● | | | ● | ● |
| | | | 40-50 | | | | | ● | ● | | | ● | ● |
| C5 | | Prevention of a new ulcer | 30-40 | ● | ● | ● | | ● | ● | ● | ● | ● | ● |
| | | | 40-50 | | | | | ● | ● | ● | ● | ● | ● |
| C6 | | Healing of the ulcer, pain relief | 30-40 | | | | | | | ● | | | ● |
| | | | 40-50 | | | | | | | ● | | | ● |