



STRENGTH MACHINES AND EQUIPMENT

Product catalog

“Our mission is to make, not only Sweden, but the world healthier and more sustainable.”

- Kari Jernvall

Founder and Product Designer



Welcome!

Welcome to Gymleco - a Swedish, family owned business with a passion for health, innovation and sustainability. Gymleco is today the biggest designer and producer of strength training equipment in Northern Europe. We offer a complete line of strength training and exercise equipment, and are one of few in the Nordics producing our products by ourselves. We want our customers to see us as a total solution and a profitable investment.

Since 1994 Gymleco has focused on designing Swedish, unique and functional equipment with a long lifespan and without maintenance needs. At Gymleco we are truly passionate about wellness and hope that you want to join us in achieving our dream of a healthier world and a sustainable future.

Why choose Gymleco?

- Swedish brand founded in 1994
- Made by experience
- NO maintenance
- Quality materials
- Small footprint
- Suitable for all users
- Ergonomically correct
- Affordable quality

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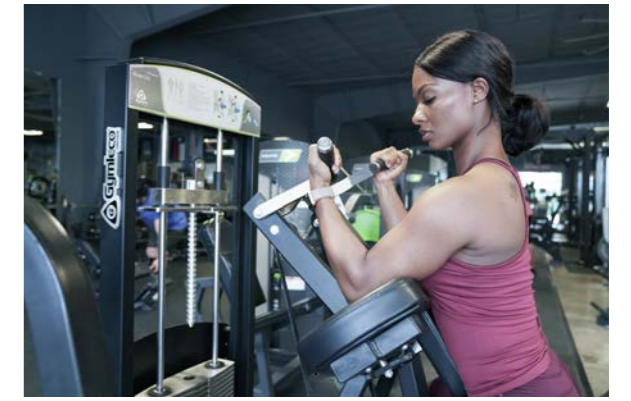
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Gymleco 1994

Aims for a sustainable future

It all started 1994 in a small kitchen, south of Stockholm in Sweden with the idea of providing the market with affordable, functional and sustainable fitness equipment. The ambition was to develop maintenance free strength training equipment with high functionality and quality. The equipment would be born by the muscle throughout the movement, without a negative impact on the joints.

The goal has always been to offer sustainable equipment that our customers can have at their gyms for decades, and now we are here. We have customers who have equipment left from the 90's - *still going strong*.

Since the start, we have focused on designing unique and functional equipment with long lifespan and without maintenance needs. We truly believe in our own sustainable design and construction, with other words: products for a sustainable future.



Gymleco now

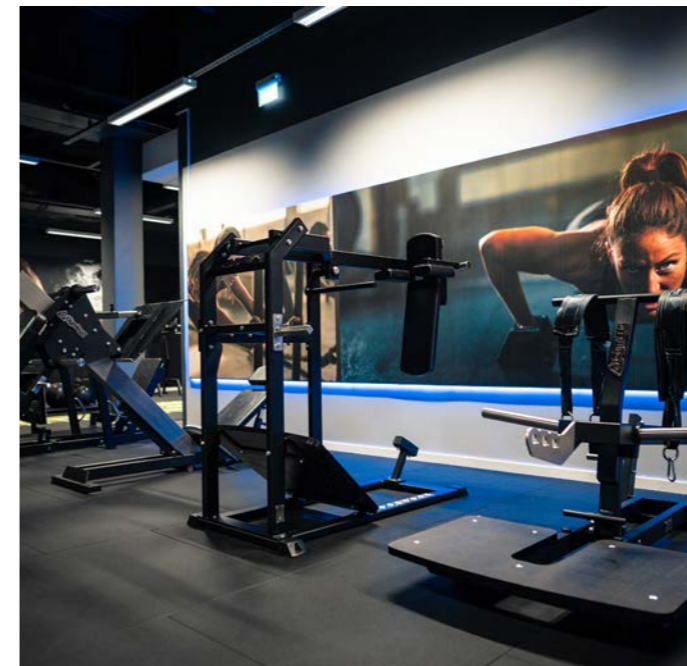
Still going strong

Today we are located in the capital of Sweden, in Stockholm. Under the same roof you can find the head office, production, warehouse and showroom. This gives us the opportunity to have control all the way from order to shipment and therefore work customer-focused with excellent communication.

With our own manufacturing we can shorten the delivery time, and it also provides an opportunity for you as a customer to order custom-made and customized solutions that are not in the ordinary product range.

Gymleco is family owned and we strive every day closer to our vision of a healthier and sustainable future. We stand behind the product development and create our Swedish equipment with proper function and movement combined with ease of use.

Everyone should be able to workout correctly with Gymleco's exercise equipment. That is why our products are designed so that the movements are proper to help you get more out of your workout whether you are a beginner or an athlete. The machines are easy to understand and use for anyone.



