

September 2020 Issue

Sep 16, 2020

Dear JourneyWoman,

Who or what inspired you to travel, and what impact has this had on your life? For me, it was my Nana. Whenever I visited her house in Toronto, I discovered a new adventure waiting: Jane Eyre, Jalna, Tess of the d'Ubervilles, Rebecca of Sunnybrook Farm. Reflecting, I see my Nana was curating stories of courageous young women at a time when I was desperately curious about the world outside my small town in Florida. This fostered a lifelong desire to seek, learn and discover the world for myself, on my own terms.

As I begin my second year with JourneyWoman, I've been reflecting on the past 12 months. I want to start by thanking you. You have given me purpose and strength. Our Community Calls, Book Club, Facebook group, webinars – I'm grateful for these forums where we can connect, laugh and find solace together. I believe the soul of JourneyWoman is found in these moments of generosity, empathy, kindness and caring.

Far from being slowed down by the pandemic, our editor, Amanda Burgess, has written and edited thoughtful articles that celebrate the inspirational women in our community, while covering topics that we need to know about to travel safely in the future. I am grateful to the women who sent in articles and to the 13 women on our Advisory Council, who embody the spirit of the JourneyWoman community that

Evelyn created. All of you are evidence of the awe-inspiring contributions that women make for each other.

I know we are all hoping that travel will resume soon. The best way to help is to wear a mask and practice social distancing to protect yourself and others. Please take care and be safe.



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JourneyWoman™: Inspiring women to travel since 1994

INSPIRATION: Staying a Step Ahead



Travel, Her Way: What Women's Travel Looks Like Post-Pandemic, by Carolyn Ray: What will the new way to travel look like for mature, independent women? Carolyn highlights five criteria that will help us lead the way when it's safe to travel again.

Read More!



A Summer of #TravelAtHome: 10 Things we Learned Exploring Ontario, by Amanda Burgess and Carolyn Ray: When we hatched a plan to road trip around our home province of Ontario, stay in unique accommodations and evaluate destinations against new travel criteria, we never expected to learn so much about nature, our inner child, and the creativity and innovation of women entrepreneurs.

Read More!



How JourneyWomen Connect to the World Through Music: Memoir-worthy Memories, by Amanda Burgess:

The music we experience while travelling touches us on a deeper level. It transports us to a higher plane of being, one where all of our manmade worldly divides fade away and we tap into the ancient drumbeat that connects and moves us all.

Read More!



Women's Solo Travel Memoirs: Using Curiosity as Your Compass, by Amanda Burgess: Retired teacher Marillee Carroll uses curiosity as her compass – in her everyday life, and when she travels. With it, she's found her way to becoming an expert and insatiable collector. Of knowledge, people, and experiences.

Read More!



Life Doesn't End at 80 – Neither Should Travel: Tips from an Octogenarian, by Diana Eden: "When my handsome 39-year-old financial advisor said to me, 'Well, you probably won't be traveling much anymore,' I wondered if he had some premonition that would end my traveling days. But no, he was referring to MY AGE! In his tunnel-visioned youth, he was unwittingly relegating me to life in the rocking chair. Not me! I flat out refuse."

Read More!



A Cautionary Tale: JourneyWomen Who Never Leave Home Without Travel Insurance, by Amanda Burgess:

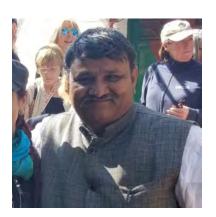
We asked JourneyWomen everywhere to tell us why you purchase travel insurance, or why you don't. The times you've been caught in a situation overseas without it. And the times where the unexpected happens, you submit a claim and you thank yourself for the foresight of covering yourself with insurance. If the topic of travel insurance gives you heartburn, consider these first-hand stories.





Outlandish Landings: aka Nine Off-the-Beaten-Path Places that Should be on Your Radar, by Doni Belau: It's never too early to start planning! Girl's Guide to Paris' Doni Belau shares her top 9 list of slightly outlandish destinations for those of us adventurous types who have been stuck at home for far too long and for whom cabin fever is very very real, when we're we'll ready to get OUT. Way out!

Read More!



