

MEDICINAL TEAS & TISANES

Steep: 212°, 7-10 minutes

Adapt

For stress, fatigue, anxiety

ashwagandha root, eleuthero root, goji berry, holy basil leaf, licorice root, reishi mushroom, rhodiola root, schisandra berry

Allergy

Antimicrobial, anti-inflammatory, reduces histamine

echinacea root, ginkgo biloba leaf, licorice root, marshmallow root, nettle leaf, peppermint leaf, rooibos leaf, sage leaf, turmeric

Appetite ‡



Curbs cravings, aids in digestion

burdock root, chickweed, cinnamon, dandelion root, eleuthero root, fennel seed, ginger root, green tea leaf, guarana seed, licorice root

Bladder

For cleansing the urinary tract

cleavers, cornsilk, dandelion leaf, dandelion root, horsetail, juniper berry, marshmallow root, parsley leaf, saw palmetto berry

Blood

Promotes blood flow, detoxes the liver and kidneys

burdock root, dandelion leaf, dandelion root, ginger root, ginkgo biloba leaf, hawthorne leaf & flower, nettle leaf, turmeric, yellow dock root

Brain

For focus and clarity

ashwagandha root, bacopa leaf, ginkgo biloba leaf, gotu kola, rosemary leaf, sage leaf, skullcap

Breathe

Clears congestion, eases cough

elecampane root, eucalyptus leaf, licorice root, lungwort, marshmallow root, mullein leaf, oregano leaf, peppermint leaf, plantain leaf, thyme leaf

Calm

For stress, anxiety, and racing thoughts

ashwagandha root, bacopa leaf, chamomile flower, hop flower, lavender flower, lemon balm leaf, motherwort, passionflower, skullcap, st. john's wort, valerian root

Creative

Good for clarity, balance, and concentration

ashwagandha root, bacopa leaf, chamomile flower, ginkgo biloba leaf, lavender flower, licorice root, passionflower, st. john's wort

Detox

Aids in the removal of toxins

burdock root, cilantro leaf, dandelion root, ginger root, milk thistle seed, nettle leaf, parsley leaf, turmeric

Digest

Reduces gas, speeds digestion, relaxes the digestive tract

burdock root, chamomile flower, dandelion root, fennel seed, ginger root, lemon balm leaf, licorice root, marshmallow root, olive leaf, peppermint leaf, turmeric

Dream

Increase lucid dreaming, Enhance memory

chamomile flower, ginkgo biloba leaf, holy basil leaf, lavender flower, lemon balm leaf, mugwort, passionflower, peppermint leaf, rosemary leaf, valerian root

Energy ‡



For increasing stamina, reducing fatigue, and promoting balance

ashwagandha root, astragalus root, eleuthero root, ginkgo biloba leaf, gotu kola, green tea leaf, reishi mushroom, schisandra berry, yerba maté leaf

Fertility

For males and females, supports reproductive hormones

ashwagandha root, black cohosh root, chaste tree berries, cinnamon, dong quai root, ginger root, nettle leaf, raspberry leaf, red clover

Flatulence

For gas, bloating, and nausea

chamomile flower, cinnamon, coriander seed, dill seed, fennel seed, ginger root, peppermint leaf, rosemary leaf

Hair ‡



Improves blood circulation, induces hair growth

bacopa leaf, dandelion root, fenugreek seed, gotu kola, green tea leaf, hibiscus flower, lavender flower, nettle leaf, peppermint leaf, rose bud & petal, rosemary leaf

Happy

Anti-anxiety, anti-depressant

chamomile flower, ginkgo biloba leaf, kava kava root, lavender flower, lemon balm leaf, licorice root, passionflower, st. john's wort, valerian root

Headache

For prevention and pain relief

feverfew, ginger root, lavender flower, passionflower, peppermint leaf, rosemary leaf, valerian root, white willow bark

* not certified organic † wild crafted

‡ tea is in more than one category

☕ denotes caffeine content from 0 – 3 teapots

Heart ‡

Helps to reduce inflammation, blood pressure, and cholesterol
cinnamon, ginger root, ginkgo biloba leaf, green tea leaf, hawthorne leaf & flower, linden leaf & flower, motherwort, rosemary leaf, turmeric

Hormones

For males or females, hormone balance, supports healthy estrogen & testosterone levels
ashwagandha root, black cohosh root, chaste tree berries, dandelion root, dong quai root, fenugreek seed, holy basil leaf, raspberry leaf, saw palmetto berry