15 smart features in Gymleco's machines

1. Stable designs with genuine Swedish quality. Every machine is designed and manufactured by ourselves with decades of experience. Our equipment has a good looking and clean design.

2. Every machine from our 300-series comes with an easy to read instructions board in English, Swedish or Finnish. Our instruction board is indestructible, unlike those made of plastic or stickers, which are destroyed very fast. Our instruction board is made of aluminium with pictures that shows start and stop position and stretch suggestion, and describes with text and pictures which muscles that are being exercised and connected.

3. Probably the best looking weight stacks on the market and the most functional with low weight interval. The chromed weight stacks with distinctly laser marked and black colored kg number that are marked in rising succession. The chromed treatment and the laser marked kg number will look just as good after ten or twenty years. Special bump absorbing discs are lying between each weight plate to allow shock absorbent and a more quiet and softer exercise.

4. No more trouble with wires! The system in our equipment is called Poweband™. This belt has many advantages compared to wire constructions, such as: low friction, softer and more comfortable training, the life is much longer, keeps clean, won't break without warning, enables better, smoother and more good looking construction. The belt is always stretched and won't draw out on the length, won't jump out of it's path and doesn't entangle itself as wires do.

5. Our unique patent applied for belt tensioner together with correctly designed wheels will guarantee optimal function and endlessly long life for all details. The wheels of the belt has double bearings that won't need any maintenance. Furthermore, the design of the wheels automatically ensures that the belt (PowerBand TM) is centralized.

6. With our cam shaft the weight load changes after the body's own strength curve. Due to that, the muscle perceive the weight as equally heavy throughout the entire motion. Each camarm's length is specially adapted to every machine. (Biomechanics = the muscle's changed strength during the entire motion.)

7. The weight stack bars are solid and treated to allow minimal friction and in order to demand little maintenance. The bars won't bend.

8. Rubber covered handles with a good looking knob in the end. Antiseptic rubber with very high firmness and with 10 years guarantee.

9. Gymleco's steel profiles and welding joints have our lifetime guarantee. That's why we can guarantee that the quality in the exercise equipment is the best.

10. Ergonomic and comfortable. The cushions are of the highest quality and come in two kind of colors: black and red. Furthermore, the cushion are designed and constructed to provide full stability.

11. The cushion cover can be delivered with your logo choice.

12. We use flange bearings on our equipment which provide maintenance free operation and come with a lifetime guarantee. These bearings provide the least friction and highest quality.

13. We prioritize quality and finish on every machine.

14. Color choice can be customized on any piece for a custom appearance. Our standard frame color is black but we have a few different color options that allow you to provide the gym experience you desire. At Gymleco we use environmentally friendly products.

15. The stack covers have an aesthetically pleasing design that adds to the overall finish while also providing protection. The stack covers are also available in a short version that covers the height of the weight stack.



Assistance at Gymleco

You can certainly fix everything by yourself, but you don't need to. At Gymleco, we help you with everything from planning to installation of your gym. When you are thinking about choosing your gym equipment, you will receive advice and help from our specialists. Together, we review your needs and wishes to find a solution that fits.



Ideas and planning

Our staff can help you with planning and designing floor plans for both small and large gyms. We help you find smart and sustainable solutions that strengthen your business.



Delivery

We offer fast delivery home or to your company. We deliver worldwide. Together we plan the delivery so that it suits you.



Assembly and installation

We can help you with the installation of your gym equipment. We will find out all the conditions before installation and when it is time, we come and put everything together and in place according to your wishes.

Warranty

Warranty - ISO-9001

Gymleco's unique warranty ensures that your training equipment always works. We can confidently guarantee that our equipment is designed and manufactured with the goal of high performance combined with maintenance free operation. In order to maintain a top tier performance, Gymleco follows the ISO-9001 insurance system.

We offer a unique warranty that clearly defines coverage for various equipment parts. All of our spare parts are kept ready and available for quick delivery. A lifetime warranty is provided on all steel frames and weldings, large bearings, weight stack, engraving, shock absorbing discs in weight stack, weight stack bars, bar hangers and cam shaft. The lifetime guarantee includes fabrication and material errors.

A 10 year warranty is provided on Powerband (only 300-Series), the band stretching system, bearings and band wheels, the seat adjustment system, all setting possibilities, and the rubber handles. Guarantee is also provided on fabrication and material errors.

One year warranty on pads and one year warranty on the Powerband (200-Series)

ISO-9001 Quality Insurance System

At Gymleco we work in accordance with the ISO Quality Insurance System in order to maintain control and improve all production simultaneously as changes are implemented. This coordination allows the manufacturing process to be more efficient and delivers a better product to customers.

The goals of ISO-9001 are as follows: superior quality, accurate delivery, best price, quick production and service. All Gymleco products are produced in-house which allows us to maintain the production and quality.

We take pride in all of our products as we strive to provide the finest gym equipment on the market.