It Takes a Village – An Inspirational Story of Rural India, by Bonnie Hinschberger: The saying goes that "it takes a village" to raise a child. No one in rural India defines this saying more than former village chief Shyam Sundar Paliwal, who plants 111 trees for every girl born in his village. Broad Escapes' Bonnie Hinschberger shares her experiences visiting this tiny village in Piplantri, between Deogarh and Udaipur, in semi-arid Rajasthan.

Read More!

Working from 'Home' in a Foreign Country During Lockdown: Tips for Making the Most of a Telecommute Trip, by Anna Shannon: In a nod to her Polish heritage, guest writer Anna Shannon takes the plunge and leaves the UK to work remotely in Gdansk, Poland, for a month.



From beaches to perogies, Anna shares her pandemic experiences and insights from her time there.

Read More!

Click Here For COVID-19 Travel Safety Updates

Community News

The JourneyWoman Circle Membership

Last week, we announced the **JourneyWoman Circle**, a special membership program that responds to your requests for a secure, private place for questions, friendships and shared learning for everyone. This includes brand new services with your needs in mind, including a private community directory, special interest groups, complimentary expert webinars, exclusive editorial content, access to third-party seminars, courses and educational opportunities from leading academics and historians at a reduced rate; and discounts on books, merchandise, conferences, tours and more.

JourneyWoman Community Calls - EXPANDED!!

We've expanded our Community Calls to Indonesia and the West Coast. Join us on these small-group calls, where women from around the world connect, listen and support each other. Thanks to JourneyWomen Amit and Marilee for getting these started. Sign up here to join a call in your region.

JourneyWoman Women's Advisory Council

Do you have a question for our <u>Women's Travel Advisory Council</u>? Send them to <u>askajw@journeywoman.com</u>. We're ready to respond to your most pressing questions about travel, safety and well-being from women you can trust.

WEBINAR: Women's Sleep and Travel Tips to Travel Better

September 21: JourneyWoman Advisory Council Member Shawna Robins, Best-selling Amazon author of *Powerful Sleep – Rest Deeply, Repair Your Brain, and Restore Your Life* shares her tips to learn how to sleep well and live better, while you're at home or travelling. Open to everyone; free for JourneyWoman Circle Members with event code. Register <u>here</u>.

An Update on our Commitment

On June 7, we published our **Commitment to Anti-Racism**. Click **here** to read an update on what we've been doing to bring this to life, starting with examining our own thoughts and behaviours. Have ideas and suggestions? Please share them!

Events, Book Club + Webinars

Have you checked out our NEW <u>JW Events Calendar</u> on our website? This allows you to see and register for all events at a glance.

September 'Behind the Scenes' Webinar: Join JW Editor Amanda Burgess on Wednesday, September 23 at 8 pm EDT for a look behind the scenes of our September INSPIRATION issue and live interviews with JourneyWomen featured in our articles. Register **HERE** or watch on Facebook.

JourneyWoman Book Club: Join us this Wednesday, September 16 at 7 pm EDT, to discuss Kathleen Grissom's best-selling novel *The Kitchen House*. We'll be joined by a very special guest, Dr. Mary Furlong-Minkoff, Curator of Archaeological Collections at Montpelier, the home of James Madison. Discussion guestions and registration **HERE**.

The Women in Travel Summit (WITS) Online is October 3. Join hundreds of travel influencers, small business owners, content creators and industry to explore the future of travel. Learn more at witsummit.com/online

Join Rally & Rejoice, the virtual event for the International Black Women Travel Jubilee, on October 4, 11 & 18. IBWTJ provides deep training, financial opportunities networking opportunities for the Black woman traveller. Part of the fees charged for IBWTJ will be used to pay Black women for their labor and experience. Use code journeywoman10 for \$10 off at checkout. Learn more IBWTJ.AshaLBH.Com.

JourneyWoman LIVE Webinars: We're planning new webinars now for the Fall. Let us know if you have topics of interest. In the meantime, <u>click here to see</u>

<u>the full archive of sessions on</u>

our website or visit the JourneyWoman YouTube channel.

Do you know a woman who loves to travel? Invite her to subscribe to our magazine! Join 1800 women on the JourneyWoman <u>Travel Group on Facebook</u>.

