

Curious what's next?

Jun 9, 2022

Dear Goddess,

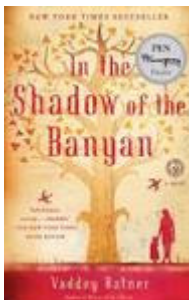
Has a book ever inspired you to travel?

I loved reading Bettina's post on our private Solo Travel Wisdom Facebook group this week, which says: "Hi everyone, I just wanted to share how I was inspired to take a trip to Alicante - Grenada - Córdoba - Seville - Málaga, with the Fiesta de los Patios (held in Córdoba for 2 weeks every May) as the focus. Where did the inspiration come from? Reading "All My Mothers" by Joanna Glen, which was the JourneyWoman Book Club read in February!"

There's no question - we have read some wonderful books this year. We've been to Spain, with "All My Mothers" by Joanna Glenn, France with "An Act of Love" by Carol Drinkwater, Cyprus with "The Island of Missing Trees" by Elif Shafak and Mexico with "Gods of Jade and Shadow" by Silvia Moreno-Garcia. You can see the **full 2022 Book of the Month list here**, along with hundreds of other recommendations. Our July Book of the Month is "The Paper Palace" by Miranda Cowley Heller (Cape Cod) which is a perfect beach read!

In June, we travel to Cambodia

Join our June 15 Book Club meeting, featuring "**In the Shadow of the Banyan**" by Vaddey Ratner



"A beautiful celebration of the power of hope, this New York Times bestselling novel tells the story of a girl who comes of age during the Cambodian genocide."

If you've been to Cambodia, watched our recent webinar with Cambodian author Loung Ung ("First They Killed My Father") or are thinking about Cambodia at all, join our book club hosts Wendy and Sally next week. All are welcome, whether you've read the book or not! Read our discussion questions **here**.

Sign me up for "In the Shadow of the Banyan Tree"

Our Next Three Books for 2022 (August - October)

Thank you to the hundreds of women who voted for our next three books. Want to see what they are? Click below to find out!

The winners are....

What's up next: Boosting our Health for Travel

June 22: Let's Reframe Sleep, Health and Menopause, Together

Our Energy, Sleep and Menopause webinar is coming up on Wednesday, June 22 at 8 pm ET. I'll be joined by Diana Eden, Shawna Robins and we'll be talking about positive aging, health and reaching your potential at mid-life and beyond. At 82, Diana is a rock-star solo traveller who will share her wisdom and Shawna is a best-selling author and expert in sleep and wellness. Both are speakers at our upcoming Women's Travel Wisdom retreat. Read more [here](#).

Sign up here

Meetups: We'd like to keep arranging local meetups and to do that properly, we need you to update your email records. Please do that [HERE](#) so that we can communicate with you directly when there's a meetup or event in your area.

Be well and safe,

Carolyn

Carolyn Ray, Editor, JourneyWoman, carolyn@journeywoman.com tel: 437.688.8785

SPECIAL ZOOM EVENT

Wednesday, June 22, 8 pm ET

**Energy, Sleep and Menopause
Boosting Your Health for Travel**

JOIN CAROLYN, DIANA + SHAWNA

June 11 is Global Wellness Day. Kick-start a healthy lifestyle and increase your sense of well-being.

PRESENTED BY:

JourneyWoman

GIRLS
GUIDE to
PARIS

The graphic features a woman standing on a rocky outcrop with her arms raised in a 'V' shape, set against a backdrop of a vast, hazy landscape under a clear blue sky. The text is overlaid on a red rectangular background.