010 -series:

Plate Loaded machines

Gymleco's Plate Loaded machines are maintenance free, need little space and have excellent functionality. The individual levers allow, according to extensive studies, the safest and most efficient training.

The Plate Loaded machines also work incredibly well with rehabilitation. The levers are individually linked which results in better coordination between the right and left side which quickly increases muscle balance. Therefore, training is more efficient compared to other exercise equipment. These also have a very low starting weight so that weights can be added in small increments if desired. The machines are designed to be easily adjustable for all types of trainers.

All the machines have black frames as standard color and black or red cushions.
Read more about each product on our website: www.gymleco.com



Seated Row
Art.nr: 010

Length: 150 cm
Width: 75 cm
Height: 115 cm

Weight: 68,5 kg



Iso Lateral Pulldown
Art.nr: 011

Length: 156 cm
Width: 104 cm
Height: 199 cm

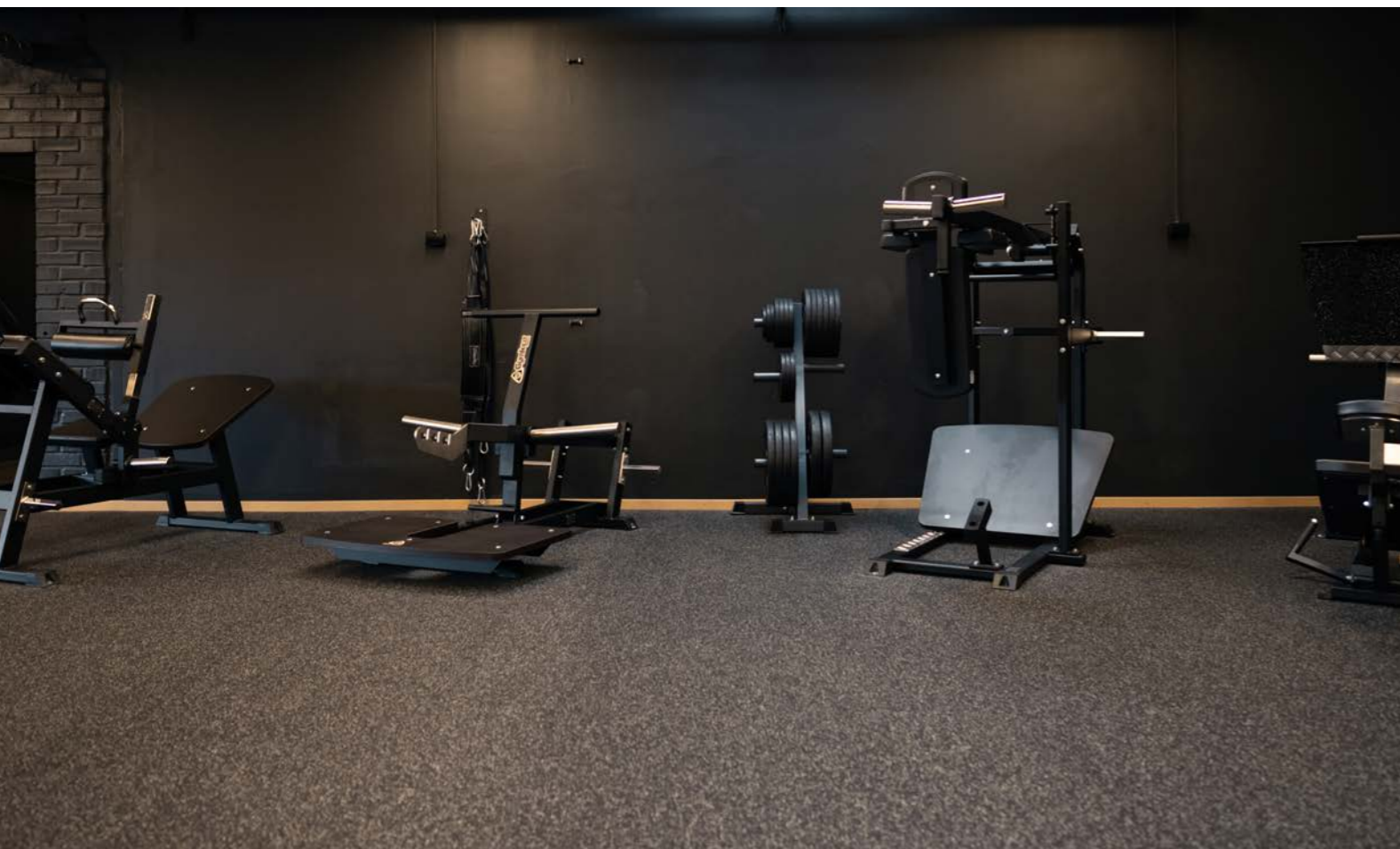
Weight: 136 kg



Iso Lateral Low Row
Art.nr: 012

Length: 120 cm
Width: 112 cm
Height: 174 cm

Weight: 112 kg



Iso Lateral High Row
Art.nr: 013

Length: 160 cm
Width: 110 cm
Height: 198 cm

Weight: 152 kg



Lateral Incline Press
Art.nr: 020

Length: 110 cm
Width: 113 cm
Height: 177 cm

Weight: 115 kg



Lateral Wide Chest
Art.nr: 021

Length: 180 cm
Width: 104 cm
Height: 137 cm

Weight: 101 kg



Iso Lateral Bench Press
Art.nr: 022

Length: 163 cm
Width: 133 cm
Height: 114 cm

Weight: 92,5 kg



Pec Deck, Individual arms
Art.nr: 023

Length: 155 cm
Width: 164 cm
Height: 93 cm

Weight: 100 kg



Chest Press, Standing
Art.nr: 028

Length: 152 cm
Width: 100 cm
Height: 163 cm

Weight: 135 kg



Viking Press
Art.nr: 038

Length: 121 cm
Width: 98 cm
Height: 154 cm

Weight: 125 kg
Start weight in the handles: 21 kg



Leg Extension
Art.nr: 040

Length: 92 cm
Width: 120 cm
Height: 130 cm

Weight: 93 kg



Leg Curl Seated
Art.nr: 041

Length: 125 cm
Width: 100 cm
Height: 110 cm

Weight: 95,5 kg



Shoulder Press
Art.nr: 030

Length: 130 cm
Width: 114 cm
Height: 149 cm

Weight: 111 kg



Shoulder Rotation
Art.nr: 031

Length: 105 cm
Width: 114 cm
Height: 135 cm

Weight: 95,5 kg



Upright Row
Art.nr: 032

Length: 120 cm
Width: 140 cm
Height: 94 cm

