

### May 2021, No. 9

May 5, 2021

Dear JourneyWoman,

There's nothing I enjoy more than connecting with you -- but two emails in one day is a bit much! With apologies for the first email, *THIS* is the email we meant to send today! This email contains our actual May issue (although I do hope you'll complete ourTravel Dreams <u>survey</u> <u>here</u> and sign up for our Ethics in Animal Tourism session <u>here</u>).

I also wanted to thank you so much for the many kind notes inquiring about my daughter Alyxandra; fortunately, she has recovered from COVID and somehow persevered through exams to complete her third year at university. I'm very proud of her and grateful she's all right, too.

In June, we're taking a pause on most of our virtual events to focus on improving our website. We're simplifying our design to help you find articles more easily (including our beloved Tips and What to Wear sections). We are also building more country destination guides, safety and COVID travel resources, and a new Community Forum where you can ask questions and share information. Thank you to everyone who took the time to complete our website survey last month. I really appreciate your feedback and value your ideas! After all, this is for you!

And now, on to our actual May issue of JourneyWoman Magazine, which introduces you to the first recipient of the JourneyWoman Award, celebrates the wise women in our community, shares the results of our Women's Safety Survey, and more. I hope you enjoy it!

Please be safe and well,

Carolyn

Carolyn Ray, Publisher + Editor-in-Chief, JourneyWoman

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JourneyWoman™: Inspiring women to travel safely since 1994

Curiosity: Leading us down new paths

Every issue we bring you brand new, original content to keep you inspired about travel. in May we explore curiosity, which inspires us to take that first step into the future, while honouring the wisdom of the past.



Expanding the Bucket List to Include Animal Welfare by Carolyn Ray: When we return to travel, we want to do so by living our wildest dreams out fully and intentionally. This includes making good choices about how to engage with and protect wildlife. Join our Q&A Session with Carolyn and Animal Tourism expert Nora Livingstone on May 13 to learn more; proceeds go to Wildlife Friends Foundation Thailand.

Read More!



5 Things Women Travellers 65+ Know That Keep Them Ageless by Amanda Burgess: We sit down with incredible JourneyWomen ages 65 to 85 to hear the wisdom they've learned throughout the years, and why they will never stop traveling. These women will amaze you, inspire you and make you laugh out loud with their energy and humour.

Read More!



Safety Doubleheader: Women, Take Charge of Your Own Safety With These Expert Self-Defense Tips and our Safety Survey Results by Carolyn Ray: We've got tips and the video from our April 15 webinar with self-defense expert Lorna Selig, President, Safe4Life, and 10 Insights from our safety survey, which was completed by over 350 women in our community. Thank you for sharing your views. (And no, this is photo is NOT Lorna!)

Read More!



Introducing Alessandra Alonso, the first recipient of the "JourneyWoman Award" by Carolyn Ray: Meet the inspiring Alessandra Alonso, Founder of Women in Travel CIC and find out what she's doing to empower women. Alessandra has also a special invitation for you to attend her upcoming Women in Travel and Tourism Forum on May 10-14.

Read More!



Alice Morrison's "Morocco to Timbuktu: An Arabian Adventure" is our May Book Club Feature by Carolyn Ray: Last month we visited the Silk Route, and now we're off to the 'Salt Route' between Morocco and the lost city of Timbuktu. All are welcome to join our Book Club meeting on May 19. At Alice's request, proceeds will be going to help girls' education in Morocco. It's not too late to order our new Sand to Sea Book Box, which includes our May, June and and July books and some special goodies. Response has been amazing!

Read More!



Photo Etiquette Tips for World Travellers by Carol Moore-Ede: No matter what continent you travel to, you are a guest within a set of different cultures. These ways of life may differ by country, region, or even village. Guest Writer and photographer Carol Moore-Ede shares her stunning photos from around the world and gives us a snapshot of her best tips for capturing travel photos without forgetting your manners.

Read More!

### WEBINAR: Turning Travel Fear into Fun Thursday, May 20, 8 pm EDT

Sometimes fear can stop us from realizing our dreams. After this past year, many of us are feeling traumatized. When will it be "safe" to travel again? How can possibly I deal with my anxiety? Join Doni Belau from Girls Guide to Paris and an all-women panel including therapist Mary Beth Metelski, Carolyn Ray from JourneyWoman, Debbie Phillips from Women on Fire, Janice Waugh from Solo Traveler and Kelly Lewis from Damesly. To

