



Dear Goddess,

Antarctica is hailed as the last great nature preserve, with its incredible density of wildlife. It's the ultimate adventure for those who seek a clean, rugged landscape and want to observe vibrant species of wildlife, untouched by time and untamed by humankind. To witness a world so remote and so alluring is a memory that lasts for a lifetime.

It's also a place that all women should experience at least once in our lives, which is why it ranks among the top seven Once-in-a-Lifetime Experiences recommended by women, for women. Read: "Why Antarctica is the Ultimate Once-in-a-Lifetime Experience" and our Antarctica Packing Tips before you go!

**Wild Women Expeditions is launching three new Antarctic itineraries for the 2023/2024 season. Book before June 21, 2022 and you'll get up to 25% off regular prices! There are limited cabins available so don't wait. Follow your heart and book now!**

*"Antarctica is a place that was male dominated for so long—you could only get there by ship, and women weren't even allowed on ships because it was considered bad luck. As women, it's important for us to carve out space where we haven't been allowed to go before. I want everyone's daughter to be able to go there, because I want them to understand and know that anything is possible."  
— Franny Bergschneider, Polar Expert, Wild Women Expeditions*



### **South Georgia and Antarctic Peninsula: Penguin Safari**

**February 5-20, 2024**

On South Georgia Island, penguins number in the hundreds of thousands. King penguins and elephant seals appear in overwhelming numbers as far as the eye can see. The Penguin Safari is the fastest way to get to the seldom-visited South Georgia Island while also setting foot on the coveted 7th continent.

[Learn more here!](#)



## Antarctic Explorer: Discovering the 7th Continent

**December 2- 12, 2023**

Navigate the South Shetland Islands and dramatic Antarctic Peninsula, a region that was trendy with explorers centuries ago. Each day, we will explore the glaciated bays, still channels and landing sites in Zodiacs. The Expedition Team has designed a thoughtful itinerary of research station visits, hikes that tread lightly through the fragile, biodiverse Antarctic landscape and cherished time in the company of animated chinstrap, Adélie and gentoo penguins too.

[Learn more here!](#)



## Falklands, South Georgia and Antarctica: Explorers & Kings

**November 14 - December 3, 2023**

In South Georgia, you'll visit the packed beaches and boisterous breeding grounds of king penguins – this region has one of the highest densities of animal life on earth. Dubbed the 'Galapagos of the Poles', it's home to over 30 million breeding birds and nesting sites of the wandering albatross. Thousands of seals, four breeding species of penguin and the largest colony of king penguins on the planet all live semi-harmoniously in this community.

[Check Flights Now!](#)

# **WILD WOMEN** *expeditions*

Wild Women Expeditions began in 1991 as an adventure tour company for women, based in Canada. Thirty years later, we are a global leader in women's travel, with tours in 30 countries. We offer all kinds of outdoor adventures, from hiking to horseback riding, kayaking to sailing. In May 2021, Wild Women was nominated by USA Today as the [Best Adventure Travel Company](#).

For more information email [adventure@wildwomenexpeditions.com](mailto:adventure@wildwomenexpeditions.com) or call <tel:1.888.993.1222>. Learn more about us on [Facebook](#).