

JourneyWoman™

October 2020 Issue

Oct 16, 2020

Dear JourneyWoman,

With 2021 just around the corner, I've been thinking a lot about what travel will look like in the future. What do we need to know? How can we prepare? What can we do differently?

I was so inspired by Sir David Attenborough's Netflix documentary "[A Life on our Planet](#)", which Forbes calls this the most important documentary of the year. The beauty and biodiversity of our planet is so astonishing it brought me to tears. But I worry about my daughter and generations to come if we can't think more globally about our planet. As travellers, we have a privileged opportunity to expand our worldview, the generosity of spirit to share our experiences, and the capacity and influence to create change. How do *you* think we can seek, learn and teach others, so that we can leave Mother Earth better than we found it?

Our health and the health of our planet is intrinsically connected. Please protect yourself and others by wearing a mask and practicing social distancing. As always, thank you for your many contributions, ideas and feedback about where we can take JourneyWoman in the future!

Take care and be safe,

Carolyn

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JourneyWoman™: Inspiring women to travel since 1994

INSPIRATION: It's All Around Us!



Six Months Later: Reflections on How COVID-19 Will Change Travel by Carolyn Ray: On April 15, we published an article called "How Will COVID-19 Change Travel?" with predictions from top travel writers. Were we right? What have we learned and what's next for travel in the future?

[Read More!](#)



Newly Widowed, Tips for Women Traveling Together: A Seasoned Traveller Tells All by Diana Eden: The friendship of women, especially over age 65, is invaluable. They have seen both the joys and sorrow of life and are so ready to be in the moment.

[Read More!](#)

Mature Women Solo Travellers Share Their Age-Defying Stay-Young Secrets: Never Let Age Stop You From Trying Something New by Amanda Burgess: Seasoned solo travellers might retire from their careers, but they don't retire



from travel. We asked women 65+ to share the most age-defying things they've ever done while travelling, and what flooded in looks a lot like the bucket list adventures of women decades younger.

[Read More!](#)



Women's Solo Travel Memoirs: Marion's Indomitable Spirit by Amanda Burgess: A seasoned solo traveller shares her earliest travel inspirations, youthful escapades, how to stay independent when travelling as a couple, and finding hope through travel after being widowed.

[Read More!](#)



Women's Solo Travel: Our Earliest Inspirations by Amanda Burgess: Ask any traveller who or what first inspired her to travel, and the answer will bubble up in her unbidden. This month, three globetrotting JourneyWomen - Brenda, Karen and Sue - divulge their earliest travel inspirations, and the impact that travel has had on their lives and adventures.

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Getting Ready for Future Travel

Dreaming of Italy? My Top Picks for Virtual Tours in



October by Brenda McCrank: Ciao Italy! If the mere mention of Cinque Terre, a stroll through the Via Matilda, cooking Cacao e Pepe or joining in an Italian wine tasting stimulate your passion for all things Italy, consider these expert-led webinars by our partner Context Travel. Discount codes are on our website for all JW subscribers and JW Circle Members.

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Preparing for Travel: Tips for Injury Prevention, by Amanda Burgess: Working from home and restricted movement poses risks to our health, regardless of whether we've experienced injuries before or not. We turned to health and wellness expert and JourneyWoman Women's Travel Advisory Council member Dr. Nekessa Remy for her tips to get us ready for the day we can pack our bags and get travelling again. *(JW Circle members only)*

[Read More!](#)



Manitoulin Magic: A Fall Visit Reveals its Great Spirit by Carolyn Ray: Manitoulin Island in Northern Ontario has intrigued me for years. So when the Indigenous Tourism Association offered to organize a tour for me with the Wiikemkoong Unceded Indian Reserve, I jumped at the opportunity to learn about the region's indigenous history, culture and people.

[Read More!](#)

Seduced by Seville: the Charm of its Festivals, Palacios and Tapas: An Insider's Tips by Sally Peabody: To appreciate the true gem that is Seville, one should not ignore the various facets of its heritage, culture and culinary



traditions. Sally shares a range of itineraries that include art, architecture, a convivial meal, a garden, some minimally informed wandering in an interesting quarter, a taste of tapas, and music or dance.