Immune

For fighting infection and strengthening the immune system
ashwagandha root, astragalus root, echinacea root, elderberry, eleuthero root, olive leaf, reishi mushroom

Inflame

For inflammation and pain relief
basil leaf, boswellia tear, cinnamon, ginger root, licorice root, parsley leaf, rosemary leaf, turmeric, white willow bark

Kidney

For fighting infection or kidney stones
dandelion leaf, dandelion root, ginger root, goldenrod, gravel root, horsetail, Hydrangea root, marshmallow root, nettle leaf, parsley leaf

Lactation

To help increase breast milk production
alfalfa leaf, blessed thistle, fennel seed, fenugreek seed, hop flower, milk thistle seed, nettle leaf, raspberry leaf, shatavari root

Libido

For both males and females, increases blood flow, calming
ashwagandha root, damiana leaf, eleuthero root, ginkgo biloba leaf, horny goat weed, muira puama, saw palmetto berry, tribulus fruit

Liver

Improves liver function & elimination; antiviral, antimicrobial to detoxify liver & gallbladder
artichoke leaf, burdock root, calendula flower, chicory root, dandelion root, licorice root, milk thistle seed, peppermint leaf, turmeric

Longevity ‡

Good for allergies, inflammation, infections, blood sugar and cholesterol
ashwagandha root, cinnamon, ginkgo biloba leaf, goji berry, green tea leaf, holy basil leaf, sage leaf, turmeric

Menopause

Balances estrogen, increases progesterone, stabilizes mood
black cohosh root, chaste tree berries, dong quai root, ginkgo biloba leaf, kava kava root, licorice root, red clover, st. john's wort, valerian root

Moon Cycle

Alleviates and regulates PMS and menstrual symptoms
black cohosh root, chamomile flower, chaste tree berries, cramp bark, dandelion leaf, dandelion root, dong quai root, ginger root, ginkgo biloba leaf, raspberry leaf, st. john's wort, valerian root

Motion Sickness

Soothes digestion, reduces acid, calming
chamomile flower, clove, fennel seed, ginger root, licorice root, peppermint leaf

Mouth

Antibacterial, antiseptic, antiviral, anti-inflammatory
cinnamon, clove, echinacea root, goldenseal root, lavender flower, licorice root, peppermint leaf, sage leaf, turmeric

Muscle Rest

For muscle soreness, spasms, and deeper rest for recovery
black cohosh root, chamomile flower, cramp bark, ginger root, kava kava root, lavender flower, rosemary leaf, st. john's wort, turmeric, valerian root

Nerves

For stress, tension, and anxiety
chamomile flower, lavender flower, lemon balm leaf, motherwort, oat straw, passionflower, skullcap, st. john's wort, valerian root

Pregnancy

Supports digestion, appetite, inflammation, and blood circulation
alfalfa leaf, chamomile flower, dandelion leaf, dandelion root, ginger root, nettle leaf, oat straw, peppermint leaf, raspberry leaf

Skin

Encourages collagen production, hydrates, and soothes the skin
burdock root, calendula flower, chamomile flower, dandelion root, lavender flower, nettle leaf, peppermint leaf, rooibos leaf

Sleep

For relaxation and sleep, contains natural sedative herbs
catnip leaf, chamomile flower, hop flower, lavender flower, lemon balm leaf, passionflower, skullcap, st. john's wort, valerian root

Throat

Soothes the throat, reduces cough, loosens congestion
chamomile flower, echinacea root, ginger root, licorice root, marshmallow root, peppermint leaf, sage leaf, slippery elm bark

* not certified organic † wild crafted

‡ tea is in more than one category

denotes caffeine content from 0 – 3 teapots

HERBAL & FRUIT TISANES

Steep: 208°, 4-5 minutes

Blueberry Delight

Delicious and refreshing, makes a great iced tea

hibiscus, apple, rosehip, elderberry, orange peel, *natural blueberry flavoring

Cafe Mocha *

Coffee substitute; roasty & silky
chicory, roasted dandelion, roasted cacao nibs

Dreamy *†

Promotes sleep, eases tension
california poppy, wild cherry bark, lemon balm, anise hyssop, tulsi, catnip, cornflower

Full Moon

Supports hormone health
red raspberry leaf, nettle, lemon balm, milky oat tops, oat straw, rose hips, hibiscus, ginger root