### register please click here.

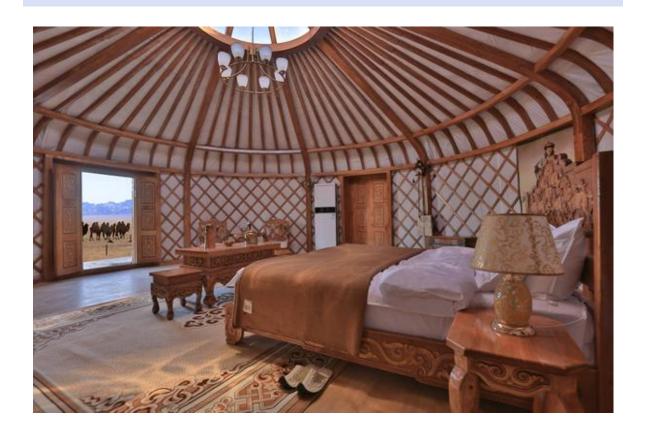
SUPPORT INDIGENOUS TOURISM: We believe in supporting the traditions and values of Indigenous peoples and aspire to share their wisdom through our editorial. Throughout the pandemic, Indigenous tourism businesses worldwide have been struggling and many will not be able to continue operating without support. In Canada, federal funding for indigenous tourism businesses has been severely reduced. You can learn more about the challenges that the indigenous tourism industry is facing by watching this emotional <a href="wideo.">video</a>, produced by the <a href="Indigenous Tourism Association of Canada (ITAC)</a>. We invite you to actively support indigenous tours and experiences when you travel. If you have an indigenous experience to share, from anywhere around the world, we would love to hear about it. Please email <a href="editor@journeywoman.com">editor@journeywoman.com</a>.

## VISIT OUR <u>WOMEN'S TRAVEL DIRECTORY</u> FOR WOMEN-FRIENDLY, SMALL GROUP TOURS

Slow travel - art - writing - adventures - wellness - and more!

Welcome to our new partners this month: Paris Café Writing, French Country Adventures and Adventures in Italy!

We'll be featuring Once-in-a-Lifetime + Luxury Tours to stimulate your imagination throughout May and June!



#### FEATURED TOUR: MAGNIFICENT MONGOLIA

Girls Guide to Paris invites you on "The Vast Landscapes and Nomadic Traditions of Magnificent Mongolia": Mongolia, a mysterious little-known country, is one of the last places on earth, filled with beautiful, untouched landscapes and diverse terrain. Mongolia boasts forested mountains, pure blue lakes, the Gobi Desert and friendly nomadic peoples. On this adventure, as we travel from Ger to Ger (Mongol for Yurt), we will learn about the nomadic Buddhist lifestyle. Mongolia is now open to all vaccinated travelers and we'll be led by a local Mongolian woman with one of the most respected and well-reviewed travel companies in the country. If you are looking for a safe, off the beaten path adventure this summer....THIS IS IT! Learn more <a href="mailto:here">here</a>. (Sponsored)

## **Upcoming Events + Community Calls**

JourneyWoman Virtual Events: Preparing for Future Travel

If you can't attend an event live and want to catch up, subscribe to our **YouTube channel**.

Starting June 1, we will be using Eventbrite for event registration.

- Fridays May 7, 14, 21, 28 10 am EDT: East Coast Community Call
- Thursday, May 13, 11 am PDT, West Coast Community Call hosted by Marillee
- May 13, 8 pm EDT: Ethical Animal Tourism: Q&A With Experts
- Friday, May 14, 1 3 pm EDT: <u>Travel Vision Workshop: Travel with Intention</u>
- Wednesday, May 19, 8 pm EDT: <u>Book Club: Morocco to Timbuktu by Alice</u> Morrison

In June, our monthly book club and community calls will continue, but we will be taking a pause on our TravelReady, Solo Travel Wisdom and Travel Vision events.

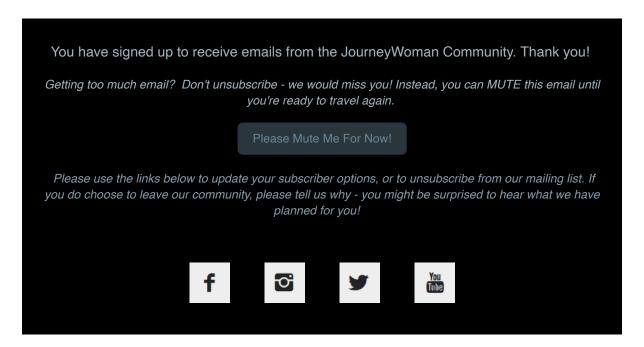
All of our events are **free**, but we've adopted a Pay-What-You-Can Model to donate proceeds to non-profit organizations chosen by our speakers. You can read more about this **HERE**.

Do you know a woman who loves to travel? Subscribe her to our emails and we'll plant a tree for her with Tree Sisters!

Subscribe a JourneyWoman to Our Newsletter!

HAVE YOU MISSED A FEW ISSUES OF JOURNEYWOMAN MAGAZINE? Good news: we now have an archive of previous issues here.

# ARE YOU ON OUR PRIVATE FACEBOOK GROUP? Join over 2,400 women on the <u>JourneyWoman Women's Travel Group on Facebook</u>.



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