Weight: 79,2 kg



Leg Curl Standing
Art.nr: 042

Length: 96 cm
Width: 117 cm
Height: 123 cm

Weight: 83,5 kg



Leg Press
Art.nr: 043

Length: 226 cm
Width: 78 cm
Height: 180 cm

Weight: 130 kg



Squat / Hack Squat
Art.nr: 044

Length: 177 cm
Width: 85 cm
Height: 156 cm

Weight: 115 kg



Pendulum Squat
Art.nr: 045

Length: 191 cm
Width: 87-110 cm
Height: 163 cm

Weight: 150 kg



Donkey Raise
Art.nr: 046

Length: 146 cm
Width: 65 cm
Height: 156 cm

Weight: 80,5 kg



Tibia Dorsi Flexion
Art.nr: 047

Length: 102 cm
Width: 60 cm
Height: 51 cm

Weight: 35,5 kg



Gluteus, One Leg kick
Art.nr: 060

Length: 126 cm
Width: 119 cm
Height: 133 cm

Weight: 112,5 kg



Reverse Hyper
Art.nr: 061

Length: 116 cm
Width: 140 cm
Height: 144 cm

Weight: 87,5 kg



Reverse Hyper Pendulum
Art.nr: 062

Length: 137 cm
Width: 133,5 cm
Height: 111 cm

Weight: 100 kg



Iso Lateral Biceps
Art.nr: 050

Length: 104 cm
Width: 120 cm
Height: 103 cm

Weight: 91 kg



Iso Lateral Triceps
Art.nr: 051

Length: 124 cm
Width: 102 cm
Height: 136 cm

Weight: 96 kg



Dip Press
Art.nr: 055

Length: 190 cm
Width: 70 cm
Height: 90 cm

Weight: 84 kg



Hip Thrust machine
Art.nr: 066

Length: 160 cm
Width: 96 cm
Height: 124 cm

Weight: 109 kg



Abdominal Seated
Art.nr: 070

Length: 83 cm
Width: 114 cm
Height: 168 cm

Weight: 72 kg



Ab Roll up
Art.nr: 072

Length: 100 cm
Width: 96 cm
Height: 140 cm

Weight: 72,5 kg



Belt Squat machine
Art.nr: 082

Length: 170 cm
Width: 100 cm
Height: 115 cm

Weight: 100 kg



Deadlift / Squat machine
Art.nr: 083

Length: 140 cm
Width: 130 cm
Height: 82 cm

Weight: 96 kg
Start weight: 23 kg



Leg Press
Art.nr: 243

Length: 218 cm
Width: 78 cm
Height: 142 cm

Weight: 161,5 kg



Hack Lift 45°
Art.nr: 244

Length: 195 cm
Width: 80 cm
Height: 145 cm

Weight: 137,5 kg



Leg Press/Hack Lift
Combination
Art.nr: 245

Length: 230 cm
Width: 81 cm
Height: 145 cm

Weight: 150 kg



100 -series:

Basic equipment

The 100-series consists of user-friendly gym equipment that suits a wide range of both commercial gyms and home gyms. In this series you will find our benches, a few racks and some machines. As always the equipment is constructed to commercial specifications that have been tested and proven for over 25 years. If you are looking for more equipment, please look into the Gymleco Product Catalog for accessories.

