

Dear ,

Are you taking a step forward to achieve your travel dreams? I've spoken with many women who are doing just that — downsizing their possessions, moving out of the city, leaving unfulfilling jobs, pursuing their passions — it's inspiring to see. We've been through so much together and after this past year, we know that tomorrow is not a promise. This is the best time to make our dreams real. Right?

This issue is all about helping you do just that. Not only do we have practical packing tips from our webinar with expert Anne McAlpin, we have an inspirational story from JourneyWoman Kate Savoy, who shows us that it is possible to dream and do. You'll love Sue Janzen's story of how she faced fear down and took her first step as a solo traveller at age 50. I'm thrilled with the positive response to our **Top Seven Once-in-a-Lifetime Travel Experiences**. Our **webinar Q&A series** kicked off today with 'Walking the El Camino' and runs until July 20. But we're not sitting still! To keep you inspired, we're featuring "Less-Travelled" places to pique your curiosity. Join us this Friday at 10 am ET on our weekly **Community Call** if you'd like to chat more about the unique places you've travelled to!

I'm very, very excited to share our new website with you today. We've been making major changes to help you find information more easily and quickly. Our brand new home page has a search bar right at the top, and we've added brand new sections on **Women's Safety**, a **TravelReady Checklist** to help you travel safely and with purpose and **COVID Travel Resources**. Next up is a private Forum on our website where you can meet and connect with other women, find travel partners and more. I would love your feedback — don't hesitate to reach out with constructive suggestions or ideas.

Take care, keep making those dreams happen, and be safe,

Carolyn

Carolyn Ray, Publisher + Editor-in-Chief, JourneyWoman
Member, Society of American Travel Writers (SATW) + Travel Media Association of Canada (TMAC)
editor@journeywoman.com 437.688.TRVL (8785)

JourneyWoman™: Inspiring women to travel safely since 1994

SAFETY REMINDER: Cybercrime is on the rise. Please do not open any emails if you do not know the sender. We will never ask you for personal or financial information. **Please read up on phishing scams** to protect yourself from fraud!

Curiosity: Taking a Step Forward, Together

In every issue of JourneyWoman Magazine, we bring you brand new, original content to keep you inspired about travel.

"The first step towards getting somewhere is to decide that you are not going to stay where you are." - Chauncey Depew



Five Stunning Less-Travelled Places For Women to Explore by Amanda Burgess: In the first of an ongoing series, we round up five off-the-grid travel destinations every adventurous traveller should add to their must-see lists, as selected by JourneyWomen in our Travel Dreams survey.

[Read More!](#)



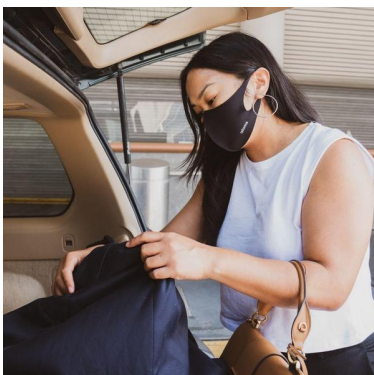
Solo Travel Tips for Women Over 50: Five Tips to Step Out of Your Comfort Zone by Sue Janzen: Guest Writer Sue Janzen offers her perspective on solo travel for women over 50, with practical advice and tips for first-timers.

[Read More!](#)



Finding Freedom: Kate Savory Shows us How to Follow our Travel Dreams by Carolyn Ray: After months of feeling isolated and locked down, we want to be free, on our own terms. Solo traveller Kate Savory shows us how, with travel tips to help you live the life you've always dreamed of.

[Read More!](#)



Expert Post-Pandemic Packing Tips to Prepare Women for a Return to Travel by Amanda Burgess: Whatever our pre-pandemic level of packing prowess, the world has changed for all travellers. We need to up our game. We've got tips from expert Anne McAlpin, who has been a featured guest on Oprah, The View & CNN, to help women pack and travel smarter in a post-pandemic world.

