



Dear JourneyWoman,

It's hard to believe that it has only been a few weeks since we shared our news with you in the middle of August. Since then, I have responded to HUNDREDS of emails and messages. I am truly blown away by the outpouring of love, personal anecdotes, and touching stories you so generously shared about Evelyn. Thank you for the emails, calls,

invitations, and advice on all things Journeywoman.



Extending the legacy of Journeywoman: New Journeywoman CEO Carolyn Ray (left) and Erica Ehm (right), daughter of Journeywoman founder Evelyn Hannon, with Evelyn's iconic red travelling boots and the original newsletter. (August 12, 2019)

In September, I was invited to attend an industry event in Montana, the Travel Bloggers Exchange, where Evelyn's contributions were honoured by her peers. Not only was she acknowledged as the world's first female travel blogger, many people told me that she inspired them to find the courage to pursue their passion.

This has shown me how much impact one person can have on the world. We're seeing this now in real time with 16-year old Greta Thunberg and the global climate march that took place in hundreds of cities around the world on September 27.

I have been learning as quickly as I can about the past 25 years of Journeywoman, and it has been an awesome voyage. So, inspired by Evelyn and all of you, this month's newsletter theme is Inspiration. The people, places and things that inspire us. That inspire you. The journeys we take on the road to self-discovery, learning and growth. And, of course a tribute to the original and inimitable Journeywoman Evelyn Hannon.

We hope you enjoy this 'first' issue and welcome your comments and feedback.

With gratitude,

Carolyn Ray
editor@journeywoman.com

Let's Get Inspired

We're always looking for new places to explore, and new ways to discover our world. Sometimes our journey starts with a bit of inspiration – from the stories of others, from books we read, or a desire to understand our ancestral origins. I believe that Journeywoman is a sisterhood of women who support each other in our journey of life, with travel as a unifying experience. A sisterhood that supports each other in its desire to learn and grow. A sisterhood that is a safe place where women can express their ambitions, their fears and their foibles – all in the spirit of self-discovery and learning.

This month's ticket to Inspiration includes:

- [**“The Power of One Journeywoman”**](#) – We explore the idea that has sustained Journeywoman for the past 25 years and the influence of one person.
- [**“Aspire to Inspire – A Tribute to Evelyn Hannon”**](#): We've curated a sampling of your stories that illustrate Evelyn's strengths and her many gifts.
- [**“Follow Your Gut: Intuition-Led Exploring”**](#): You know those pivotal moments when you're exploring a new place and a little voice inside you whispers: "go find out"?
- [**“Crafting your 2020 Bucket List – with Intention and Purpose”**](#): A Bucket List is more than an ambitious list of must-see, must-do adventures – it's an opportunity to align your dreams with your values and travel consciously.

- **“Table for One: Three Ways to Find Inspiration in Dining Solo”**: Solo dining need not be lonely; there are many ways to discover community.
- **“Eyes Open in Patagonia: The Consequences of Climate Change”**: The Perito Moreno Glacier in Argentina gives us signs of change. What can we do?

JOURNEYWOMAN BOOK CLUB: Like Evelyn, I am also a voracious reader, and believe that books inspire us to travel. Ursula Maxwell- Lewis was kind enough to help us restart the Journeywoman Book Club, and to share her top picks, using much of your recommendations from Facebook and Instagram. Whether you’re an armchair traveler, an inveterate explorer searching for inspiration, or a wanderer looking for a print ‘companion’, let’s exchange books! [Read on here!](#)

GETTING TO KNOW YOU: I am eager to know more about you: How often do you travel? Who do you travel with? What’s on your bucket list? Please take five (5) minutes to complete our online survey. This will help us provide content to you that is practical, helpful and inspiring. All responses are 100% confidential. You can fill out the survey [here](#).

JUCY TRAVEL TIPS: This month we received many fabulous travel tips from the Journeywoman community. These female-friendly bits of advice cover all parts of the world, from Vietnam to Thailand to the Isla Mujeres (The Island of Women) in Mexico. Several of our Journeywomen have been travelling to high altitudes so there are some tips for climbing mountains and volcanoes! Get your tips [here](#)!



HOT TRAVEL DEALS: From Ireland to Kenya to Thailand, these deals will definitely be of interest to you. I am thrilled to have so many sponsors listed in this newsletter issue, which could not go out without their support. Please visit our [Women’s Travel Directory](#) for more deals.

BABES IN BALI TOUR July 19 – August 2, 2020 (perfect for teachers!) – Want to explore Bali but don't want to deal with big groups that can't deeply experience the magic, people, and unique culture like a small group can? Then you've got to join renowned Bali expert Cathy Gotfried (33 times to Bali!) as she WOWS you while exploring all her favorite and secret places! Culture, spirituality, spas, yummy food, divine shopping, ancient temples, glorious beaches, breathtaking snorkeling and gorgeous hotels are all part of what Cathy has to share with you. [facebook.com/BabesinBali/](https://www.facebook.com/BabesinBali/) babesinbali.com/book-a-tour/ Tel: 1 403 278 4084.

SMALL GROUP TOURS FOR ACTIVE WOMEN – Look at our upcoming tours to Croatia, Scotland, Italy, Ireland and France, some with no single supplement. Programs for solo travelers, those with companions, experienced travelers, and newbies. Expert guides, top accommodations, exciting itineraries, great traveling companions. For active adults who want to see and do a lot. Over 100 Journeywomen have joined us on our tours. See www.travelingprofessor.com or info@travelingprofessor.com.

