

MORE PUZZLES!
MORE CASH PRIZES!

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Take 5

NEW
22-PAGE
PULL-OUT
PUZZLE BOOK



MY MAN SLIT MY THROAT OVER A FROZEN LASAGNE



 I busted my boss in  the buff *WITH GRAN!*

HELP!

Awkward
family
questions
answered

**I MAKE
PROSTHETICS
FOR PETS!**

AUST \$3.95

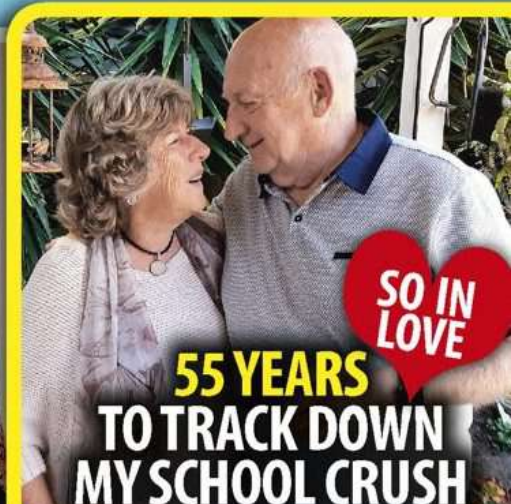
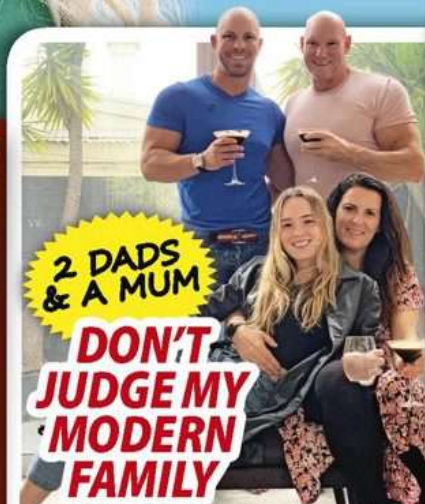
are
media



35



**2 DADS
& A MUM**
**DON'T
JUDGE MY
MODERN
FAMILY**

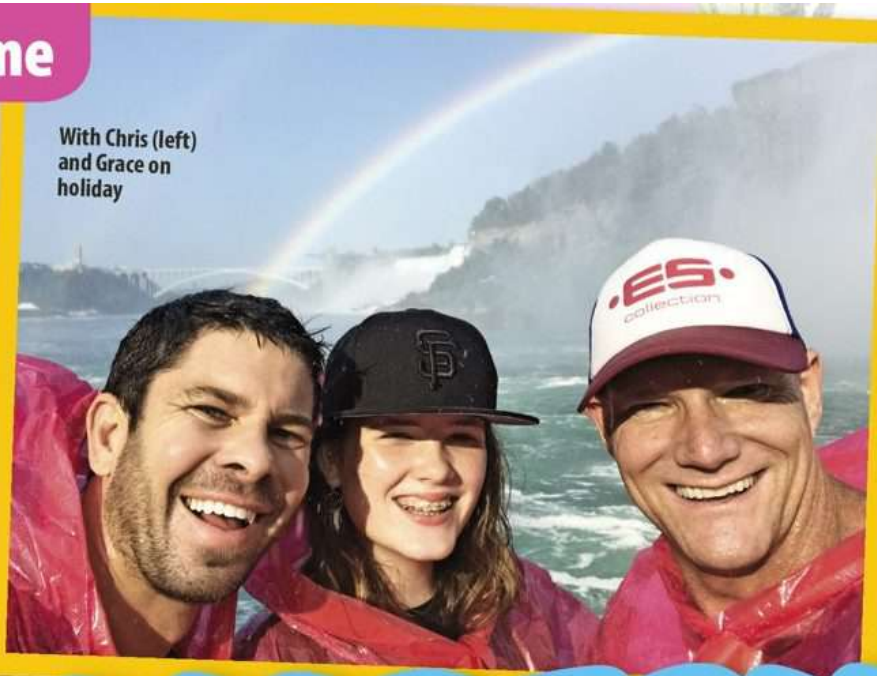


**SO IN
LOVE**
**55 YEARS
TO TRACK DOWN
MY SCHOOL CRUSH**

Profits from our brand go to helping youth



With Chris (left) and Grace on holiday



Chris

OUR MODERN FAMILY

The only thing that should be put in a box is our products

Anthony McDonough, 54, Melbourne, Vic

My stomach twisted. "There's someone you need to meet," I said.