[Read More!](#)



Join us at our June 16 Book Club for "An Embarrassment of Mangoes" by Ann Vanderhoof: Who hasn't fantasized about chucking the job, saying goodbye to the rat race, and escaping to some exotic destination in search of sun, sand, and a different way of life? An Embarrassment of Mangoes is a delicious chronicle of leaving the type-A lifestyle behind -- and discovering the seductive secrets of life in the Caribbean.

[Read More!](#)

YOUR VOICE MATTERS!

I'm teaching a 3-hour introductory class with the International Women's Writing Guild on Tuesday, June 15 from 4 - 7 pm ET called "Authentic Travel Writing: Taking the First Step." Drawing on a range of tools and tips, I'll share the fundamentals of travel writing, and help you translate your experiences into a compelling stories to share your experience for others to learn from and enjoy. All participants will be invited to publish their stories in JourneyWoman! JourneyWomen get a discount: use code IWWGTRV2. Find out more [here](#).

VISIT OUR WOMEN'S TRAVEL DIRECTORY FOR WOMEN-FRIENDLY, SMALL GROUP TOURS Do yourself a favour and check out these tours!

Slow travel — art — writing — adventures — wellness — and more!

Welcome to Animal Experiences International and Mahikan Trails! We'll be featuring Once-in-a-Lifetime + Luxury Tours to stimulate your imagination throughout May and June!



FEATURED TOUR: GET OFF THE BEATEN TRACK IN CORSICA!

Don't know about the stunning isle of Corsica that sits patiently awaiting you in the Mediterranean? It's a French island with an Italian soul. This is the birthplace of Napoleon and home to craggy mountains, wild boar and spectacular seaside resorts. It boasts of fascinating history, gorgeous architecture, incredible local food, unctuous wines and the

macquis. Say what? The macquis is the heady mix of wild herbs that grows on the hillsides of Corsica, making the island smell deliciously like a perfume of wild herbs which you'll instantly notice once you walk off the plane or the ferry. Open, safe and ready for visitors – this September adventure is the kind of escape that you deserve right now! \$250 off by mentioning #JourneyWoman Adventures of a Lifetime. To learn more visit [Girls Guide to Paris](#). (Sponsored)

Upcoming Events + Community Calls

JourneyWoman Virtual Events: Preparing for Future Travel

If you can't attend an event live and want to catch up, subscribe to our [YouTube channel](#).

Starting June 1, we will be using Eventbrite for event registration.

- **Once in a Lifetime Experiences:** Start June 9 - July 20. More [here!](#)
- **Community Call: Every Friday: June 11, 18, 25** at 10 am EDT: [East Coast Community Call](#), hosted by Carolyn and Amanda
- **West Coast Community Call**, hosted by Marilee, Thursday, June 10, 11 am PST
- **Wednesday, June 16, 8 pm EDT: [Book Club: An Embarrassment of Mangoes: A Caribbean Interlude](#)**, hosted by Carolyn and Wendy

*All of our events are **free**, but we've adopted a Pay-What-You-Can Model to donate proceeds to non-profit organizations chosen by our speakers. You can read more about this [HERE](#).*

Do you know a woman who loves to travel? Subscribe her to our emails and we'll plant a tree for her with Tree Sisters!

Subscribe a JourneyWoman to Our Newsletter!

HAVE YOU MISSED A FEW ISSUES OF JOURNEYWOMAN MAGAZINE?

Good news: we now have an archive of previous issues [here](#).

ARE YOU ON OUR PRIVATE FACEBOOK GROUP? Join over 2,700 women on the [JourneyWoman Women's Travel Group on Facebook](#).

You have signed up to receive emails from the JourneyWoman Community. Thank you!

Getting too much email? Don't unsubscribe - we would miss you! Instead, you can MUTE this email until you're ready to travel again.

Please Mute Me For Now!

Please use the links below to update your subscriber options, or to unsubscribe from our mailing list. If you do choose to leave our community, please tell us why - you might be surprised to hear what we have planned for you!