

## Journeywoman Newsletter - Trips, Tips, Tales

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### HELLO FROM JOURNEYWOMAN

A very Happy 2018 to each one of you

Besides my wish for your good health and happiness, I'd like to add 'may one of your sweetest travel dreams come true.' Maybe it's having a gondolier serenade you in Venice or perhaps it's going on safari in Kenya or a fashion shopping spree for lush textiles in India. The opportunities being offered to female travelers today are absolutely spectacular. Let's all take advantage. Whether it be with a girlfriend, your partner, grandkiddies or simply on your own, I urge you to make 2018 your year for creating life long travel memories.

Safe journeys Everybody.

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Our thank you goes out to [Great Escapes Publishing](#) for sponsoring this first newsletter of the year. Do you have what it takes to become a travel writer and get paid to travel the world and tell other people about your experiences?

Great Escapes Publishing has created a video that explains how travel writing works, how travel writers get paid, and how you can try out to see if the travel writers life is for you [here](#). A good candidate is someone who is opinionated and persuasive... Someone who is comfortable getting lost when they travel... Someone who likes to try new things and meet new people. If this is you, you DON'T need a resume or any formal degrees or training. [Go here to try out before Sunday February 4, 2018 at midnight](#).

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**1. EXTRA HOT TRIP PICKS** -- Do yourself a favour; be proactive. Check out the following fabulous itineraries and the many other lovely travel opportunities listed for this month. You never, ever know where a simple daydream can lead...

**SMALL GROUP TOURS FOR ACTIVE WOMEN** -- Look at our new 2018 small group cruise to Croatia. Also, upcoming tours to Peru, Italy, France, Spain, Scandinavia, Scotland, Ireland and more. Programs for solo travelers, those with companions, experienced travelers, and newbies. Expert guides, top accommodations, exciting itineraries, great traveling companions. For active adults who want to see and do a lot. See [www.travelingprofessor.com](http://www.travelingprofessor.com) Email [info@travelingprofessor.com](mailto:info@travelingprofessor.com).

**TRAVEL PANTIES FROM KIM ALLAN SILK** -- 100% Knit Silk, Super easy care while traveling. Can be washed in sink with shampoo and dry overnight. Great for hot and cold weather. Special promotion - choose [French Cut](#) or [Full Cut](#) regularly \$45 on sale for \$29

Canadian dollars. Visit [Facebook](#) for more specials. Go to [www.kimallansilk.com](http://www.kimallansilk.com) Free Shipping worldwide.

**INDIA: FABRIC, FOOD & FABULOUS --** October 2018. A delightfully different 12 day journey that mixes hands on workshops (block printing, tribal art, cooking & more), with sightseeing, a bit of shopping and local festivals. Small Group - max 12. Expertly hosted by Natasha Sinclair, owner of Indafrica Travel, lovely accommodation, lots of inclusions. This tour sells out every year! Email: [info@indafrica.co.nz](mailto:info@indafrica.co.nz) Website: [indafrica.co.nz/listings/india-fabric-food-fabulous-ladies-only-hosted-tour/](http://indafrica.co.nz/listings/india-fabric-food-fabulous-ladies-only-hosted-tour/)

**WANDERWOMAN® TOURS CELEBRATES 20 YEARS! --** Special bonuses on tours July 2018-July 2019: Egypt, Greece, Ireland, Italy, Malta, Russia and Maine. Explore art, culture, and history with local experts. Enjoy outdoor activities. Stay at select properties. Eat in fabulous restaurants. Make new friends. Come home with memories to last a lifetime. *Live, Laugh & Travel!*™ Reserve now [go@wanderwomantours.com](mailto:go@wanderwomantours.com), see tours at [wanderwoman.com](http://wanderwoman.com)

**JOIN US ON A 6-DAY CULINARY ESCAPE TO TUSCANY --** We offer daily cooking lessons from the experts -- the local Tuscan women (you can't get more Italian than that!). First class accommodations in the charming medieval hill-top village of Montefollonico; wineries, cheese making, truffle hunting, gourmet restaurants and village visits. "Cook in Tuscany" is a culinary vacation for the traveler who wants to be a local, and not a tourist. Solo traveler? The single supplement (to have your own room) is a very affordable \$50 per night. Visit: [www.cookintuscany.com](http://www.cookintuscany.com) Call: 703.895.1395 Email: [cookintuscany@gmail.com](mailto:cookintuscany@gmail.com)