Golden Hour Tonic *†

Smooth, spicy, and sweet
ginger, turmeric, rosehips, pineapple, papaya, apple, lemon rind, orange rind, hibiscus, spearmint, grapefruit oil

Golden Milk

Anti-inflammatory, good for digestion, tastes great as a latte
turmeric root, coconut flakes, ginger root, peppercorns, ceylon cinnamon

Goldenberry *

tropical with light citrus and sweet fruit flavors
apple pieces, candied papaya pieces (papayas and sugar), strawberry leaf, hibiscus, lemongrass and natural

Goldenberry flavor

Hibiscus

Floral and tart
hibiscus

Hibiscus Cucumber

A flat belly cleansing tea
hibiscus, licorice, lemongrass, sage, rose hips, cucumber flavoring, lime flavoring, fennel

Hibiscus Twist

Tangy-tart & fruity, touch of spearmint
hibiscus flowers, lemongrass, spearmint, rose petals, calendula petals, elderflowers

Holy Basil

Anti-inflammatory, anti-anxiety, supports eyesight, brain function
krishna tulsi, rama tulsi, vana tulsi

Inner Strength *†

Adrenal support, increases circulation
nettle, hyssop, ashwagandha, tulsi, ginseng, ginkgo biloba

Lavender Lace

Floral & minty
cinnamon, *spearmint, rosemary, *lavender flowers, *lemon verbena

Lemon Ginger

Aids digestion
ginger, lemongrass, licorice root, lemon peel, spearmint

Pink Rose Lemonade *

Floral, with lemon and mint
lemongrass, orange peel, rose petals, lemon balm, spearmint, lemon verbena, chamomile, lavender, natural lemon flavoring

Pomegranate Detox ‡

fruity, cleansing detox
*dandelion root, *burdock root, milk thistle, *eleuthero root, *hibiscus, green rooibos, *orange peel, *natural

pomegranate flavor, ginger root, tulsi, *sweet blackberry leaf

Rest

Peppermint and chamomile calm
peppermint, lemongrass, rosehip, hibiscus, chamomile, valerian root, natural flavoring

Rivertown Blues

Color changing; earthy and smooth
lemon balm, rosemary, hyssop, *butterfly pea flower, sage

Serenity

Light minty, floral, sleepy time tea
spearmint, chamomile, passionflower, lemon balm, rose, lavender, cinnamon chips

Strawberry Fields *

Tart, sweet, and soothing
cranberries, hibiscus, blueberries, cherries, strawberries, black currants, raspberry & strawberry flavoring

Turmeric Chili Chai

Anti-inflammatory, aids digestion
turmeric, ginger, cinnamon, black pepper, red chili flakes

Turmeric Ginger

Anti-inflammatory
ginger, licorice root, lemongrass, turmeric, orange peel, lemon peel, lemon oil, *natural mandarin flavoring

Venus Rising

PMS, mood, and cramp support
hibiscus, licorice, lady's mantle, red raspberry leaf, lavender, fennel, cramp bark, *natural flavor, st. john's wort

* not certified organic † wild crafted

‡ tea is in more than one category

☕ denotes caffeine content from 0 – 3 teapots

HONEYBUSH TEAS

Steep: 200°, 3-5 minutes

Ginger Peach Honeybush

Naturally sweet with a little spice
honeybush tea, ginger root, apple pieces, apricot pieces, *natural apricot flavor

ROOIBOS TEAS

Steep: 208°-212°, 5-7 minutes

Cherry Blossom

Very fruity, naturally sweet
red rooibos, hibiscus, apples, orange peel, cherries, rosehips, red rose petals, blue cornflower, vanilla bean, natural flavor

Dragonfruit

Blissful coconut & sweet chai spices
green rooibos, *apple pieces, *mango pieces (manoes and sugar), *hibiscus flowers, *orange peel, *natural dragonfruit flavoring, *strawberry pieces, lemon peel, *malva flowers, *orange blossoms

Ginger Jazz ‡

Invigorating, velvety, & exotic
rosemary, nettle, rosehip, rooibos, lavender, ginger, yerba mate, pu'erh tea, fennel, cinnamon, licorice root, cardamom, black pepper, clove buds

Hearthstone Chai ‡

Earthy, balanced fruity & spicy
black tea, red rooibos, cinnamon, dried apple, ginger, licorice root, pumpkin seed, spices, vanilla bean, sunflower petals