It was 2009, and I was talking to my wonderful ex-wife, Jane. We'd split amicably two years before and co-parented our daughter Grace, five, together.

"He's called Chris," I said.

I was sweating. Jane didn't know I was gay. I hadn't known it myself until recently.

I'd grown up a country boy in a Catholic family but meeting Chris had changed everything for me.

"Great, let me meet him," she said.

Poor Chris was so nervous but as soon as

we sat around the dinner table together they really hit it off.

And Chris and Grace immediately bonded.

"The lucky girl is going to grow up with two dads and a mum," Jane said generously and we split our time with her 50/50.

Because of our unusual family set-up we chose a progressive school for Grace to attend.

She became the envy of her friends who thought it was awesome she had two gay dads and a mum!

She grew up to be a well-adjusted, open-minded young lady and the three of us were so proud of her.

But during COVID lockdowns, Grace, then 16, and her friends struggled,

feeling lost and isolated.

"The biggest issue is we don't want to be labelled," Grace told us. "We just want to be ourselves."

As her fathers, Chris and I wanted to do something about this.

We owned a men's skincare business, so we brainstormed with Grace and came up with a range called Unlabelled where all profits would go towards youth suicide prevention charities.

For a year, we worked tirelessly to bring it together and finally launched it in March 2022.

The product range features hand wash, body wash and body bars, and all profits go to Black Dog Institute, QLife, Headspace and Kids Helpline.

We carved our own path

They're sold online and at Chemist Warehouse for just \$8.99 each.

It's been a roaring success. We're on track to donate \$300,000 in the first year to our charities and are forecast to increase this to \$1 million by our third year.

For us, the personal testaments are the most rewarding.

In our ad campaign we normalised vitiligo, the skin condition that can cause discoloured patches, and we had one parent tearfully thanking us.

I have a child who doesn't fit in and this makes a big difference, another mum wrote to us.

As a family of four, we broke down barriers and carved our own path, and we want to help other young people do the same.



Grace McDonough, 18

I was flicking through my phone when it pinged with a message. *I'm lonely*, it read. *Me too*, I replied.

Lockdown was a difficult time and many friends were suffering from related eating disorders, anxiety and depression. "There's so much pressure to fit in for teenagers and stereotypes make it worse," I said to Dad and Chris.

Labels can be suffocating for teens as you're still learning about yourself. That's what led to Unlabelled.

Our mission is to help kids accept who they are in terms of race, gender, body image and sexuality, because these things can lead to bullying and suicide.

Now, I'm studying at uni and I'm passionate about living my life how I choose, just like my dads did.



Jane Hope, 53

When I met Chris, I could see he made Anthony so happy and I immediately recognised that Grace would benefit from having another person in her life who would love and look after her.

I'm immensely proud of their business venture: it shows such a generosity of spirit. I'm a product manager so I helped advise them.

The name Unlabelled suits our modern blended family perfectly. Society may do one thing, but we did what was true for us and we hope to inspire youngsters to embrace their individuality.

Chris Glebatsas, 43

The boy jumped out at me, his eyes narrowed.

"Where're you going nerd?" he grinned.

I tried to walk away but another bully blocked my path.

"We're talking to you, fatty," he chuckled.

High school was torture for me. In time, things got so bad I became suicidal but thankfully I was close to my mum, Shona, and told her what was happening.

She took me on a road trip to help with my headspace, and then to doctors, but the damage ran deep.

When I left school, I moved to London to get

as far away from my former life as I could.

I came back to Melbourne when I was 30, met Anthony in the gym and finally came out as gay.

Grace was shy when she was little and I made it my mission to help improve her confidence.

We would walk through the supermarket and I'd say, "Grace, who cares what people think of you – just be yourself and celebrate who you are."

A few years ago, I was dealing with someone at work who was relentlessly aggressive and it triggered my unresolved trauma from my childhood bullying. I went to a dark place and was diagnosed with PTSD.

So when Grace started talking about how tough her teenage friends were finding lockdown, I looked at Anthony.

"We have to do something," I said.

Childhood bullying stays with you for life. Every year, more than 350 young people aged 18 to 24 take their own lives. Three out of five kids are bullied at school. These figures are even worse if you are an LGBTQI+ youth. It's a national crisis.

In creating Unlabelled, Anthony and I wanted to celebrate the individual in us all, and by doing this, help to reduce the

bullying and the mental health issues that can lead to youth suicide.

I very nearly took my own life when I was a teenager, now I want to help other teens avoid the same fate.