At Gymleco we are always implementing user friendly designs. All equipment have black frames as standard and black or red cushions. Read more about each product on our website: www.gymleco.com



Chin Rack for Cable Cross
Art.nr: 110K

Length: 140 cm
Width: 18 cm

Weight: 6,5 kg



Chin Rack, Wall mounted
Art.nr: 110V

Length: 145 cm
Width: 61,5 cm
Height: 42 cm

Weight: 9,5 kg



Chins Rack, Standing
Art.nr: 111

Length: 126 cm
Width: 150 cm
Height: 240 cm

Weight: 73,5 kg



T-bar Row
Art.nr: 115

Length: 206 cm
Width: 86 cm
Height: 47 cm

Weight: 59,5 kg



Incline T-bar row with Breast Cushion
Art.nr: 116

Length: 219 cm
Width: 92 cm
Height: 109 cm

Weight: 74 kg



Seal Rowing Bench
Art.nr: 117

Length: 147 cm
Width: 122,5 cm
Height: 91 cm

Weight: 55 kg

The barbell is not included.



Incline Bench Press
Art.nr: 120

Length: 125 cm
Width: 150 cm
Height: 124 cm

Weight: 61 kg



Bench Press with Fixed Bar Holder
Art.nr: 122F

Length: 123 cm
Width: 123 cm
Height: 124 cm

Weight: 53 kg



Bench Press Stand with Adjustable Bar Holders
Art.nr: 122R

Length: 125 cm
Width: 123 cm
Height: 104 cm

Weight: 37 kg



Sissy Squat
Art.nr: 144

Length: 77 cm
Width: 64 cm
Height: 57 cm

Weight: 27,5 kg



Calf Press, Seated
Art.nr: 145

Length: 140 cm
Width: 60 cm
Height: 85 cm

Weight: 54,5 kg



Calf Raise Block
Art.nr: 146

Length: 51 cm
Width: 31 cm
Height: 13 cm

Weight: 5 kg



Bench Press with Safety Bar Support
Art.nr: 122RS

Length: 125 cm
Width: 124 cm
Height: 104 cm

Weight: 46 kg



Glute Ham Raise
Art.nr: 141

Length: 110 cm
Width: 60 cm
Height: 90 cm

Weight: 51 kg



Bench Press and Squat Rack
Art.nr: 142

Length: 128 cm
Width: 69 cm
Height: 75 - 163 cm

Weight: 31 kg



Squat Rack
Art.nr: 148

Length: 162 cm
Width: 100 cm
Height: 186 cm

Weight: 65 kg



Power Rack
Art.nr: 149

Length: 122 cm
Width: 90 cm
Height: 205 cm

Weight: 76,5 kg



Curl Bar Rack
Art.nr: 150

Length: 70 cm
Width: 95 cm
Height: 127 cm

Weight: 22 kg



Scott Curl Bench, seated
Art.nr: 151

Length: 101 cm
Width: 70 cm
Height: 95 cm

Weight: 35,5 kg



Scott Curl Bench, standing
Art.nr: 152

Length: 63 cm
Width: 53 cm
Height: 92 cm

Weight: 26 kg



Fixed Bench 70 degrees
Art.nr: 153

Length: 76 cm
Width: 40 cm
Height: 92 cm

Weight: 19 kg



Back Raise, 45 degrees
Art.nr: 162F45

Length: 102 cm
Width: 60 cm
Height: 117 cm

Weight: 38 kg



Back Raise, 90 degrees
Art.nr: 162F90

Length: 102 cm
Width: 60 cm
Height: 104 cm

Weight: 36,5 kg



Back Raise, Knee standing
Art.nr: 163

Length: 105 cm
Width: 59 cm
Height: 79 cm

Weight: 38 kg



Stand for Decline Bench
Art.nr: 154

Length: 125 cm
Width: 170 cm
Height: 110 cm

Weight: 52,5 kg



Dip Press stand
Art.nr: 155

Length: 80 cm
Width: 80 cm
Height: 140 cm

Weight: 37 kg



Back Raise, Adjustable
Art.nr: 162

Length: 102 cm
Width: 60 cm
Height: 117 cm

Weight: 41,5 kg



Hip Thrust bench
Art.nr: 166

Length: 150 cm
Width: 73 cm
Height: 50 cm

Weight: 43,5 kg



Abdominal Bench
(Romain Chair)
Art.nr: 170

Length: 102 cm
Width: 58 cm
Height: 57 cm

Weight: 21 kg



Abdominal Bench Plus
Art.nr: 171

Length: 102 cm
Width: 58 cm
Height: 105 cm

Weight: 22 kg



Leglift with dips
Art.nr: 173

Length: 70 cm
Width: 91 cm
Height: 143 cm

Weight: 68 kg



Brutal Bench
Art.nr: 174

Length: 75 cm
Width: 50 cm
Height: 160 cm

Weight: 24 kg



Dip for Brutal Bench
Art.nr: 174-1

Length: 101 cm
Width: 69 cm

Weight: 7,5 kg



Flat Bench Adjustable
Art.nr: 192

Length: 122 cm
Width: 35,5 cm
Height: 56 cm

Weight: 16 kg



Decline Bench, Adjustable
Art.nr: 193

Length: 133 cm
Width: 45 cm
Height: 42 - 115 cm

Weight: 31.5 kg



Decline Bench Curved,
Adjustable -15+85 degree
