The Manifesto.

- 1. Earth is 4.53 Billion years old, nothing matters.
- 2. Question more.
- 3. Music, scents & taste can take you on a journey far further than a plane, car or boat ever could.
- 4. Tell the world what you stand for.
- 5. Stop teaching young girls that they are the weaker sex.
- 6. Always strive to improve.
- 7. Compound collective happiness over time.
- 8. Read books that will change your perspective on how you see the world. Start with; Mans search for meaning, The Almanack of Naval Ravikant.
- 9. Don't let cheap dopamine (food, sex & notifications) be a substitute for wonder, lust & awe.
- 10. Demand more from your life.
- 11. Everything compounds overtime... relationships, money & knowledge use this to your advantage.
- 12. Ask yourself, would I still do this or buy this if I wasn't allowed to share it on social media.
- 13. Give yourself time & space to think deeply.
- 14. just because you get questions right on a television quiz show it does not make you an intellectual.
- 15. A love of reading is one of the best skills you can obtain.
- 16. Everything we consume becomes part of us.
- 17. Life is meant to be a vibrant, deeply felt, growing mosaic of long meaningful moments.