**WOMEN'S JOURNEY TO KENYA JULY 2018 --** A joyful, passionate and exciting 16-day tour that celebrates women! In one of Africa's safest countries, luxuriate in 4-star comfort each night and spend your days in the beautiful rhythms of daily life with wise village women and bright, sophisticated and welcoming visionaries shaping Kenya. Get ready to be treated like royalty by your tour host, Linda Higdon, who has worked in Kenya for 15 years and by the Kenyans, some of the warmest, kindest people on the planet! Your every detail is attended to and you'll have plenty of free time for yourself. See magnificent wildlife! Experience Kenya's vibrant culture of art and music. Enjoy shopping with local artisans. Relax in safety and security with reputable drivers who are always there for you. Rest easy knowing English is spoken. On your arrival, we welcome you at Nairobi's airport, then whisk you away to the elegant Fairview Hotel. Space is available for July 2018 and February 2019 small-group tours. Book now! Temperatures in July are perfect. Contact Linda Higdon 312-339-9037 or [Linda@Globalheartjourneys.net](mailto:Linda@Globalheartjourneys.net) Visit [www.globalheartjourneys.net](http://www.globalheartjourneys.net)

**PATHS OF THE ANCESTORS --** September 30 - October 9. Ten women plus Native American guide and I.N.D.Y. escort. Delve deep into Native America to appreciate the diverse cultures and landscapes of Southwestern tribal nations. Highlights: Turquoise Trail, Route 66, Santa Fe, Taos Pueblo, Grand Canyon, Hopi Mesas, Canyon De Chelly, Monument Valley, Antelope Canyon. Contacts: [lizzy@indytravelforwomen.com](mailto:lizzy@indytravelforwomen.com), +1 607 745 3463, [www.indytravelforwomen.com](http://www.indytravelforwomen.com)

**EMBRACING YOUR SELF: A SACRED JOURNEY TO BALI --** June 17 – 24, 2018; Mind/body/spirit women's retreat at BagusJati, staying in luxurious villas surrounded by lush gardens in the highlands outside of Ubud. In addition to circle time and yoga, we will journey to a traditional Balinese village, visit magical Ubud and participate in a purification and blessing ceremony at a nearby temple and waterfalls. [www.islawomensretreat.com](http://www.islawomensretreat.com); Email: [info@islawomensretreat.com](mailto:info@islawomensretreat.com)

**OUR WOMEN-ONLY SMALL GROUP TOURS TO INDIA (maximum 10) --** are unique, passionately created adventures escorted in country by Australian women who live in India. No compulsory single supplement and loads of extra inclusions with the surety of an Australian company with 18 years' experience. Experience our India with a local touch from a western perspective. [debbie@incredibleindiatours.com](mailto:debbie@incredibleindiatours.com) [www.incredibleindiatours.com](http://www.incredibleindiatours.com)

**GUTSY WOMEN TRAVEL --** Nepal and the Mystical Himalayas October 29th, 2018 departure, just for Gutsy Women! Single Accommodations available from \$4595 plus airfare, No Single Supplement! Trip includes 16 nights accommodations, most meals, touring and trekking the most amazing geographical area on this planet! Call 8664648879 for further info [gutsywomentravel.com/gwt/trip/398#itinerary](http://gutsywomentravel.com/gwt/trip/398#itinerary)

**WELCOME TO HIDDEN IRELAND - AUTUMN 2018 --** Unhurried small group \*all-inclusive land journey September 17th - 26th, 2018. Historic Hidden Ireland accommodations. Organic food. Daily adventures to museums, megalithic sites, castles, music, villages, music aboard our private luxury coach. Group limited to 9 guests. Registration/deposits due by February 15, 2018. Questions? [ann@spiraljourneys.com](mailto:ann@spiraljourneys.com) Ann Quinlan 207-899-2606 [www.spiraljourneys.com](http://www.spiraljourneys.com)

**JOIN A TOAST TO TRAVEL TO LIVE LIKE A LOCAL IN TUSCANY --** With an all-inclusive, fully hosted experience interacting with the locals, daily hands-on cooking lessons, truffle hunting, visiting a local market, exploring Siena and Florence, indulging at stunning wineries in Chianti; stay in the heart of Florence or in a beautiful, historic villa in Tuscany. Solo travelers welcome! Sign up for our newsletter to receive special offers. Visit [atoasttotravel.com](http://atoasttotravel.com) Contact Natalie 312.504.8640/[Natalie@Atoasttotravel.com](mailto:Natalie@Atoasttotravel.com).