EVER DREAMT OF SLEEPING IN A MAHAJARAH'S PALACE...or riding camels in the desert? Practicing yoga or learning Indian cooking? Join us on one of our women-only India tours and sail down the Ganges at dawn, watch the sun rise over the Taj Mahal and trawl the markets for the perfect souvenir. To book, visit www.incredibleindiatours.com or email debbie@incredibleindiatours.com

“This Trip Should Be On Every Woman’s Bucket-List” – FORBES

WOMEN'S JOURNEY TO KENYA FEBRUARY 2020 – A once-in-a lifetime luxury adventure for a woman's heart. Get away from it all – discover the little-known treasures of Africa in a cultural immersion experience while enjoying all the comforts of premier 4-star hotels. Walk in the footsteps of a Nobel Peace Prize nominee, elite visionaries and colorful village women. Take adventurous safaris and enjoy local art and culture. Immerse in the spirituality of a place where time slows and life is savored. Expect concierge services by expert host, Linda Higdon, who has worked 16 years with Kenya's women, giving you exclusive access. Renew with time just for you.! Rest easy, knowing English is spoken. We welcome you at Nairobi's airport, then whisk you away to the elegant Fairview Hotel. FREE BONUS SAFARI with Early Bird Price. Experience the trip now! [VIRTUAL TOUR](#) Email: Linda@Globalheartjourneys.net

FOOD, HISTORY & CULTURE TOUR FOR WOMEN – Join me for an epic journey from Fez, along Morocco's ancient saharan caravan route, to coastal Essaouira. We will stay at luxurious riads and simple auberges, eat at fine restaurants, sample the best street food, and wander through history in winding medinas. We will also support not-for-profit organizations serving marginalized communities in Morocco. Flyer: conta.cc/2l6qzbs

ELEVATE Your Year! January 8-10 – Start 2020 feeling renewed and revitalized. Retreat with an intimate group of amazing women at a luxury lakeside inn & spa nestled in the ancient Blue Ridge Mountains. Rest from the holidays, gently reconnect with nature and realign with what matters. Led by International Executive Coach and Certified Nature Retreat Leader, Cynthia Radford. Link: greenleafconsulting.com/nature-retreats/

WRITE * JOURNEY * EMBODY IN A MAGIC MOUNTAIN VILLAGE IN SOUTHERN SPAIN – NOVEMBER 12 -16, 2019. A Faraway is Close 5-day writing adventure to evoke la naturaleza dentro– your true nature: earth wind fire water ether–in embodied writing and movement. Encounters with land, story, community in the mythic Alpujarras. Facilitated by award winning writer/director Shebana Coelho. farawayisclose.com/spain-2019

WE HAVE SPECIAL DEALS FOR JOURNEYWOMAN TRAVELERS!

ReboundTAG is the first microchip luggage tag that works in all airports worldwide. Showcased by Lufthansa as a way of preventing lost luggage worldwide, it has won many accolades, from the Business Travel Show awards to the Amazon Launchpad Program for Amazon's most innovative products. Get the 20% Journeywoman discount with the voucher "Journey20" at reboundtag.com/itemlist

GLOBAL TRAVEL CLOTHING TRAVEL JACKETS: The whole point of a vacation is to relax and have fun, but unfortunately it is hard to enjoy sight-seeing and perusing the beauty around you when you constantly have to be on your guard against con artists and thieves. This is where a travel jacket helps. Travel jackets, such as those manufactured by globaltravelclothing.com, are designed to not only make traveling easier, but to also make your travels safer. These jackets are designed with many pockets so you can easily carry everything you need with you, and they also feature two hidden pockets that are the perfect size for a wallet, passport, or money clip. The bottom line is that a travel jacket

allows you to safeguard your valuables as you travel making it easy for you to relax and enjoy your surroundings. Get the 10% discount [here!](#)

Traveling? #1 rated Clipa holds bags and backpacks then closes back into a bracelet automatically. 1.6 oz. Holds 33 lbs! Works in dozens of places, including rails, carts, doors missing a hook, tables. See it here: clipa.us/how-it-works.html and snap it up for holidays. Reg. \$15.99. Sale on NOW + FREE U.S. shipping + freebies. No promo code, no minimum order! www.clipa.us/



NEXT ISSUE: DECEMBER 2019 – HOLIDAY ISSUE: Our December Holiday issue is themed **Memory and Rituals:** What we do to build community, to spark joy. The experiences we share. The things that hold our memories and transport us when we encounter them. We'll also explore how to gracefully survive multi-generational travel, memorable souvenirs and how food and other sensory experiences can help us relive our travel experiences.

SEND YOUR IDEAS AND TIPS: We're compiling all the holiday goodies. Tell us about an off-the-beaten track place you've been to, your bucket list destinations for 2020, best tour guides, when things go wrong or your best holiday advice. All ideas are welcome. Our full editorial calendar into 2020 is posted [here](#). Email: editor@journeywoman.com. Put the words, '**My Holiday 2019 Contribution**' in the subject line. Please don't forget to include your first name and the city you live in. We're counting on you ladies!

Do you have friends who love to travel but aren't part of our sisterhood? Get them to sign up for our newsletter [HERE!](#) And don't forget to join our highly engaged Journeywoman Community on Facebook or Instagram.

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