

July 2020 Issue

Jul 15, 2020

Dear JourneyWoman,

Do you remember falling in love for the first time? I do. These memories never fade with time. Love is so real, so profound and precious that it stays with us for a lifetime. It's the magical intersection of what makes us achingly vulnerable and surprisingly fulfilled, creating a bond that lasts forever.

In this, our Love Issue, we're proud to share inspiring stories about self-love, love lost and love on the road, from Nadine, Jo Anne and other amazing JourneyWomen. Missing Europe? You'll feel like you're wandering the romantic streets of Venice with travel writer Sally Peabody's "Cane in the Canal'. Next Wednesday, we're escaping to Spain with the JourneyWoman Book Club, followed by a jaunt to the vineyards of France with August's book. Ready to get outside? Author Elizabeth Bingham has mobility tips for the young at heart, and for the truly adventurous, we have RV safety tips from women owners. And then there's our #travelathome road trip, where we'll be testing new travel safety criteria at some unique destinations in Ontario.

That's just a little sampling of what's in this issue, which we're now calling our "JourneyWoman Magazine." We're returning to our roots, serving the whole you - by the community, for the community. We all need a little more love right now, so settle in! And as always, we welcome your thoughts.

Please be safe, be well.



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JourneyWoman™: Inspiring women to travel since 1994

Feature: LOVE: Just what the world needs



Women's Solo Travel Memoirs: Love and David Bowie: Guest Writer Jo Anne shares a moving story of her first love, lan, whom she met on a ship sailing from England to the USSR in the summer of 1967 – and the lasting gifts she took away from the experience.

Read More!



Celebrating Milestone Birthdays With Self-Love and Travel: We sit down with the adventurous Nadine to explore her unique philosophy around milestones and self-love — including the birthday where she fell in love (with herself), got married (to herself), threw her own wedding reception and enjoyed the honeymoon of her dreams - solo!

Read More!



Solo Travel Adventures: Love on the Road: Is it possible to find romance while travelling? JourneyWomen Kylie, Lois and Ann share their stories about the times they've met that someone special while travelling. Their stories will make you sigh. Smile. Nod knowingly. And shake your head wistfully.

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The Secrets of Amsterdam's Red Light District: Editor Amanda Burgess learns to embrace a new perspective



on sex, love and empowerment from an immersive Airbnb virtual tour in an Amsterdam brothel, hosted by Alexandra Gudowski, founder of Who is Amsterdam Tours.

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Wandering, Walking and Road Trip Safety Tips



Wandering Through Venice: The Cane in the Canal and Other Travel Stories: Travel writer Sally Peabody, a long-time JourneyWoman contributor, shares the experience of her memorable first trip to Venice at age 69, just weeks before knee-replacement surgery.

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JourneyWoman is Going on a #TravelAtHome Road Trip!: Adventure *can* be found in our own backyards! Masks and sanitizer in hand, JourneyWoman team (Melissa, Carolyn and Amanda) are hitting the road to size things up using our new travel safety criteria. We're exploring small towns, new destinations and unique accommodations: a houseboat, cabin in the woods, teepee, farm, yurt, Airstream, glamping, camping, and a treehouse - and we'll tell you the truth about what we experience.

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Accessible Travel for the Young at Heart: Do you love to travel but you feel a twinge here, maybe a pang there? You'll want to read these 10 mobility tips from Elizabeth Bingham's new book "Easy-Walking Europe: Tips and Suggested Tours for the (Somewhat) Mobility Impaired", which is for people who "still get around fine, but can't walk as far or as fast as they used to." (There's also a discount on the book!)

Read More!



RV Safety for Women, by Women: There's no question RVs are poised to become one of the summer's fastest-growing travel trends. But there's more to know, especially for women who have never driven a RV or pulled a trailer. We want you to be safe, so we reached out to women RV owners Maurrie and Deborah to get their honest advice.

Read More!

Click Here For COVID-19 Travel Safety Updates

Community News

Strengthening our Community: The JourneyWoman Women's Travel Advisory Council

Travel is forever changed, and to help you navigate our world safely, we've created the JourneyWoman Women's Travel Advisory Council. This panel of 12 incredible women from our community includes experienced JourneyWomen solo travellers, tour operators, travel agents and experts to guide you in health and wellness, financial planning and insurance. This Council will help us elevate our editorial content and provide you with first-hand information on destinations, safety and solo travel. The official announcement is in August, along with our JourneyWoman Circle membership. Stay tuned!

JourneyWoman Community Circle Calls

Join us on our small-group weekly calls, where women from around the world connect, listen and support each other every Friday at 10 am EDT. Click here to join sessions until July 31. We're open to starting new sessions in the fall in other time zones if there is enough interest. Let us know at **info@journeywoman.com**.

Book Club + Webinars

JourneyWoman Book Club: On July 8, Wendy and Carolyn hosted our second book club on Ireland, with Irish native Ann Quinlan from Spiral Journeys, who shared her fascinating stories of small villages and Irish culture. Ann has also offered to another session for us. Interested?

Spain, July 22: Next week, we're exploring Spain's Andalucia countryside with Chris Stewart's memoir *Driving over Lemons*. It's okay to join if you haven't read the book! <u>Click here to register and read the discussion questions</u>.

Vote for your Favourites: Based on your recommendations, we've chosen two books for August and September. Help us choose our next books by voting in our poll by August 1, with a full schedule to come in our August newsletter for the rest of 2020. Read more here.

JourneyWoman LIVE Webinars: We're planning new webinars now. In the meantime, <u>click</u> <u>here to see the full archive of sessions on our website.</u>

Do you know a woman who loves to travel? Invite her to subscribe! Join 1500 women on the JourneyWoman Travel Group on Facebook.