Art.nr: 193S

Length: 133 cm
Width: 45 cm
Height: 42 - 115 cm

Weight: 33 kg



Leglift with chins and dips
Art.nr: 179

Length: 70 cm
Width: 91 cm
Height: 227 cm

Weight: 78 kg



Adjustable Bench
Art.nr: 190

Length: 125 cm
Width: 45 cm
Height: 43,5 cm

Weight: 25,5, kg



Flat Bench Fixed
Art.nr: 191

Length: 124 cm
Width: 45 cm
Height: 43,5 cm

Weight: 24,5 kg



Decline Bench Fixed
Art.nr: 194

Length: 148 cm
Width: 60 cm
Height: 60 cm

Weight: 27,5 kg



Decline Bench Adjustable
Art.nr: 194R

Length: 148 cm
Width: 60 cm
Height: 60 cm

Weight: 27,5 kg

200-series:

Cable machines and multigym

The 200-series consists of modern equipment which is engineered to provide optimal function and designed to save space with a compact design. All of our pulleys are designed for a smooth user experience which provide less resistance and better feeling.

The band (Powerband™) we use on our pulleys, lifts with the band wheels which centralizes the band to allow a comfortable and smooth run. When using our band you will have a better workout experience because our band provides an even run compared to other cable machines. All of our machines are designed to be modern and reliable with innovative details. If desired, all of our machines can be ordered with bigger weight stacks customized for the users needs.

All the machines have black frame as standard color and black or red cushions.
Read more about each product on our website: www.gymleco.com



Seated Row
Art.nr: 210

Length: 100 cm
Width: 55 cm
Height: 227 cm

Weight: 178,5 kg
Weight Plate: 100 kg



Lateral Pulldown
Art.nr: 211

Length: 124 cm
Width: 52 cm
Height: 227,5 cm

Weight: 168,5 kg
Weight Plate: 100 kg



Lateral Pulldown Rehab
Art.nr: 211R

Length: 124 cm
Width: 52 cm
Height: 227,5 cm

Weight: 168,5 kg
Weight Plate: 100 kg



Pulldown position



Row position



Lateral Pulldown/Seated Row
Art.nr: 214

Length: 112 cm
Width: 132 - 213 cm
Height: 225 cm

Weight: 168,5kg
Weight Plate: 100 kg



Four Station Multigym
Art.nr: 215

Length: 323 cm
Width: 58 cm
Height: 243 cm
Weight N.W: 545 kg

Cable Cross: 60 kg
Row: 100 kg
Pulldown: 100 kg
Triceps: 60 kg



Multigym 4 Station With Cable Cross
Art.nr: 215K

Length: 410 cm
Width: 323 cm
Height: 243 cm

Weight N.W: 682 kg

Cable Cross: 60 kg x 2
Row: 100 kg
Pulldown: 100 kg
Triceps: 60 kg



Multigym 8 Station With Cable Cross
Art.nr: 215DK

Length: 410 cm
Width: 323 cm
Height: 243 cm

Weight N.W: 1227 kg

Cable Cross: 60 kg x2
Row: 100 kg x2
Pulldown: 100 kg x2
Triceps: 60 kg x2



Lateral Triceps Pushdown
Art.nr: 251

Length: 110 cm
Width: 70 cm
Height: 223 cm

Weight: 126,5 kg
Weight Plate: 60 kg



Lateral Biceps/Triceps
Art.nr: 255

Length: 192 cm
Width: 60 cm
Height: 180 cm

Weight: 145 kg
Weight Plate: 60 kg



Cable Crossover Multigym
Art.nr: 225

Length: 308 cm
Width: 58 cm
Height: 225 cm

Weight: 258 kg
Weight Plate: 60 kg x 2



Half of a Cable Cross
Art.nr: 225B

Length: 48 cm
Width: 58 cm
Height: 225 cm

Weight: 122 kg
Weight Plate: 60 kg



Dual Pulley, Adjustable
Art.nr: 226

Length: 151 cm
Width: 77 cm
Height: 228 cm

Weight: 279 kg
Weight Plate: 80 kg x 2



Smith Machine
Art.nr: 280

Length: 207 cm
Width: 90 cm
Height: 208 cm

Weight: 113 kg



Smith Machine
with counterweight
Art.nr: 281

Length: 207 cm
Width: 90 cm
Height: 208 cm

Weight: 115 kg



Multi Smith Machine
Art.nr: 285

Length: 207 cm
Width: 149 cm
Height: 220 cm

Weight: 145 kg

300 -series:

SelectORIZED machines

The 300-series consists of gym machines designed specifically for those who want the absolute best. All machines are of timeless design and each piece is engineered for reliable performance.