**TRAFALGAR --** For over 70 years, Trafalgar connects you to people and places around the world to reveal the true soul of the destinations we visit. When you travel with us we take care of all the details, so you're free to just be - be happy, be in the moment, be inspired. With one goal in mind, to craft simply the best vacations and bring you the good life. [www.trafalgar.com](http://www.trafalgar.com)

**SIGHTS AND SOUL TRAVELS --** We had such a blast during last year's SIGHTS AND SOUL TRAVELS' luxury tour to Brazil, so we're doing it again! We'll have all the same parts of the tour that the ladies loved: the raw beauty of the Amazon River, the pulsating creativity of Rio de Janeiro and the power of Iguazu Falls. See the tour's details at: [sightsandsoul.com/rioamazonoverview](http://sightsandsoul.com/rioamazonoverview). Other, world-wide destinations available at: [sightsandsoul.com/quick\\_tour\\_calendar](http://sightsandsoul.com/quick_tour_calendar), or call 866-737-9602.

**GODDESS PILGRIMAGE TO GREECE --** Be inspired to change your life and the world as you dip in the sea, walk in mountains, descend into caves, learn about a "society of peace" where women and nature were revered from Carol P. Christ, founder in the Goddess movement, author of A Serpentine Path and Goddess and God in the World. [www.goddessariadne.org](http://www.goddessariadne.org), [institute@goddessariadne.org](mailto:institute@goddessariadne.org)

**SAVE \$200pp IN 2018 WITH CRAIG TRAVEL --** New [Early Booking Bonuses](#) are available on all land journeys, river cruises and selected ocean cruises. Get exotic in 2018 in Madagascar, Tibet, East Africa, the Galapagos, Iran or choose a classic destination like Ireland, Scotland, Scandinavia, Tuscany or Greek Isles. Call 1-800-378-8890 or visit [www.craigtravel.com](http://www.craigtravel.com). Limited time offer; conditions apply. TICO Reg#1498987

**LE BOAT --** A self-drive boating vacation with Le Boat is a perfect way to enjoy the spectacular scenery of the French waterways. Set your own pace and stop at any time to relax, indulge in fine French wines, shopping, historical sites and delicious food. Be the captain of your own boat. No boating experience or license required! Visit [www.leboat.ca](http://www.leboat.ca).

**JUST YOU --** Our vacations aren't just for single people, they're for anyone who wants to travel solo. Tour of the Month: 8 Days Lake Como, Italy – All inclusive from \$2249 CAD Explore Northern Italy in an all-inclusive tour! The tranquil beauty and mountain scenery of Lake Como are at the forefront of this relaxing getaway. With visits to Bellagio's Villa Melzi Gardens, Lake Maggiore and the lively Como Town, experience a different Italy, with Just You. [www.justyou.com/en-ca/tours/lake-como](http://www.justyou.com/en-ca/tours/lake-como)

**GLUTEN FREE RESTAURANT CARDS --** Are you gluten free and worried about eating safely on the road? Food writer and celiac Jodi Ettenberg has created detailed gluten free translation cards that you can download directly to your phone and show to restaurants when eating out around the world. 10 countries so far, including Japan, Italy, Greece, Mexico, and more. Check them out at [www.legalnomads.com/gluten-free/](http://www.legalnomads.com/gluten-free/)

**THAT HORRID FEELING WHEN YOU REALIZE YOUR BAG HAS NOT ARRIVED --** Airlines misplace around 25 million bags every year. With a ReboundTAG, your bag will be traceable using the most modern technologies in the airline industry - integrating with global baggage handling networks using a system endorsed by IATA (the international airline regulator). ReboundTAG members are updated by email and SMS when their lost bag is found, anywhere in the world. Website: [reboundtag.com](http://reboundtag.com). A microchip luggage tag costs only USD\$31.99. Use the promo code **JOURNEY** and you will receive a 10% discount on your purchases. Don't lose your luggage, microchip it!

**HOW TO REALLY, REALLY FOIL PICKPOCKETS --** The Clever Travel Companion's pick pocket proof travel gear: t-shirts, tank tops, his-and her underwear with integrated, hidden and zippered pockets hide passports, cash and credit cards beautifully. All in soft, comfy cotton mix, with safe, hidden pockets in a variety of colors from [www.clevertravelcompanion.com](http://www.clevertravelcompanion.com) P.S. Check out the unique scarves with two hidden pockets in black or black and white stripes!

