

November 2021, No. 20

Nov 18, 2021

Dear JourneyWoman,

I'm writing this to you from my temporary home in Mexico. I'm finally living my dream of travelling full-time — such a stark contrast to last November, when Ontario was headed into yet another lockdown. After years of planning, <u>downsizing all my possessions</u> to travel and then waiting...and waiting...I began my journey a month ago in the stunning colonial city of San Miguel de Allende.

I've always put my faith in the universe, and as the CEO and publisher of JourneyWoman, travel is more than a passion for me, it's my life! After all, how can I authentically share my advice about travel with you if I'm not travelling myself?

However, travel isn't easy right now. As I mentioned after my trip to Spain in October, travel requires a certain mindset and a different set of coping skills. I know that there are risks associated with my decision to travel, and that this isn't for everyone. Read what I'm doing to travel safely in these uncertain times. We've also created several new courses to help you prepare for future travel, for new and aspiring solo travellers and more (see the full list below).

Please be safe and well,

Carolyn

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JourneyWoman™: Inspiring women to travel safely since 1994

"She was wild and free with a dab of logic in between, chasing her dreams and following her heartbeat." —Nikki Rowe



Seven Ways to Lose Your Heart to San Miguel de Allende by Carolyn Ray: Starting with Day of the Dead, Carolyn explores SMA's most unique experiences, where to eat and tips for first-timers to visit the colonial 'corazón' of Mexico."

Read More!



Transformational Travel: How Women Can Be a Force for Good by Carolyn Ray: Transformational Travel Coach Jill Valentine shares how you can make travel more meaningful by being open to the possibilities your journey will reveal.

Read More!



On Spain's Camino de Santiago, Expect the Unexpected by Carolyn Ray: Carolyn finds that you can travel solo in a group, and other surprising moments on the iconic Camino de Santiago pilgrimage in October.

Read More!



Follow Your Passion by Amanda Burgess: Meet Juliana, a travelling storyteller from Colombia who made her passion her soul's purpose.

Read More!

HAVE YOU VISITED THE NEW JOURNEYWOMAN SHOP YET?

Just in time for the holidays, we've got quality, sustainable items to help you travel safely and well, from luggage tags to a sassy flamingo bandana.

LOOKING FOR A WOMEN-FRIENDLY TOUR OR RETREAT?

Find the trip of your dreams in our new Women's Travel Directory, which features womenowned businesses in over 100 countries around the world. **Advertisers:** Renew your listings before December 31 to secure our low 2021 rates.



Unique Accommodations: 8 Places You'll Want to Travel to by Amanda Burgess: A Bedouin camp, tundra lodge and bubble hotel — women share their most unique accommodations in far-flung destinations.

Read More!



December Book Club: "From Scratch" by Tembi Locke: If you love Italy, join us for our last book club meeting featuring a cross-cultural love story set against the Sicilian countryside, and the healing gifts of food and family. (It's a tearjerker!)

Read More!

PUT THESE DATES ON YOUR CALENDAR!

Would you like to join, host or start a Community Call to meet other like-minded women? Use the World Clock Time Converter to find an existing one to join!

- Weekly Community Call: Every Friday at 10 am ET
- Tuesday, November 23 and 30, 7 pm ET: Travel Vision Course
- Monday, November 29, 7 pm ET: Solo Travel Wisdom Course #1: Why Go Solo
- · West Coast Community Call, Thursday, December 9, 11 am PT
- Monday, December 13, 7 pm ET: Solo Travel Wisdom Course #2: Solo Travel Safety
- Wednesday, December 15, at 8 pm ET: December Book Club "From Scratch"
- December Holiday Social, December 16, 7 pm ET (Details to follow)
- Tuesday, January 11, 18, 25, 7 pm ET: iPhone Travel Photography Course