Keep Fit ‡

Fuel for your metabolism, light and invigorating
green tea, yerba maté, rooibos, lemongrass, matcha, *natural lemon flavoring

Lavender Rose Vanilla

Smooth, beautiful
rooibos, *lavender, *rose buds, *natural vanilla flavor

Lemon Pound Cake

Delicious dessert tea
green rooibos, marshmallow root, lemon peel, *natural flavor

Pomegranate Detox ‡

fruity, cleansing detox
*dandelion root, *burdock root, milk thistle, *eleuthero root, *hibiscus, green rooibos, *orange peel, *natural pomegranate flavor, ginger root, tulsi, *sweet blackberry leaf

Red Rocks *

South African red rooibos blend, sweet, earthy, reminiscent of pipe-tobacco
rooibos, birch bark, vanilla flavoring

Rooibos *

Full-bodied and nutty
South African rooibos

Rooibos Orange

Sweet and zesty
rooibos, orange peel, natural orange flavoring

Sour Strawberry Lemonade

refreshing, sweet and sour
green rooibos, lemon peel, hibiscus, *natural Sour Strawberry Lemonade flavor, *strawberry pieces

WHITE TEAS

Steep: 170°, 2-3 minutes

Bai Mu Dan Lavender *

Relaxing simple blend
Bai Mu Dan White Tea, lavender

Ginger Laced Pear

Lightly sweet & spicy
white tea, ginger, blackberry leaves, apple pieces, lemon balm leaves, natural pear flavor, mallow flowers

Hazy Peach

Light, fruity, refreshing with hint of sweet and spice
white tea, crystallized ginger (ginger, sugar), dried orange peel, dried peaches, cinnamon, natural peach essence

Jasmine Peach Oolong ‡

Fruity, floral
oolong tea, silver needle white tea, jasmine flowers, ginger, apple pieces, apricot pieces, calendula flowers, *natural peach flavor

Jasmine Sage *

Earthy, floral
Jasmine silver needle white tea, jasmine flowers, rubbed Moroccan sage

Meditative Mind ‡

An exotic aromatherapy experience
white tea, jasmine pearls, rose petals

Silver Needle

One of the rarest teas in the world
white tea

* not certified organic † wild crafted

‡ tea is in more than one category

☪ denotes caffeine content from 0 – 3 teapots

Snow Bud



Unique tea plucked in December
white tea

White Peach ‡



peachy, floral with white and green
teas

white tea, green tea, *natural peach
flavoring with other natural flavoring,
ginger

YERBA MATÉ TEAS

Steep: 160°, 3-5 minutes

Climber's High Chai *‡



Spiced chai with high caffeine, anti-inflammatory and stamina boosting
roasted yerba maté, black tea, green tea, white tea, pu'erh, ginger root, cinnamon, cardamom, licorice root, eleuthero ginseng root, saffron, black pepper, clove, fennel, safflowers, peppermint, tulsi, vanilla flavoring

Cocoa Mint Maté



Delightful & energizing
yerba maté, cocoa nibs, peppermint, chicory root, vanilla bean

Energy ‡



Increase stamina, reduce fatigue
ashwagandha root, astragalus root, eleuthero root, ginkgo biloba leaf, gotu kola, green tea leaf, reishi mushroom, schisandra berry, yerba maté leaf

Ginger Jazz ‡



Invigorating, velvety, & exotic
rosemary, nettle, rosehip, rooibos, lavender, ginger, yerba mate, pu'erh tea, fennel, cinnamon, licorice root, cardamom, black pepper, clove buds

Keep Fit ‡



Metabolism fuel, light and invigorating
green tea, yerba maté, rooibos, lemongrass, matcha, *natural lemon flavoring

Nettle Yerba Mint



Great for allergies
stinging nettle, spearmint, alfalfa, Brazilian yerba maté

Yerba Maté



Healthy and stimulating
Brazilian yerba ma

GREEN TEAS

Steep: 170°, 2-3 minutes

Appetite ‡



Curbs cravings, aids in digestion
burdock root, chickweed, cinnamon, dandelion root, eleuthero root, fennel seed, ginger root, green tea leaf, guarana seed, licorice root

Awaken



Refreshing minty green
Sencha green tea, peppermint, spearmint, nettle, lemongrass, eleuthero

Blood Orange Green



Citrus, floral
green tea, orange peel, natural orange flavor, hibiscus flowers, rosehips, natural vanilla flavor

