



Dear JourneyWoman,

This week, we begin a special series on Once-in-a-Lifetime Travel Experiences, exploring some of the places around the world that you have told us are at the top of your [Travel Dreams](#) list.

Today, we feature **Antarctica**, Earth's most southernmost continent! No other place compares to this vast white wilderness, which remains virtually unspoiled. **Wild Women Expeditions** offers three tours to Antarctica, ranging from 11 to 21 days. You've already met Wild Women's adventurous owner, Jennifer Haddow, on our [Solo Travel Wisdom show in January](#) and in "[Chasing Adventure on Mount Everest After a Multiple Sclerosis Diagnosis](#)", where she shared her favourite Mary Oliver quote: *"What is it you plan to do with your one wild and precious life?"*

**THE ANTARCTIC:
The Wildest Place on Earth!
Presented by Wild Women Expeditions**

At Wild Women Expeditions, we're excited to be partnering with Adventure Canada for a series of small ship Antarctic expeditions to one of the most elusive and breathtaking natural places on this planet. Each trip offers extensive opportunities for unique encounters with wildlife as you sail from Ushuaia and

Argentina to the Antarctic Peninsula and back.

**Book before June 1, 2021 to receive up to 25% off 2023
Antarctica expeditions**



Antarctic Whale Journey *(11 days)*

Antarctica will enchant you with its incredible scenery, from imposing glaciers to towering snow-capped peaks, vast icebergs, and ice-strewn channels. Not to mention the wildlife—from extensive colonies of Chinstrap, Gentoo and Adelie penguins, to crabeater, Weddell, fur and elephant seals, and a plethora of fascinating seabirds. Keep your eyes and ears peeled for the mighty crack of a glacier calving. Maybe you will be one of the brave few to take a polar plunge in the icy waters!





Journey To The Circle (14 days)

Crossing the Antarctic Circle, you will venture into a region seldom visited: some say it feels like a different planet. You'll learn about Antarctic history from expert guides, admire breathtaking scenery such as icebergs, glaciated mountains and volcanoes, and see seabirds, whales, several species of penguins, elephant seals and dolphins! In Antarctica, the mighty forces of the Earth are everywhere in evidence!



Antarctica, South Georgia & Falklands

Experience the unique culture and history of the Falkland Islands and South Georgia on this 21-day tour aboard the **Ocean Endeavour**. Famed for their role in whaling and exploration history, the Falkland Islands—a British overseas territory—offer an intriguing cultural experience. Today, the islands are known for their sedate British rural lifestyle, high-quality wool, rare birds, and thriving marine life!

Mandi, Solo Adventurer

"All of this trip, I've been completely engrossed in the lectures, talking to the scientists, and all of the fascinating people on board, but I think it's the animals that are making me lose my mind..."

Polar plunge in Antarctica



About Wild Women Expeditions

**WILD
WOMEN**
expeditions

Wild Women Expeditions began in 1991 as an adventure tour company for women, based in Canada. Thirty years later, we are a global leader in women's travel, with tours in 30 countries. We offer all kinds of outdoor adventures, from hiking to horseback riding, kayaking to sailing. In May 2021, Wild Women was nominated by USA Today as the [Best Adventure Travel Company](#).

Our trips are founded on a love of the outdoors, a sense of adventure, and the joy of sharing a new travel experience with other spirited

women. Over three decades, we've supported women to explore their wild side in the most beautiful places on Earth. We can take you to see the polar bears in Canada's Arctic, trek to Machu Picchu, walk the Camino in Spain or sail the Galapagos Islands. You can ride horses with us in the Golden Circle of Iceland, kayak down the Italian Riviera or join us on a canoe trip in northern Ontario. Join Wild Women on an amazing adventure that will inspire and empower you!

For more information email adventure@wildwomenexpeditions.com or call <tel:1.888.993.1222>. Learn more about us on [Facebook](#).

We know that many of you are considering travel with a tour group when you return to travel. In this series, we'll be introducing you to a curated selection of tours from our [Women's Travel Directory](#), which features women-friendly experiences for solo and group travellers. If you're considering a tour, please join us in supporting a woman-owned small business!

If you'd like to promote your tour, please contact Tom Zara at tom@journeywoman.com.

Do you know a woman who loves to travel? Forward this message to her! Or invite her to subscribe to our free magazine by sharing the link below! We plant a tree with Tree Sisters for every new subscriber.

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