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Women's Travel Directory: HOT Deals (Sponsored ads)



Detox, Yoga and Discovery Retreat in Honduras: Join Doni Belau from Girls Guide to Paris for a fresh start with a wellness retreat in Roatán, a gorgeous Caribbean island about 40 miles off the northern coast of Honduras, in January 2021. (Almost sold out!) The country is open and accepting visitors from the US, Canada and elsewhere with proof of a negative COVID-19 test. This is the perfect way to rejuvenate our minds, bodies and spirits to prepare for what we hope is much better year in 2021. Email [Doni](#) OR [click here](#) to reserve your spot. *Safety protocols have been put in place to make this trip as safe as humanly possible. *(Sponsored)*



How about Bali in 2021? Babes in Bali Tours is gearing up for tours in July and October 2021. Want to explore Bali but don't want to deal with big groups that can't deeply experience the magic, people, and unique culture like a small group can? Then you've got to join renowned Bali expert Cathy Gotfried as she WOWS you while exploring all her secret places! Click [here](#) to learn more. *(Sponsored)*



Private Jungle Vacations in the Honduras Rainforest: Adventurous female travelers will love [Las Cascadas Lodge](#), a safe, private, and LGBT friendly hotel in the rainforest. Catering to small groups or solo travellers, the hotel can arrange a multitude of eco and cultural activities, or simply provide a restful and relaxing environment. Click [here](#) to learn more. *(Sponsored)*

Our tour companies are preparing for 2021. Please visit our [Women's Travel Directory](#) for women-friendly tours and experiences.

If you'd like to discuss an advertising campaign, please [contact us here](#).

Community News: We're here for you!

The JourneyWoman Circle Membership

In September, we announced the [JourneyWoman Circle](#), a special membership program that responds to your requests for a secure, private place for questions, friendships and shared learning for everyone. We're ramping up our private groups, community directory and member-only editorial, webinars and special deals and discounts! Canadian and US pricing is at par, so please join us to make new friends and prepare for future travel!

Our New Partnership With Context Travel

To help women travellers continue to build knowledge and feed their curiosity, we've announced an exclusive partnership with Context Travel to offer expert-led online seminars, courses and special classes. Through Context Conversations, you can access 35 online interactive seminars every week, as well over 30 online interactive courses with a network of scholars and specialists that span nearly every cultural capital around the world and have expertise in thousands of focus areas. Discounts are available [here](#).

JourneyWoman Community Calls - EXPANDED!!

Three calls to choose from:

- East Coast: Join Carolyn and Amanda **EVERY FRIDAY at 10 AM EDT.**
- Australia and Indonesia: Join Amit on **Tuesday, October 20 at 5:00 pm AEST.**
- West Coast: Join Marillee on **Thursday November 12 at 11:00 PCT.**

JourneyWoman Women's Advisory Council

Do you have a question for our **Women's Travel Advisory Council**? Send them to **askajw@journeywoman.com**. We're ready to respond to your most pressing questions about travel, safety and well-being from women you can trust.

Events, Book Club + Webinars

Have you checked out our NEW JW Events Calendar on our website? This allows you to see and register for all events at a glance.

October 'Behind the Scenes' Webinar: Join JW Editor Amanda Burgess on October 20th for a lively Behind the Scenes chat with sleep expert Shawna Roberts and mobility expert Dr. Nekessa Remy. This don't-miss webinar will be a powerful one-two punch for kickstarting your health in preparation for future travel – and to keep your immunity system boosted. Register in advance for this FREE webinar on Zoom [HERE](#). or watch on our Facebook page.

JourneyWoman Book Club: Our October 21 book club will be a special one, as we explore the true essence of solo travel. Our book club pick, 'Travels With My Hat: A Lifetime on the Road', by Australian Christine Osborne is the incredible story of a fearless, brave woman who travelled to remote areas of Ethiopia, Egypt, Saudi Arabia, Yemen, Iraq, Pakistan, and Morocco at a time well before the Internet, travel guides and mass tourism. Join us to share your experiences! Register [HERE](#).

JourneyWoman LIVE Webinars: We're planning new webinars now for the Fall. Let us know if you have topics of interest. In the meantime, **click here to see the full archive of sessions on our website** or visit the **JourneyWoman YouTube channel**.

Do you know a woman who loves to travel? Invite her to subscribe to our magazine! We plant a tree for every new subscriber with Tree Sisters. 8

Join 1900 women on the JourneyWoman Travel Group on Facebook.

You have signed up to receive emails from the JourneyWoman Community. Thank you!

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