At Gymleco our top priority is function, for example our unique details such as the cam arm or band that transfers weight. All Gymleco machines are easy to maintain with a few simple adjustments, that are easy to access with no disassembly. Some of our 300 series machines have an R after the art. number, which means that the start angle is adjustable for rehabilitation use. All machines are constructed to the highest quality and built to withstand years of intense use. The weight stack stands are low to provide a more open and free design, and the instruction board is clearly labeled.

All the machines have black as standard frame color and black or red cushions. Read more about each product on our website: www.gymleco.com



Row, Seated
Art.nr: 310

Length: 120 cm
Width: 60 cm
Height: 162 cm

Weight: 227 kg
Weight Plate: 100 kg



Lateral Pulldown
Art.nr: 311

Length: 126 cm
Width: 95 cm
Height: 186 cm

Weight: 211 kg
Weight Plate: 100 kg



Iso Lateral Low Row
Art.nr: 312

Length: 121 cm
Width: 81 cm
Height: 166 cm

Weight: 206 kg
Weight Plate: 100 kg



Chins and dips
Art.nr: 314

Length: 126 cm
Width: 120 cm
Height: 200 cm

Weight: 226 kg
Weight Plate: 100 kg



Chest Press, Incline
Art.nr: 320

Length: 156 cm
Width: 122 cm
Height: 173 cm

Weight: 218 kg
Weight Plate: 100 kg



Chest Press, Seated
Art.nr: 321

Length: 139 cm
Width: 137 cm
Height: 149 cm

Weight: 224 kg
Weight Plate: 100 kg



Pec Deck, Seated
Art.nr: 323

Length: 146 cm
Width: 171 cm
Height: 150 cm

Weight: 198,5 kg
Weight Plate: 100 kg



Pullover with handles
Art.nr: 324

Length: 143 cm
Width: 89 cm
Height: 172 cm

Weight: 190 kg
Weight Plate: 100 kg



Standing Wide Chest
Art.nr: 326

Length: 112 cm
Width: 135 cm
Height: 177 cm

Weight: 200 kg
Weight Plate: 100 kg



Standing Shoulder Rotation
Art.nr: 334

Length: 112 cm
Width: 82 cm
Height: 167 cm

Weight: 190 kg
Weight Plate: 80 kg



Rear Deltoid/Pec Deck
Art.nr: 335

Length: 147 cm
Width: 70 - 174 cm
Height: 149 cm

Weight: 224 kg
Weight Plate: 100 kg



Leg Extension
Art.nr: 340

Length: 95 cm
Width: 99 cm
Height: 162 cm

Weight: 202 kg
Weight Plate: 100 kg



Shoulder Press
Art.nr: 330

Length: 155 cm
Width: 125 cm
Height: 165 cm

Weight: 234 kg
Weight Plate: 100 kg



Shoulder Rotation, Seated
Art.nr: 331

Length: 87 cm
Width: 75 cm
Height: 135 cm

Weight: 168 kg
Weight Plate: 80 kg



Rear Deltoid Shoulder
Art.nr: 333

Length: 147 cm
Width: 70 - 174 cm
Height: 149 cm

Weight: 224 kg
Weight Plate: 100 kg



Leg Extension Rehab
Art.nr: 340R

Length: 95 cm
Width: 99 cm
Height: 162 cm

Weight: 213 kg
Weight Plate: 100 kg



Leg Curl Seated
Art.nr: 341

Length: 100 cm
Width: 136 cm
Height: 148 cm

Weight: 163,5 kg
Weight Plate: 80 kg



Leg Curl Lying
Art.nr: 342

Length: 170 cm
Width: 97 cm
Height: 149 cm

Weight: 173,5 kg
Weight Plate: 80 kg



Leg Curl Lying, Rehab
Art.nr: 342R

Length: 170 cm
Width: 97 cm
Height: 149 cm

Weight: 182,5 kg
Weight Plate: 80 kg



Leg Press, Seated
Art.nr: 343

Length: 221 cm
Width: 116 cm
Height: 162 cm

Weight: 316 kg
Weight Plate: 150 kg



Calf Press, Seated
Art.nr: 345

Length: 120 cm
Width: 60 cm
Height: 140 cm

Weight: 203 kg
Weight Plate: 120 kg



Biceps Curl
Art.nr: 350

Length: 100 cm
Width: 95 cm
Height: 153 cm

Weight: 153 kg
Weight Plate: 60 kg



Triceps Extension
Art.nr: 351

Length: 130 cm
Width: 60 cm
Height: 140 cm

Weight: 182 kg
Weight Plate: 100 kg



Dips press/Shoulder Pull