Blueberry Moon



Fruity green, antioxidant-rich, beautiful color
green tea, elderberries, lemon peel, elderflowers, dried blueberries, butterfly pea flowers, lemon verbena, calendula, natural blueberry essence

Boulder Blues *



Rich yet refreshing, delicious hot or iced
Japanese sencha green tea, Chinese Dragonwell green tea, cornflower petals, sunflower petals, strawberry & rhubarb flavoring

Chun Mee



Chinese green tea with a plum-like flavor
green tea

Climber's High Chai *‡



Spiced chai with high caffeine, anti-inflammatory and stamina boosting
roasted yerba maté, black tea, green tea, white tea, pu'erh, ginger root, cinnamon, cardamom, licorice root, eleuthero ginseng root, saffron, black pepper, clove, fennel, safflowers, peppermint, tulsi, vanilla flavoring

Creme de la Berry



Strawberry cream with a hint of chocolate
*Chinese green tea, cacao nibs, *strawberry flavoring, *strawberry fruit pieces

* not certified organic † wild crafted

‡ tea is in more than one category

denotes caffeine content from 0 – 3 teapots

Dragonwell



Lightly sweet, hint of chestnut
green tea

Energy ‡



For increasing stamina, reducing fatigue, and promoting balance
ashwagandha root, astragalus root, eleuthero root, ginkgo biloba leaf, gotu kola, green tea leaf, reishi mushroom, schisandra berry, yerba maté leaf

Genmaicha *



Nutty & earthy
green tea, toasted brown rice

Ginger Lemon Green



Invigorating, green with a perfect balance of ginger and lemon
green tea, ginger root, lemongrass, lemon myrtle

Hair ‡



Improves blood circulation, induces hair growth
bacopa leaf, dandelion root, fenugreek seed, gotu kola, green tea leaf, hibiscus flower, lavender flower, nettle leaf, peppermint leaf, rose bud & petal, rosemary leaf

Hawaiian Pineapple



tropical golden green
*green tea, *apple pieces, *natural Hawaiian Pineapple Flavor, and lemongrass

Heart ‡



Helps to reduce inflammation, blood pressure, and cholesterol
cinnamon, ginger root, ginkgo biloba leaf, green tea leaf, hawthorne leaf & flower, linden leaf & flower, motherwort, rosemary leaf, turmeric

Hojicha



Baked, nutty Sencha
Japanese green tea

Jade Blossom



Green tea with pomegranate and a hint of blackberry
green tea, blackberry leaf, safflower petals, *natural flavors

Jasmine Green



Green tea base layered with jasmine petals (which are later removed by hand)
scented green tea

Keep Fit ‡



Fuel for your metabolism, light and invigorating
green tea, yerba maté, rooibos, lemongrass, matcha, *natural lemon flavoring

Longevity ‡



Good for allergies, inflammation, infections, blood sugar and cholesterol
ashwagandha root, cinnamon, ginkgo biloba leaf, goji berry, green tea leaf, holy basil leaf, sage leaf, turmeric

Meditative Mind ‡



An exotic aromatherapy experience
white tea, jasmine pearls, rose petals

Moroccan Mint *



Smoky gunpowder tea with pick-me-up spearmint
green tea, spearmint

Passion



A delightful blend of passion fruit and green tea, excellent iced or hot
green tea, marigold flowers, *natural passionfruit flavoring, *natural peach flavoring, *natural mango flavoring, *natural strawberry flavoring

Raspberry Basil *



Sweet, floral, refreshing
green tea, natural raspberry flavor, raspberry leaves, raspberries, rose petals, holy basil (tulsi)

Sencha



A popular green tea, incredibly versatile.
green tea

White Peach ‡



peachy, floral with white and green teas
white tea, green tea, *natural peach flavoring with other natural flavoring, ginger

OOLONG TEAS

Steep: 190°, 3-4 minutes

Bao Zhong



Smooth, floral, lingering sweetness
Taiwanese oolong tea

Coconut Cabana *



Decadent, like a macaroon
oolong tea, coconut flavoring

* not certified organic † wild crafted

‡ tea is in more than one category

denotes caffeine content from 0 – 3 teapots

Coconut Cardamom Chai Oolong



Sweet, zesty

Pouchong oolong tea, coconut chips, natural coconut flavor, cardamom, ginger root, cinnamon, allspice, clove, black pepper