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**2. DON'T MISS OUR TOP TRAVEL TIPS FOR FEBRUARY 2018 --** Just when we think we've heard them all, more of your juicy gems land in our IN BOX. How about affordable accommodation in Montreal or London? Or, a local's favorite restaurant in San Miguel, Mexico? We'll tell you about where to find the least yucky stall in any washroom, plus what to wear in Burma and an unusual hotel in Wales. Add an excellent novel that we think you'll love, and lots, lots more. [Click here](#).

**3. WANT TO FINALLY TRY STREET FOOD? --** Extra 'how to' knowledge is a good thing. Read *Seven Golden Health Rules for Eating Street Food*. [Click](#).

**4. ONE WOMAN'S CHOICE OF TRAVEL SOUVENIRS CHANGES WITH EACH DECADE --** Read how *Shopping Tastes and Needs Change as We Get Older*. [Click](#).

**5. WE REVIEWED ALL YOUR MANY 2017 TIPS --** Now, Journeywoman chooses *The Absolute Best Travel Tips of 2017*. [Click](#).

**6. 30% OF TRAVELLERS OFF TO WARMER CLIMES WILL HAVE TUMMY TROUBLES --** Read *What to Do about Doo-Doo*. [Click](#).

**7. FOR EVERY WOMAN WHO MUST PACK MATCHING SHOES FOR EACH OUTFIT --** Read *10 Reasons to Pack Light*. [Click](#).

## **NEWS FROM THE JOURNEYWOMAN OFFICE**

**a) THE MEDIA WAS EXCEPTIONALLY KIND TO US IN 2017 --** We are extremely grateful for all the media attention we received last year. Thank you to the *Montreal Gazette*, *Washington Post* (twice), *Calgary Herald*, *NatGeoTraveller India*, *Canadian Living* (twice), *AARP*, *ThelmaandLouise.com*, *nycitywoman.com* and *CountryLiving* in London, UK. We were named to *The Ultimate List of the 45 Best Boomer Travel Blogs*, *Overseas Adventure Travels* included our work in their newsletters and Marc Smith of *30 Day Adventures* interviewed the three generations of travel enthusiasts in our family. We so appreciate their lovely recognition.

**b) JOIN EVELYN HANNON ON INSTAGRAM --** Let us inspire you to travel or to smile via our Instagram thoughts and pix. This month we are over the 1800 mark with followers from all over the world. Please join us at [@evelynhannon](https://www.instagram.com/evelynhannon). We'd love that!

**c) WE ARE ALL IN THIS TOGETHER! --** At the start of each New Year I repeat this message.

- \* We are all in this JW Network together and we need each one of you.
- \* We're hoping that in 2018 each of our readers will send us at least one piece of travel advice.
- \* Tell us about a hotel, hostel, restaurant, museum, etc. that you want other women to know about.
- \* Not traveling now? That's OK. Send us the name of a book or movie that you recommend.
- \* We are a worldwide organization. If you are reading this outside of North America we want your tips, too.
- \* Remember that together we can move mountains. Let's make travel for women the best and safest it can be.
- \* Send all your emails to [editor@journeywoman.com](mailto:editor@journeywoman.com). Don't forget your first name and the city you are writing from.
- \* OK, Journey Women, let's get to work!

**d) THE WOMEN'S TRAVEL FEST --** is back in NYC March 9-11 with a mission to inspire, empower and connect women who travel. Speakers this year include author Amanda Lindhout, Travel Channel host Oneika Raymond, Caz Makepeace of Y Travel Blog, and more. Journeywoman readers get 10% off with code Journeywoman. Check out: [bit.ly/2DAGvaT](http://bit.ly/2DAGvaT).

**e) JOURNEYWOMEN AROUND THE WORLD --** Please help us spread the word. Do you have a pal living outside of North America? Please tell her about this newsletter. Ask her to subscribe at: [journeywoman.com/sign-up.html](http://journeywoman.com/sign-up.html) We will all benefit by reading her tips from somewhere in this great big world.

**ONE LAST BIT OF TRAVEL INFO TO KEEP YOU SAVVY --** In China it is bad luck to let your friend borrow your umbrella to go home. This is because the word for umbrella in Chinese sounds like the word for 'to break apart.' Instead, take the time to walk your pal with your umbrella, to the door, a gesture that goes a long way in many cultures. (*picked up in passing via oh-i-see-com*).

**UNTIL OUR NEXT MAILING --** I wish you fun reading, lots of laughter and safe, wonderful, exciting journeys. You definitely deserve it!

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