

Dear Journeywoman,

I've loved hosting our Once-in-a-Lifetime Travel Experiences virtual Q&As with you over the past two months. These have really opened my eyes to the extraordinary travel experiences available to us, as recommended by women, for women. I want to do them all - and two of them - the Canadian Rockies and the Northern Lights - exist right in my own backyard. On Saturday, I'm heading to Banff, Alberta for my first Once-in-a-Lifetime trip -- a backcountry horseback riding adventure in the Canadian Rockies. (We're planning a small JourneyWoman BBQ get-together on July 31 in Calgary - if you'd like to join please let me know!)

Are you finding joy in your own backyard? I would love it if you'd send me a tip on something you've discovered in your own country that you didn't know before. I'd also love your thoughts on the Forum we're creating, which will allow you to connect and meet other women in a safe, secure place. Please take a few minutes to complete this brief survey [here](#).

It's hard to believe, but I'm approaching my two year anniversary as the CEO and Publisher of JourneyWoman. Recently, I was invited to talk about my views on women and solo travel on a Midlife Reinvention podcast, and my ambition for JourneyWoman to be the voice of women travellers around the world. You can listen to it [here](#).

Please take care, and travel safely,

Carolyn

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JourneyWoman™: Inspiring women to travel safely since 1994

Love is in the Air

In every issue of JourneyWoman Magazine, we bring you brand new, original content to keep you inspired about travel. This all-women issue features stories about self-love and travel.

"Love is in the air, in the whisper of the tree / Love is in the air, in the thunder of the sea / And I don't know if I'm just dreaming / Don't know if I feel safe / But it's something that I must believe in / And it's there when you call out my name" - John Paul Jones (1978)



Back to Adventure in Canada's Algonquin Park by Carolyn Ray: On her first trip in almost nine months, Carolyn steps into her childhood memories and revitalizes her adventurous spirit in the wilderness.

[Read More!](#)



Solo Travel Memoir: A Love of Travel Rooted in Books by Amanda Burgess: Librarian Jane Claud's love for reading inspires a lifetime of solo travel, including trips deep into libraries in the heart of the Peruvian jungle.

[Read More!](#)



10 Books that Will Make You Fall in Love with Italy by TripFiction Co-Founder Tina Hartas: If you're dreaming of Italy, Tina has 10 novels that will help you explore its history, art and culture.

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Healing Your Past Through Travel: Memories of a Trip to England and Scotland by Joy Fox: On her 65th birthday in 2000, Joy revisits her past and discovers that it's not places that hold us back, but memories.

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An Ice Road Travel Adventure in Canada's Northwest Territories by Jo Anne Wilson: When city girl Jo Anne moved to Yellowknife, the North reached deep into her being, starting with an icy, unexpected adventure.

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Culinary Travel Experiences: Our JourneyWoman tour partners share their favourite food experiences to connect you to local culture, history and traditions when you travel. *(Sponsored)*

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Do yourself a favour and check out these tours!**

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Welcome to Adventures in Good Company, La Dolce Vita Touring and the Ultimate Retreat Company

Upcoming Events + Community Calls

Would you like to join, host or start a Community Call to meet other like-minded women?
Use the [World Clock Time Converter](#) to find an existing one to join!

- **Friday Community Call: Every Friday** at 10 am EDT
- **West Coast Community Call:** Thursday, August 12, 11 am PDT / 2 pm EDT

- **JourneyWoman Book Club: Wednesday, August 18, 8 pm EDT:** [The Long Way Home: One Woman's True Story of Reclaiming her Life Along the Camino de Santiago](#)
- **Recordings of our Once-in-a-Lifetime Travel Experiences** are available on our [YouTube channel](#). Please subscribe for updates.

We use [Eventbrite](#) for event registration. If you can't attend an event live and want to catch up, subscribe to our [YouTube channel](#).

Do you know a woman who loves to travel? Subscribe her to our emails and we'll plant a tree to reforest the earth with Tree Sisters!

Subscribe a JourneyWoman to Our Newsletter!

HAVE YOU MISSED A FEW ISSUES OF JOURNEYWOMAN MAGAZINE?

Good news: we now have an archive of previous issues [here](#).

ARE YOU ON OUR PRIVATE FACEBOOK GROUP? Join 2,800+ women on the

[JourneyWoman Women's Travel Group on Facebook](#).