

Dear JourneyWoman,

The Northern Lights inextricably connect us to the universe in a way that no other experience in the world can offer. Around the world, recent geomagnetic storms are creating spectacular light displays, offering us rare opportunities to see the aurora borealis farther south than usual.

While these elusive and mesmerizing lights can be seen from many countries, Northern Canada, Iceland, Alaska and Norway stand out as premiere destinations to feel 'close to heaven.' In fact, women ranked the Northern Lights as the #1 trip for women in our June survey of <u>The Top Seven Once-in-a-Lifetime Travel Experiences for Women</u>. In this issue, we take you to some of these places with expert advice, women's stories, books and documentaries. You'll want to save this issue for the time when your Northern Lights dreaming turns to planning.



Set Your Soul on Fire: A Women's Guide to the Northern Lights by Carolyn Ray: Women share their insider tips on the best place to see the Northern Lights, tour operators, packing tips and more!

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Exploring the Wonders of Iceland with my Grandson by Evelyn Hannon: From our archives, JourneyWoman founder Evelyn shares a memorable trip to Iceland with her then 16-year old grandson Josh.

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Step off the Beaten Path and Find Adventure in These Five Places by Amanda Burgess: Reader-recommended places where you can see the Northern Lights, including the Svalbard Islands, Norway, Baffin Island, and Greenland.

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Sarah Wheeler's the Magnetic North Takes us to the Arctic Circle by Carolyn Ray: Our October Book of the Month is a fascinating exploration of life in the Arctic Circle, covering Canada, Russia, Alaska, Denmark, Norway and Finland.

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Looking for a Women-Friendly Tour that takes you to the Northern Lights?

Visit our Women's Travel Directory!



An Ice Road Adventure in Canada's Northwest Territories by Jo Anne Wilson: When city girl Jo Anne moved to Yellowknife, the North reached deep into her being, starting with an icy, unexpected adventure.

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Travelling with Chronic Pain in Iceland: Tips to Stay Adventurous by Karen Gershowitz: After experiencing severe back pain caused by bulging disks, arthritis and pinched nerves, Karen had to find new ways to travel: "With careful planning and mindful traveling, the world remains open to me."

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A New Way to Travel: Exploring Scandinavia on my Alinker Walking Bike by Elizabeth Jones: Diagnosed with multiple sclerosis in 2002,

Elizabeth Jones shares her 'trip of a lifetime' to Denmark and Sweden with Jane, her Alinker walking bike.

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