Jasmine Peach Oolong ‡



Fruity, floral

oolong tea, silver needle white tea, jasmine flowers, ginger, apple pieces, apricot pieces, calendula flowers, *natural peach flavor

Milk Oolong



aka Jin Xuan or Golden Lily

Chinese oolong tea

Pink Passionfruit



Sweet, fruity

hibiscus flowers, *rosehips, *malva flowers, *natural passionfruit flavor, *raspberry pieces

Russian Caravan ‡



Bold, smoky campfire tea

lapsang souchong black tea, oolong tea, assam black tea, pu'erh tea

Taiwan GABA



Light caramel notes

Taiwanese oolong tea

Ti Kwan Yin



Sweet, yet toasty

oolong tea from Fujian, China

BLACK TEAS & PU'ERH TEAS

Steep: 208°-212°, 2-5 minutes

Assam



Perfect substitute for coffee
black tea

Ceylon Orange Pekoe *



Full bodied Sri Lankan tea
black tea

Choco-Mint Truffle *



Like a decadent mint mocha
black tea, peppermint leaves, chocolate flavoring

Chocola-Tea



Rich, dark, luxuriously indulgent
*black tea, *cacao nibs, *figs, *cracked coffee beans, *chocolate chips (dairy-free), natural flavor

Chocolate Covered Strawberry *



Your favorite romantic treat in a tea!
pu'erh tea, strawberry pieces, cocoa nibs, natural strawberry & vanilla & hazelnut flavors

Climber's High Chai *‡



Spiced chai with high caffeine, anti-inflammatory and stamina boosting
roasted yerba maté, black tea, green tea, white tea, pu'erh, ginger root, cinnamon, cardamom, licorice root, eleuthero ginseng root, saffron, black pepper, clove, fennel, safflowers, peppermint, tulsi, vanilla flavoring

Country Chai



Full-bodied chai

assam black tea, ceylon cinnamon, ginger, cardamom, fennel seed, anise seed, clove

Earl Grey



Classic black tea with Mediterranean bergamot
black tea, natural bergamot flavor

English Breakfast



Traditional black tea from India
black tea

Forest Berry



berry fruity, bold & smooth
assam black tea, rose hips, dried strawberry, blue corn flowers, strawberry essence

Ginger Black



Caffeine with belly warming ginger
black tea, ginger

Ginger Jazz ‡



Invigorating, velvety, & exotic
rosemary, nettle, rosehip, rooibos, lavender, ginger, yerba mate, pu'erh tea, fennel, cinnamon, licorice root, cardamom, black pepper, clove buds

Hearthstone Chai ‡



Earthy, balanced fruity & spicy
black tea, red rooibos, cinnamon, dried apple, ginger, licorice root, pumpkin seed, spices, vanilla bean, sunflower petals

Irish Breakfast



Malty black tea from India
black tea

* not certified organic † wild crafted

‡ tea is in more than one category

denotes caffeine content from 0 – 3 teapots

Kosabei

Notes of malt, currant, & earthiness
Kenyan black tea

Lady Lavender *

Smooth Earl Grey roots with citrus and lavender

black tea, lavender, orange peel, mallow flowers, bergamot & vanilla flavoring

Lapsang Souchong

Smoky, dried over pinewood
black tea

Lemon Drop

Zesty tart and citrus sweetness
black tea, lemongrass, essential lemon oil, lemon peel

Morning Mojo

High caffeine, smooth
pu'erh tea, black tea, orange peel, *natural vanilla flavoring

New Moon Darjeeling

Perfectly balanced 2nd flush
Darjeeling
black tea

Nutty Chai

chai meets hazelnut
black tea, cardamom, ginger root, clove, *natural cinnamon flavor, *natural hazelnut flavor, cinnamon bark

Pu'erh

Fermented black tea; deep, rich, & earthy
pu'erh tea

Roasted Chestnut Sage

Nutty, cleansing, energizing
assam black tea, *natural chestnut flavor, black sage, white sage

Rose Black *

Black tea with rose petals
black tea, rose petals, rose flavor

Russian Caravan ‡

Bold, smoky campfire tea
lapsang souchong black tea, oolong tea, assam black tea, pu'erh tea

Sister Grey

Earl grey with heavenly florals, creamy coconut, & vanilla
black tea, tea rose, culinary lavender, coconut slivers, vanilla bean, italian bergamot oil

* not certified organic † wild crafted

‡ tea is in more than one category

denotes caffeine content from 0 – 3 teapots