Art.nr: 354

Length: 174 cm
Width: 85 cm
Height: 136 cm

Weight: 235 kg
Weight Plate: 100 kg



Calf Press, Standing
Art.nr: 347

Length: 130 cm
Width: 60 cm
Height: 180 cm

Weight: 247 kg
Weight Plate: 150 kg



Calf Press, 45 Degree
Art.nr: 348

Length: 150 cm
Width: 86 cm
Height: 146 cm

Weight: 255 kg
Weight Plate: 150 kg



Leg Extension/Leg Curl
Art.nr: 349

Length: 115 cm
Width: 99 cm
Height: 163 cm

Weight: 224 kg
Weight Plate: 100 kg



Biceps/Triceps
Art.nr: 355

Length: 129 cm
Width: 84 cm
Height: 149 cm

Weight: 170 kg
Weight Plate: 60 kg



Forearm, 3 exercises
Art.nr: 356

Length: 61 cm
Width: 75 cm
Height: 136 cm

Weight: 147,5 kg
Weight Plate: 80 kg



Forearm Curl
Art.nr: 357

Length: 93 cm
Width: 78 cm
Height: 103 cm

Weight: 152 kg
Weight Plate: 80 kg



Gluteus, One Leg kick
Art.nr: 360

Length: 86 cm
Width: 75 cm
Height: 136 cm

Weight: 187 kg
Weight Plate: 100 kg



Lumbar/Abdominal
Art.nr: 365A

Length: 100 cm
Width: 90 cm
Height: 160 cm

Weight: 225 kg
Weight Plate: 100 kg



Lumbar/Abdominal
Art.nr: 365B

Length: 100 cm
Width: 90 cm
Height: 160 cm

Weight: 230 kg
Weight Plate: 100 kg



Multihip
Art.nr: 369

Length: 115 cm
Width: 110 cm
Height: 160 cm

Weight: 177 kg
Weight Plate: 80 kg



Standing Gluteus Abductor
Art.nr: 362

Length: 110 cm
Width: 65 cm
Height: 142 cm

Weight: 200 kg
Weight Plate: 100 kg



Abdominal, Seated
Art.nr: 370

Length: 170 cm
Width: 101 cm
Height: 104 cm

Weight: 176 kg
Weight Plate: 60 kg



Waist Rotation
Art.nr: 375

Length: 120 cm
Width: 75 cm
Height: 139 cm

Weight: 155 kg
Weight Plate: 60 kg



Abdominal, Kneestanding
Art.nr: 376

Length: 95 cm
Width: 65 cm
Height: 125 cm

Weight: 146,5 kg
Weight Plate: 60 kg



Adductor/Abductor
Art.nr: 364

Length: 130 cm
Width: 86 cm
Height: 137 cm

Weight: 192 kg
Weight Plate: 80 kg

900 -series:

Circuit training machines

Gymleco has the best commercial circuit training equipment for fitness centers, corporate offices and rehab centers. Gymleco has developed and designed the circuit training series with ten double acting hydraulic machines so you can train your full body quickly and efficiently while having fun.

The load is easily adjustable between six levels of resistance. Whether you just want to supplement your gym with a variety of machines or are intended to build an exclusive circuit training gym - Gymleco has the best equipment for you. Read more about each product on our website: www.gymleco.com



Pulldown/shoulderpress
Art.nr: 911

Length: 113 cm
Width: 69 cm
Height: 115 cm
Weight: 45 kg



Chest press and back
Art.nr: 921

Length: 94 cm
Width: 57 cm
Height: 104 cm
Weight: 43 kg



Pec Dec/Shoulders
Art.nr: 935

Length: 94 cm
Width: 146 cm
Height: 104 cm
Weight: 50 kg



Hacksquat
Art.nr: 944

Length: 173 cm
Width: 86 cm
Height: 107 cm
Weight: 67 kg



Leg extension/legcurl
Art.nr: 949

Length: 105 cm
Width: 77 cm
Height: 117 cm
Weight: 63 kg



Shoulder Pull/Dips
Art.nr: 954

Length: 113 cm
Width: 69 cm
Height: 115 cm
Weight: 45 kg



Biceps / Triceps
Art.nr: 955

Length: 101 cm
Width: 76 cm
Height: 124 cm
Weight: 45 kg



Adductor/Abductor
Art.nr: 964

Length: 133 cm
Width: 71 cm
Height: 113 cm
Weight: 56 kg



Lumbar/Abdominal
Art.nr: 965

Length: 101 cm
Width: 83 cm
Height: 134 cm
Weight: 46 kg



Waist Trainer
Art.nr: 975

Length: 89 cm
Width: 66 cm
Height: 104 cm
Weight: 38 kg

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