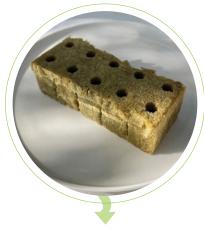


Growing your seeds

STEP 1: Add 1-3 seeds into each Rockwool cube.

STEP 2: Lightly water each cube until wet right through.

STEP 3: Put cubes on a dish or in a growing dome and put in a warm sunny spot. Keep damp.



STEP 4: Seeds will germinate over a few days depending on season and seed type. Once seedlings are about the size of the ones in the image, it is time to transfer them to the cups.

